



# SUMMER UPDATE

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## HOLIDAY CLOSING DATES

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*LAST SESSION: SATURDAY 22ND JULY*

*START BACK: WEDNESDAY 29TH AUGUST*

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## Camp Hill "Wedding of the Year"

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The Club was well represented at the wedding of Samantha Dee and Michael Hoare, with Andrew Brown being a very effective Best Man. Mike, who is one of our most popular senior swimmers, came to Camp Hill 20 years ago and all members will want to wish he and Sam a long and happy life together.

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## A successful trip to Indeanopolis

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Claire Thorn won the 400m and the 800m F/S at the World Police championships, and was 2<sup>nd</sup> in the BR - 1.22.5. She also showed her versatility by winning the 2 mile open water race in a time of 45 minutes!

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## County Selection

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Hope Weaver had two good swims as a member of the County Team in a recent match at Milton Keynes.

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## A visit to the Ukraine

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GB synchro swimmer Mhairi Lang, who swims with us once a week for general fitness, enjoyed her recent competition at Kharkov.

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## A Longstanding Record

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In 1982 Camp Hill's 15 yr old Lido Badaway, broke the Midland Junior long course record for 100m FLY with a time of 59.50 when swimming at Chiasso, Switzerland for the National Youth Squad. His record was finally lowered at Manchester this April. I wonder how long it will be before it ceases to be our Club junior record?

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## Also travelling ...

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Jon Sheasby has just returned from a Water Polo tournament in Czechoslovakia with the GB Under 18 Squad.

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## The 40th Birthday Bash - 21st July

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Alan Cooper and Craig Norrey, anxious to show that they are not yet quite "over the hill", organised this very pleasant "get together". It attracted a good turn out from our Masters, most of them accompanied by a wife and two or three young children. Lido Badawy arrived from Poole, Dave Edwards from Cheltenham, Joe Minion from Oxford, brother Paul from Upton Snodsbury, Carl Norrey from Sunningdale, Paul Tainty from Worcester, Craig from Geneva and others from more local areas.

The assembled company included 6 who had represented England and/or Great Britain in an aquatic discipline.

The event was held at the American Barn, a large refurbished barn developed into offices, and Alan's workplace. We enjoyed a barbeque and drinks, watched the children playing games and attempted the Camp Hill quiz. The party then broke up and a number of us carried on to a Leamington hotel where we enjoyed a curry and continued drinking and reminiscing late into the night. Many thanks to Alan and Craig for a most enjoyable day.



# Competition Review

## Coventry "B" Grade Meet - 2nd/3rd June

I was pleased to note that several of our swimmers took the opportunity to compete long course and, despite the fact that for some of them it was their first Open Meet, we had several improvements for our ranking list.

Gerard Morley, now managing to slow his stroke rate a little, had 3 good results, including F/S 1.24.20. Francesca Chase, Allyson Wicklen and Matthew Woodyatt did well on BR, Jodie Le Resche swam a good BK - 1.30.99 as did Matthew Sullivan - 36.36. In the F/S events Stuart Tierney, Theodora Manassier, Alex Evans, Andrew Loxley, Katherine Coe and Jaimee Le Resche - 1.12.39 all improved their times and Kirsty Rostill swam a very even 200m - 1.23.45/1.23.42. Louisa Ball won her one event, 200m IM 2.54.51. There were good FLY swims from Sophia Angelides and Ellie Coe. Everyone who swam came away with one or two personal bests - WELL DONE!

## British Grand Prix, Manchester - 1st/3rd June

Georgina Lee arrived home from the States two days prior to this competition, winning the 200m FLY - 2.11.68 and placing 5<sup>th</sup> in the 200m F/S.

Three weeks later at Glasgow she maintained her ranking with another 2.11.44 and was pipped in a very close 100m FLY - 1.00.97 as opposed to 1.00.77.

She is now training in Hong Kong following a very alarming flight which included violent turbulence, an aborted landing and the plane being struck by lightning. The team moves on to Japan on 18<sup>th</sup> July and her heat of the 200m FLY is on the 22<sup>nd</sup>. After the World Championships the team moves to a short course meet in Perth, Australia and returns to England on 8<sup>th</sup> August, proceeding straight to Norwich for the British Short Course Championships.

## Rugby Meet - 9th/10th June

This was a popular Meet, with entries from 49 Clubs and offering a good range of events. Our 14yr boys did well - Michael Bourne, who is producing some good BK swims - 32.66 and 2.33.50 and FLY 34.65. Andrew Vale is maintaining his F/S progress and Stuart Tierney is fast becoming our 'distance swimmer'. Other good efforts: Justine Clark F/S 29.53, Kelly Thornton FLY 33.26 and Louisa Ball BK 1.18.59

## Masters Grand Prix - 1st/3rd June

Our small team of swimmers did well in this Meet, with Hayden Wakeling showing that he has lost none of his competitiveness with 4 Golds - F/S 54.54 and 2 Silvers. His total was surpassed, however, by Hayley Bettinson with 2 Golds and 6 Silvers, Trevor Clark, not to be out-

done has 5 Golds and a Silver and Bronze, including BR 36.79. Kate Chase had Silver in the BR 1.31.58 and Anne Bourne ventured beyond 50m for Silver in F/S 1.16.87. Graham Minns, in his first appearance for Camp Hill, had positive F/S and BK swims and our Medley Team won their event.

## Junior League - Round 3 Coseley (33 1/3 m) - 16th June

Wyre Forest - 182	Camp Hill - 134
Bilston - 169	Leicester Penguins - 131
Solihull - 152	Orion - 125

Despite some determined swims, our hopes of avoiding relegation ended with this Gala.

