



# Camp Hill Edwardians Swimming Club Newsletter

Issue 137

October 2002

## COACHES CORNER

### Didn't She Do Well!

Georgina Lee came back from Manchester with a clutch of medals - GOLD 4 x 200 metres FS Relay, SILVER 200 metres FLY, BRONZE 4 x 100 metres Medley Relay. We were all delighted and I'm sure that many Club members enjoyed following her races on TV.



A month earlier Georgina was announced as the 'Female Athlete of the Year' by the Dallas Athletics Sports Association at

her University.

Additional success - shortly after that she broke the Warwickshire records for 50 metres FS, 27.02, and 100 metres FS 57.96, at College.

### Good Results

Our two members of the Police Team did well in Norway. Clare Thorn winning the 50m BR, 36.86, and Norman Stephens the 50 metres BR, 31.75, and the FS, 24.54.

### Some Sad News

Clive Edwards phoned me from California to tell me that his father had died. George was the proud father of Martin Edwards, who swam in the 1972 Munich Olympics and in the 1974 Commonwealth Games. Martin went on to a four year Scholarship at Pepperdine University, Malibu, and has since worked as a coach in the States. His parents followed him and lived in Pasadena for several years. George was a Midlands official, he coached at Camp Hill and will be fondly remembered.

Clive also told me that he occasionally sees David Wakeling, who won a Bronze in the 11 yr 100 metres FS at one of the early N.A.G's in 1967. He was a lively character, his father once ripping the phone off the wall because of the hours David spent on it. He went on to become the lead singer with a group called 'The Beat' which featured high in the charts, and he still performs regularly in the States.

### Moving Forward

Mike LeResche has spent several months formulating a swimming partnership with Virgin Active in Solihull. The

link was launched on 9<sup>th</sup> August at the Life Centre at Blythe Valley Park, and it was attended by many swimmers and their parents. Our swimmers demonstrated their ability in the pool.



TV and Press were present and swimmers received a

T-shirt and a 'stress ball', possibly more appropriate for parents and coaches!

We now have to develop this relationship. Many thanks Mike for your initiative and enthusiasm.

### Junior Swim School

Our thanks must also go to Lynn Wyse for her hard work and efforts in establishing our new Junior Swim School based at King Edwards High School in Edgbaston. Her first ten week course has finished and the numbers are growing rapidly. An additional weekly time is being organised for advanced swimmers and we look forward to some enthusiastic young swimmers progressing through to competitive swimming in the near future. A big welcome to you all!

Parents, you are also welcome to visit our competitive club training sessions any night at 6.30pm (except Thursday). You will gain an insight into the world of competitive swimming and witness the standards that can be achieved by junior swimmers in only a few short years.

### Water Skiing success

Our congratulations go to James Earl who clearly enjoys being on top of the water as much as being in it. James has recently been selected to train with the British Junior Water Skiing squad. Well done.

### Crossing the Channel

Some people cannot get enough of the water. Gemma Hindson, swimming for Cambridge University, successfully completed her leg of the bi-annual cross channel race against Oxford University. Swimming two legs totalling more than 1½ hrs she helped her team into a commendable second place. Apparently they struggled a little because "their lads hadn't got enough meat on them".

### Another Official - More Are Needed

Barbara Ramsden has increased our number of officials on the District List by qualifying as a Judge.

## COMPETITION RESULTS

### Wymondham Masters

Despite a long drive to Norwich for this Meet, our three competitors collected several medals. Anne Bourne - one Silver, one Bronze and a DQ for "twitching" at the start. Kate Chase - four Gold, one Bronze, FS 32.15; Hayley Bettinson - five Golds, FLY 31.76, FS 29.41, BR 37.05.

### A BUSY WEEKEND

#### City of Birmingham Meet - 31<sup>st</sup> May/3<sup>rd</sup> June 2002

Although lengthy, this was an extremely well organised event. We had a good entry with numerous PBs. Stuart Tierney started us off with a 1500 metres that was only fractionally over 18 mins, earning a Bronze.

The result sheet does not indicate the drama of Stuart's stopping early at the timekeeper's incorrect whistle only to have to complete two further lengths - a pity, as he would certainly have beaten 18 mins.

