

February 2000

Christmas Party

By all accounts, everyone enjoyed this occasion, and the change to the larger venue of Kings Heath Cricket Club was successful – many thanks to **Polly Sheasby** for all her arrangements.

SUBSCRIPTIONS

It's that time of the year again for you to renew your club membership – PLEASE MAKE POLLY'S TASK EASIER BY PROMPT PAYMENT.

SELECTIONS

1. **Oliver Goodwin** enjoyed his trip to South Africa as a member of the English Schools Water Polo Team.
2. We were well represented in the Div. 6 Team at the English Schools Championships at Felling. **Ben Howell**, **Ian Potter**, **Gemma Hindson**, **Lucy Lloyd-Roach** and **Nicola** and **Jon Sheasby** all swam well. **Jon** won the Junior F/S, 55.86; **Lucy** was 2nd in the Intermediate FLY, 1.05.12; **Nicola** excelled herself to take 2nd in the BR, 1.13.95; and **Gemma** was 3rd in the Open FLY, 1.05.97.

Inter-Counties – Sheffield (25m.)

Lucy Lloyd-Roach placed 3rd in the FLY with a p.b. of 1.04.91; **Nicola** swam 1.00.39 in the F/S, so close to that sub 60 secs. which must come soon; and **Jon Sheasby** swam in the relays.

SWIMMING CONTINUUM

The 'powers that be' have decided that the 11-year swimmers should not be racing over 100m. Consequently, they will have to tackle 200m. in this year's District Championships. Coaches are divided on this issue, but it has been decided, so be prepared. Personally, I'm not very enthusiastic about it.

RESULTS

16.10.99 Inter-Club, Wellington (25m.)

C/Hill 144, Wellington 95, Whitnash 71

I've become so used to the regular 6.00 for 6.30 start that I overlooked the 5.30 for 6.00 for this one, however, we were allowed a brief warm-up.

The gala was something of a non-event, with very weak opposition, and a somewhat inefficient starting pistol. Despite that, most of our team took the opportunity to swim close to their best times. Good swims: BK **Charlotte Parker** 40.62; **Ian Cooper** 1.28.34; **Nellie Joyce** 1.24.70. F/S **Rachel McLaughlin** 1.08.95; BR **Ian Potter** – a p.b. of 1.12.76. Our 9 yr. teams again showed their strength.

23.10.99 A.S.A. Masters – Sheffield (25m.)

Alex Knibbs appeared briefly but stayed long enough to win the 1500m. and to set a new European Record for the event – well done. **Hayden Wakeling** is now a committed Masters competitor, and he won the 100 F/S, 54.03, the 200 F/S, the 400 F/S and the 100 FLY, 58.91 also taking silver and bronze in the BK. Not to be outdone, **Trevor Clark** set a new record

time for the LM and had 2 other golds and 2 silvers. He also set some good times on 50's and 25's at a Masters County Match at Grantham a few weeks later.

Kate Chase and **Hayley Bettinson** joined the 2 men for the Mixed Relays, finishing 5th in the Medley and 7th in the F/S.

Also on the 23rd Oct. Inter-Club - Haden Hill

Weakened by the absence of swimmers at the National Schools, we could only manage 4th place in this match, but there were p.b. swims from **Ashley Guttridge**, **Richard Baker**, **Hannah Wishart**, **Lewis Hands**, **Carl Reed** and **Jemma Wyse**.

Swiss Short Course Masters

Craig Norrey – age 39 – excelled himself at the above event: 50 F/S 25.13, 100 F/S 54.91, 50 BK 27.89, 100 BK 62.39, the last 3 being Swiss Masters Records.

30.10.99 Inter-Club, Stratford (33 $\frac{1}{3}$ m.)

Perry Beeches 223, C/Hill 211, Avon Neptunes 193, Bromsgrove 169, Bedworth 111

Our representatives in the 9 yr. group did very well, with **Natalie Griffiths**, joined by **Hope Weaver** and **Jodie Leresche** for the F/S Team winning their events. **Richard Baker** won the 9 yr. BK and **Gemma Ramsden**, **Justine Clark**, **Jemma Wyse** and **Sam Baker** were all in good form. **Ewan Martin** had a good win in the FLY, 1.07.42 and **Ian Potter** swam a p.b. F/S, 56.94.