The bottom 4 Clubs in each Division go down every year and the top 4 Clubs go up. We were 4<sup>th</sup> from the bottom, equal with 2 other Clubs. There is then a count of first places and we had fewest (6 as against 10 and 17) so it's Division 2 for Camp Hill next Spring.

At the risk of repeating myself, it is the constant unavailability of several swimmers for each round that has left us struggling. We are a racing club and if you are not prepared to turn out on a Saturday for important matches, then perhaps you should not be training with the Club at all.

Our only individual winner in this last round was Andrew Loxley F/S 23.13 and the girls 10/u medley relay was the only first placed team.

Other noteworthy swims came from Georgina Kiely and Charlotte Cook, both pleasingly consistent on F/S. Stephen Baker FLY 32.38 and Jodie Le Resche F/S 46.34.

Appreciation must also go to Ellie Coe who declined an invitation to a friend's birthday party in order to swim for her Club!

Next year's dates appear regularly on the back page of the newsletter, on the fixtures list and on the Club notice-board - make a note of them and KEEP THEM FREE!!  
AL.

## Midland Age Groups

Lucy Lloyd-Roach was our only representative who performed consistently well at this event which took place over two weekends. She took Gold in 100m and 200m FLY 1.05.57 and 2.24.73 and was 3<sup>rd</sup> in the 200m BK 2.26.30. She also did well in the 400m F/S, but needs to go out faster, which she did in the 200m IM 2.29.29.

Justine Clark swam a FLY pb of 1.12.53 and a good F/S. Ewan Martin's best swim came in the BR 1.12.03 (3<sup>rd</sup>), while our other breaststrokes, male and female, failed to do themselves justice in their swims. Andrew Weedall swam a good F/S 57.46 and Hope Weaver had 2 sound swims in her first Midlands competition.



### **Ickle Meet, Wolverhampton - 24th June**

This turned out to be a worthwhile Meet for our young swimmers, with Louisa Ball, Jaimee Le Resche and Hope Weaver setting several pb's. F/S Louisa 1.08.52, Jaimee 1.11.25, Richard Baker 1.16.35, Ellie Coe 1.22.87. FLY Jaimee 1.27.66 and 35.83, Hope 1.30.87 and BR 1.40.01. 200m F/S Louisa 2.25.02, Hope 2.37.90, Richard 2.43.54. BK Louisa 1.16.84 and IM Jodie Le Resche 3.01.71.

### **European Masters, Palma, Majorca - 3rd/5th July**

Our 3 representatives were fortunate in just missing the chaos caused by the strike of bus drivers at Palma airport, so were able to concentrate on their races. Hayden Wakeling tackled the long course bravely, his best swims being in the 200m F/S 2.06.72 and the 100m placing 7<sup>th</sup> 56.57. Kate Chase was pleased with her 8<sup>th</sup> place in the F/S 1.10.31 and had good BR swims. Hayley Bettinson confined herself to 50's placing 9<sup>th</sup> in the FLY 32.38 and in the BR.

Craig Norrey, representing Geneva, won the BK 28.87, was 2<sup>nd</sup> in the 100m BK 1.05.14 and 3<sup>rd</sup> in the F/S 27.88.

### **The "Go Slow" Gala, Langley - 7th July**

I accepted this gala at short notice only to discover on the arrival of the programme that it was a "B" match with DQ's for "too fast" swims. As a result we had somewhat bemused swimmers being told to slow down. In the words of the Frank Sinatra song "Let's take it easy, nice and easy does it every time". Despite this restriction, some of our less experienced competitors produced some good efforts. *I was, however, disappointed to learn of very childish behaviour by certain people. That is not wanted and will not be tolerated!*

### **Telford (25 m) - 21 st July**

Oakengates - 154	Camp Hill - 104
Eckington - 150	Wellington - 101

I must begin by apologising for the late posting of the teams and thank all who rallied round.

Our cause was not helped by the fact that we had to miss 7 races with no ten year boys, one car having broken down and no news of the other! However, as usual, there were some good swims: Ellie Coe on FLY and F/S; Stuart Tierney F/S 1.05.96; Charlotte Robinson F/S 1.07.96; Laura Heeley and Michael Bourne on FLY; Eleanor Burke BK and Danielle Bourne FLY 20.78

### **Halesowen (36 2/3 yds) - 21 st July**

Camp Hill - 193	Wyre Forest B - 98
Wyre Forest A - 188	Halesowen B - 74
Halesowen - 185	

As the points show, this was a good contest and it produced several fine swims. F/S Kerry Wyse 1.10.26; David Tubbs 58.04; Hope Weaver 21.30; Richard Baker 22.93; Louisa Ball 1.09.12. FLY Justine Clark 1.15.75; Alistair

McKenzie F/S and BR 1.23.16 and two lengths FLY in the relay!; Jodie Le Resche FLY 22.74; Luke Streeter BK 1.21.79. Lucy Lloyd-Roach had three good wins; Ian Potter on vacation from Swansea showed that he has kept fit with BR 1.14.03 and FLY 1.03.10; also David Tubbs BK 1.06.29 and Michelle Jennings on good sprint form in the relays. Team support was good as was behaviour.

## **Important Dates**

The dates displayed on the attached Fixtures List are of great importance to the Club. In particular, the League Galas determine our ranking as a Swimming Club - it is important that swimmers keep themselves available and give priority to these events. Please make a note of the dates provided and watch the Club noticeboard for ongoing additions.

### **SWIM SHOP - REGULAR STOCK**

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"Club" black costumes & trunks.

Selection of Speedo "Endurance" and Maru "Pacer" costumes & trunks

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Club Shirts, Fleece & Bags - register your order now!

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*Oh my!  
Will I ever get the hang  
of all this training?*



*Go on then, guess!*