Hope Weaver and Jodie LeResche figured prominently in their age group with the former winning the 'Top Swimmer' Award - a Shark Suit! She set excellent times in BR 1.24.24, 3.00.02 and BK 1.12.85 and 2.36.15 - all Golds. Jodie swam a string of NQTs including FLY 2.53.48 and FS 1.06.45. Ewan Martin lowered two of our oldest Club Records, that of Martin Edwards in the 200m FLY set in 1973 to 2.11.71 and Steve Eggleton's 200m IM to 2.11.82. He is also threatening our BR and FLY records with 1.08.03 and 59.37. Tara Green did well in the 200 metres FS, 2.21.93, and 200 metres BK, 2.37.01. The inclusion of three of our 15 yr boys in the same heat of the 200 metres FS turned it into a Club Championship with Stuart winning, 2.13.85, and Andrew Vale and Michael Bourne within a second behind. James Fox was second in the BR, 1.13.30, and Laura Heeley also took Silver in BR. She qualified for a number of finals but has to learn to improve on her heat time in the second race. There were numerous PBs: Gemma Ramsden, BR and FS; Jaimee LeResche and Louisa Ball FLY; Sophie Heeley and Kelly Thornton FS; James Wigley FS 55.50. Dave Bourne narrowly maintaining his ranking ahead of Gary Heeley in the officials buffet stakes.

### Coventry 'B' Meet - 1<sup>st</sup> June 2002

13 of our swimmers entered this event and a total of 22 trophies were won.

Good swims:-

50 metres BR - Ellen Moore 53.18; Danielle Bourne (2<sup>nd</sup>) 52.69; Frances Dean 52.05; Sarah Thornton (2<sup>nd</sup>) 44.86

50 metres BK - Alec Foulkes (3<sup>rd</sup>) 44.69; Stephen Baker (2<sup>nd</sup>) 44.62; Mathew Woodyatt (2<sup>nd</sup>) 40.77; Clark Hands 41.15

200 metres FS - Danielle Bourne (2<sup>nd</sup>) 3.03.77; Georgina Kiely (3<sup>rd</sup>) 3.13.56

200 metres BR - Georgina Kiely (2<sup>nd</sup>) 4.02.40; Harriet Bromley (3<sup>rd</sup>) 4.12.83

50 metres FS - Kieran Iyer (2<sup>nd</sup>) 34.07; Francis Dean 38.84; Katy Coe (2<sup>nd</sup>) 32.99

50 metres FLY - Mathew Woodyatt (1<sup>st</sup>) 41.03; Ellen Moore (3<sup>rd</sup>) 46.82; Danielle Bourne (2<sup>nd</sup>) 45.96; Sarah Thornton (1<sup>st</sup>) 38.73; Clarke Hands 36.34

200 metres IM - Mathew Woodyatt (2<sup>nd</sup>) 3.10.08; Carl Reed (1<sup>st</sup>) 2.41.41; Danielle Bourne (1<sup>st</sup>) 3.26.11; Francesca Chase 3.41.95; Ellen Moore (2<sup>nd</sup>) 3.36.65; Kate Coe (3<sup>rd</sup>) 2.59.66.

Race of the Day - Harriet Bromley, 200 metres FLY, the only 10 yr old to enter this event, only one heat, she was racing 15+ yr girls, finishing with 4.36.11 to

deserve her 1<sup>st</sup> place for the 10 yr olds with sheer determination through to the finish. WELL DONE, ST.

### Chase Meet - 2<sup>nd</sup> June 2002

Good swims: BR - Georgina Kieley 48.59; Stephen Baker 46.63. FS - Richard Baker 1.10.57. FLY - Lewis Hands 39.61.

### Rugby Meet - 8<sup>th</sup>/9<sup>th</sup> June 2002

We had several good efforts at this Meet which was made memorable by the collapse of the boom.

BR - Laura Heeley (1<sup>st</sup>) 1.16.00. FS - Kelly Thornton 30.65; James Wigley 25.64 and 55.80; Andrew Vale 59.41; Louisa Ball 4.56.41; Stuart Tierney 2.39.77. FLY - Laura (1<sup>st</sup>) 32.00.