29/31st Oct. '99 Wolverhampton Grand Prix

Georgina Lee had a comfortable victory in the 200 FLY, was 2nd in the 100 and 3rd in the 50 picking up 3 cash prizes. **Jon Sheasby** won the 13/14 yr. 100 and 200 F/S, 2.03.16, and was 2nd in the FLY and the LM; **Lucy Lloyd-Roach** won the 15/16 yr. FLY and **Michael Bourne** was 2nd in the 11/12 yr. FLY.

6th/7th Nov. '99 Midland District Short Course Championships – Cambridge

Generally speaking this was a disappointing weekend, with our group not being at full strength and results being poor. **Georgina Lee** won the 200 FLY and was 3rd in the 50 FLY, with her other swims being unusually lack-lustre. **Jon Sheasby**, swimming in Open competition could not reproduce his age group times, but will have benefited from the experience. **Lucy Lloyd-Roach** was our star, winning the Junior Championships in the 100 and 200 FLY, 2.24.52.

The same weekend – Coventry Junior Meet

Nine club members took the opportunity for long course swims with the most successful being: **Emily Paterson** 1st 50 and 100 BR, 41.00 and 1.31.51; sister **Sarah** 50 BK, 2nd 37.11; **Michael Bourne** 50 FLY 3rd 34.43; **Laura Heeley**, 50 FLY 1st 34.36, BR 3rd 42.44; **Carl Reed** had a number of good swims including FLY 31.25.

13/11/99 West Midland League Round 2

Derby 240, C/Hill 199, Rugby 163, Solihull 161, Phoenix 153, Perry Beeches B 129

Despite being well beaten in this gala, our young team had many good swims.

F/S **Hollie Joyce** 1.09.83.

BR **Gemma Ramsden** 41.96; **Ewan Martin** 1.14.04.

BK Justine Clark 37.51; **Michael Bourne** 1.19.40.

FLY Sally Jones 1.12.83 approaching her old form; **Michael Bourne** 1.18.63.

Hayden Wakeling and **Georgina Lee** were outstanding in their 3 individual events. The 11 yr. girls, **Justine Clark**, **Charlotte Parker**, and **Elizabeth Jones**, won both their relays.

Tamworth

Dove Valley 228, Luton B 209, Kingsbury 192, Triple S 183, C/Hill 163

Our B Team has really been up against it this year, and it has been difficult to assemble a full team, but we have just about managed it. Thanks are due to all those who rallied round at short notice. Good swims:

F/S Heather Tierney 1.11.72, **Ruth Fraser** 1.05.26. **BK Kelly Thornton** 1.34.60; **Stuart Baker** 1.32.12; **Zara Sadiq** 46.46. **BK Jamiee Leresche** 42.34. **FLY Carl Reed** 1.12.64.

27.11.'99 9-12 yrs. Stratford

Cardiff 237, Avon Neptunes 202, Stratford 194, C/Hill 189, C/Hill B 116, Avon Neptunes B 73

Competing in two lanes, we were able to collect much useful information on the form of our younger swimmers.

Good swims included: **F/S Clark Hands** 1.25.20; **Ben Davies** 26.63; **Lily Gregg** 25.61.

BR Sarah Thornton 30.42; **James Fox** 1.26.96. **BK Alyson Wicklen** 59.53; **Lewis Hands** 30.97.

FLY Alex Evans 28.64; **Jodie Leresche** 28.61.

4.12. '99 West Midland League - Round 3 - Coventry (50m.)

Coventry 242, Perry Beeches 219, Derby 169, Newcastle 155, C/Hill 135, Braunstone 125

This was a reasonable result, for we had several under-age swimmers in our team. Most swims were standard, but the following merit mention: **Gemma Ramsden BR** 42.30; **Sam Baker** 44.02; **Kerry Wyse FLY** 1.17.22; **Hayden Wakeling F/S** 56.07. Our final placing in the league table was 5th/24.

Nuneaton (36²/₃)

Leic. Belgrave 225, Dunstable 196, Wyre Forest 193, Leighton Buzzard 175, C/Hill B 151, Fox Hollies 105

This was another tough contest for our B Team, but everyone tried very hard, and our 5th place put us 24th/30, so we avoid relegation after all.