### Junior League Round III (Worcester) - 15 June 2002 (Pool 25 metres)

Worcester 224, Camp Hill 170, Northgate 157, Lichfield 132, Dove Valley 97, Coalville 90

Finishing second in this gala was good enough to ensure us a place in the final on 28<sup>th</sup> September. We were still short of one 9 yr girl and the 8 x 1 girls cannon was disqualified when our lead off swimmer toppled into the water while under starters orders. It was clearly an accident and demonstrated the harsher side of the 'one start rule' which now applies to all galas run under ASA law. But even without these lost points we would not have beaten Worcester who fielded a very strong team and deserved first place. Indeed, so strong were they that we won only a handful of races and most wins required a PB. Hope Weaver BK 34.28; BR 40.09; Jodie LeResche FLY 32.68 (beating her friend, Rachel Harrison for the first time) but missing the FS by 0.03 of a second following an unnecessarily flamboyant turn (it is always unwise to attempt something in a race until you have fully mastered it in training); Mathew Woodyatt, looking smoother with a modified stroke, BR 42.76; Ellie Coe BK 40.25 and a much improved FLY 38.60.

Other Good Swims: Francesca Chase BR 47.12 and 21.70, continuing the good form that won her a Bronze in the Schools Championships the previous day.

Jack Few, who reduced his 25 metres FS time by 2.55 and 50 metres by 6secs; Rebekah Bullivant recovered well from the disappointment of the 8 x 1 to record FS 16.65 in the final cannon; Sam Middleton swam a solid 50 metres BK and a good FS 17.86.

Please make a note of 28<sup>th</sup> September. See the noticeboard for details.

### Masters Inter-Counties - 16 June 2002

We had several representatives in the County Team for this event, where Warwickshire finished a close second to Yorkshire. Our winners were Trevor Clark, FLY 30.24, and Hayley Bettinson, FLY, BK and IM. Kate Chase took two second places and Kevin Woodward was second in the 50 metres FS, 26.85, in what must

have been his first individual race for several years thanks to Trevor Clark's initiative.

## Relay Trophy Gala (Aylestone) - 22 June 2002

Leicester Knighton Fields 93, Camp Hill 88, Leicester Belgrave 66, Chatteris 44

With so many people unavailable, it was extremely difficult to raise a team and thanks are due to those who turned out at a very short notice. The result was better than we expected and according to the mutterings of our poolside officials, we suffered from some dubious judging.

## Hardwick Trophy Gala (Bridgnorth) - 22<sup>nd</sup> June 2002 (Pool 25 metres)

Northgate 175, Newport 130, Camp Hill 111

Bridgnorth pool is not the easiest to find but eventually everyone managed it, though one boy had to race without a warm up.

With our 'A' team at Leicester and an unusually high number of people unavailable, this small three team gala was an ideal opportunity for several of our junior swimmers to gain experience.

Yet again we were short of 9 yr olds so lost all points in the 9 yr relays. We also had four DQs, two false starts, one flyer and one faulty BR turn.

There was a spare lane and several swimmers took the opportunity of an extra race. One of these produced the best swim of the evening; Holly Whelan 50 metres FLY 39.74.

Other Goods Swims: BK - Charlotte Cook 41.43; brother Jake 20.46; Lisa Coleman 42.13. BR - Kirsty Rostill 40.74 and looking to beat 40.00 before too long. Our sole 9 yr girl, Rebekah Bullivant, swam four individuals, winning the FLY, 21.95. Mark Demuth, BK 22.13; BR 25.41, but spoilt what would have been an excellent 50 metres by losing concentration and kicking FS out of the turn. Isobel Richardson and Jessica Parker both swam well on their first outing for Camp Hill. Stephen Cooper swam all the 12 yr events and Sam Middleton also had a busy evening.

Congratulations and thanks to the parents who helped at the poolside at short notice, they said they enjoyed it and they were certainly most efficient.

The team was very well behaved but too many arrived without a cap and had to borrow one. Please make sure you are properly equipped for every gala. AL.

## Ickle Meet (Wolverhampton) - 23<sup>rd</sup> June 2002

Danielle Bourne was our star in this 10-13 yr Meet: FS 36.25 & 1.21.83, BK 41.30 & 1.30.83.

Ellie Coe: FLY 39.11, BK 1.25.96; Kirsty Rostill worked very hard for Silvers in BR 40.29 & 1.29.09, and swam a well paced 200 metres FS 1.17/1.18; Sarah Thornton after a stop start FLY redeemed herself with a BR PB 1.38.28.