Good swims: **BR Jemma Wyse** 1.26.98 & 1.27.35; **Jessica Ramsden** 1.27.27; **David Haynes** 1.07.19; **FLY Carl Reed** 1.14.11

11.12.99 Relay Gala - Stratford (25m.)

Solihull 186, C/Hill 176, Leamington 128, Avon Neptunes 115, Solihull B 112

This was a most enjoyable 'end of year/century' relay gala at which we had to concede the trophy to the home club after having held it for several years. Our 11 yr. group was weakened by the unavailability of several swimmers, and the 13's and 15's were mainly 12 & 14 yrs., but we had many good swims. Our seniors generally dominated their events, with **Hayden Wakeling** once more showing his value as an 'anchor man'. **Leanne Sheasby** sprinted very well and she must now approach longer swims in the same way. **Kerry Wyse** tackled 12 races with great determination, and our 15 yr. boys, **Andrew Weedal**, **James Sumner**, **Carl Reed** and **Jon Sheasby** showed their strength, with the 4th swimmer generally only needing to cruise home.

9.1.2000 Stourbridge Diddy Meet

These were our best swims in this most competitive Junior event.

Michael Bourne, FLY 34.11 5th, BK 36.75; **Laura Heeley** FLY 34.49; **Richard Baker**, F/S 35.57 6th, BK 42.21; **Jodie Leresche**, 2 finals F/S 36.57, FLY 46.55; **Justine Clark**, FLY 34.90 3rd, F/S 31.02 2nd; **Emily Paterson**, BR 39.93 4th. Good swims also by: **Alyson Wicklen** F/S 35.80 – but she has promised to reduce her breathing in future; **Alastair McKenzie** FLY 36.77; **Andrew Vale**, F/S 31.58; **Sarah Thornton**, BK a zigzag 45.42; **Kirsty Rostill**, BR 46.82.

15.1.2000 Relay Trophy Gala – Leamington (25m.)

Haden Hill 166, C/Hill 138, Walsall 109, Solihull 97, Leamington 94, Burntwood 76

This venue is principally remarkable for the bad tempered long-haired official who attempts to organise the pre-gala crush in the foyer. This year was no exception, as he shouted loudly and rudely at children and adults alike.

Once onto the poolside however, things improved, and the gala was enjoyable and successful. The large and vociferous group of Camp Hill parents was treated to a succession of p.b.'s the most spectacular being **Richard Baker's** 50 FLY 40.47 (10 secs. better than his time trial last week) and **Natalie Griffiths** BR 23.87 (a 5 secs. improvement).

The 9 yr. girls were outstanding, winning all their races and helping the girls cannon to victory. **Lillie Gregg** recorded F/S 18.80 three times (but must watch her BK takeovers) and **Kamillah Ismael** also went sub 20 secs..

The 9 yr. boys were placed 2nd, 3rd, & 4th which was encouraging as 2 of them were 8 yrs. This is allowed in friendly galas, but not in leagues, so we are still desperately short of boys in that (& most other) age groups. PLEASE KEEP A LOOK OUT.

The team was very well behaved and we had no disqualifications.

A.L.

15th/16th Jan. 2000 Wolverhampton Meet

Several good efforts here: **Ewan Martin** a *CLUB JUNIOR RECORD* in the 400 LM, 5.02.85; **Jemma Wyse**, BR 1.25.48 2nd & 3.04.08 for 200m.; **Michael Bourne**, BK 1.16.64 2nd; **Gemma Fox**, 200 FLY 3.01.67 but she must work on the 3rd 50; **Michael**, 200 FLY 3rd 3.01.18; **Ian Potter** 3rd 2.16.87; **Gemma Ramsden**, F/S 1.09.78 & 2.30.74 2nd; **Elinor Martin** BK 1.16.31.

22nd/23rd Jan. 2000 Brierley Hill Meet – Wolverhampton

Gemma Hindson had comfortable wins in the 100 F/S & 100 FLY, and **Ian Potter** swam a gutsy 200 FLY to place 2nd in a p.b. of 2.14.58. **Ewan Martin** got N.Q.T. 's in the 200 & 400 LM events, setting a *CLUB JUNIOR RECORD* of 4.58.41. **Michael Bourne** likes Wolverhampton and he swam several p.b. times, including F/S 1.08.52 and 200 BK, 2.47.71. The **Heeley** twins also were among the p.b.'s along with **Gemma Fox**, **Carl Reed**, FLY 1.09.35; **Jaimee Leresche**, F/S 34.05; **Alastair McKenzie**, F/S 1.08.28 and a number of others did well.

One of our younger swimmers, who shall be nameless, forgot which length he was on in his 200 F/S!