## ASA Long Course Championships - 28<sup>th</sup>/30<sup>th</sup> June 2002

Georgina Lee jetted back to comply with the instructions of the UK Director of Swimming, who had made it mandatory for all those selected for the Commonwealth Games team to attend. She arrived home at midnight and the following day placed second in the 100 metres FLY, 1.01.60. The next day she retained her 200 metres FLY title with a good 2.11.89. Her good swims on top of all that travelling illustrate the level of fitness required by top athletes.

## Staffordshire Masters - 20<sup>th</sup> June 2002

Our team of three had more than their fair share of medals at this event. Kate Chase collected seven of different colours, James Wigley seven Golds and Hayley Bettinson, not to be outdone, took eight Golds.

## Midlands Age Group - 6<sup>th</sup>/7<sup>th</sup> & 13<sup>th</sup>/14<sup>th</sup> July 2002

Hope Weaver was our most successful representative, winning 100/200m BR and second in BK and IM in her last swims in the 11 yr group. Jodie LeResche swam good 50 metres: FS 29.92 (1<sup>st</sup>), FLY 33.50, BK 35.60. Sister Jaimee a creditable FS 31.08.

## National Age Group - 5<sup>th</sup>/8<sup>th</sup> August 2002

We had good swims from: Jodie LeResche FS 1.07.60; Hope Weaver 200 metres BK 2.38.33, but she was up against it in her new age group; Tara Green swam a good 200 metres BK; Abbie Brown, representing Coventry, but training with us recently, showed her future potential with 1<sup>st</sup> reserve in the 200 metres BK and Bronze in the 100 metres BK, 1.08.68, also a useful FS 1.03.49.

## IMPORTANT DATES

Please make a note of the following dates in your diary and keep yourself available for selection ...

### West Midlands Speedo League

12<sup>th</sup> October

9<sup>th</sup> November

14<sup>th</sup> December

## CHRISTMAS PARTY

"All booked" – please make a note in your diary...

**SATURDAY 21<sup>ST</sup> DECEMBER**

**(Buffet & Disco to 11.30pm)**

SOLIHULL LODGE COMMUNITY CENTRE

GRAFTON ROAD

SOLIHULL LODGE, SHIRLEY



Tickets are £5 per person (Under age 5yrs go free) and will be available from Jan Bourne, Sue Thornton and the Swim Shop from 14<sup>th</sup> October. Add your name to the list that will appear on the noticeboard in the next week or two so that numbers and catering can be organised.

## CHESC INTERNET NEWS

Following the demise of our Web Site last year I am pleased to announce that work is in progress to create a new and more easily maintained Site. This new Site will be capable of being managed by anyone with internet access and the necessary passwords, without programming knowledge or previous experience. More information will follow soon and members' involvement in the development both now and in the future will be actively encouraged. MLR.

## SWIM SHOP

The Camp Hill Edwardians Swim Shop is open every Monday, Wednesday and Friday between swimming sessions at King Edwards Camp Hill School pool.

We now have in stock a variety of Costumes and Accessories from the latest 2002 range and are able to supply any goods from the extensive "Allens of Kingsbury" swimming brochure (copy on club noticeboard).



*"wrong team mate,  
we wear black - better  
go and see Pat or  
Sarah"*

Club Polo Shirts, Rugby Shirts, Fleecees, Named Hats and Kit Bags are ordered at regular times throughout the year. Please advise either Pat or Sarah now so that you may be placed on the list for our next order.

## REGULAR STOCK...

CLUB HATS - silicone and latex

"CLUB" black costumes & trunks

Selection of Speedo "Endurance" and Maru "Pacer" costumes & trunks

Range of Swimming Goggles for juniors & seniors

Club Polo & Rugby Shirts, Fleecees, Bags & named Hats

Other costumes & accessories available from brochure

## MEMBERS OFFICE

**"NEW MEMBERS ARE ALWAYS WELCOME"**

Enthusiastic swimmers can come along and visit any weekday at 6.30pm (except Thursdays) - bring costumes and join in!

For more information and a swimming trial, please contact:

Gerry Thain 0121 444 2289 (Principal & Coach)

Anne Lee 0121 440 1744 (Coach)

Ann Baker 01564 822585 (Club Secretary)