



Camp Hill Edwardians Swimming Club Newsletter

Issue 142

March 2004

Christmas Party

A large number of members attended this occasion at an excellent venue in Shirley. Once again, our thanks to Sue Thornton, Jan Bourne and the many helpers must be placed on record. On a personal note may I thank you for all your cards and presents, especially those very flattering photographs taken at the Palace, which I shall always treasure.

Congratulations

To Mike Bourne on his selection for the English Water Polo Youth Squad. We wish him continued success.

Thank you, Ann

Ann Baker has decided to hand over the role of Club Secretary to Wendy Bullivant, having given her a thorough training.

We are most grateful to Ann for all the work she undertook to re-organise our chaotic administration.

She continues to do well

Georgina Lee set a Warwickshire 400m FS record 4.08.42, and awaits its confirmation as a Midlands record. She produced several good times at a Dallas Meet including a 54.77 FS for a relay split. It was pleasing to have her in the Club team for the last round of the WML.

In the January 2004 Warwickshire ASA Newsletter the following quote appeared: "SMU women's swimmer Georgina Lee has been named the Western Athletic Conference swimming and diving Athlete of the Week. The Announcement was made on Monday. Lee, a senior from Birmingham, England, had a standout weekend at the highly competitive Texas A&M Invite in College Station, Texas. With six top 20 teams in action, Lee shined capturing victory in the 400 free on day one. Day two saw Lee finish second in both the 100 fly and 200 free, gaining NCAA provisional times in both. Lee also swam the third leg of SMU's winning 800 free relay team that set a new school sc meter record en route to its victory. On day three, Lee finished third in the 200 fly, gaining another NCAA provisional qualifying time in the event. She later swam the anchor fourth leg of SMU's victorious 400 free relay team, that also set a school sc meter record as it captured gold. Lee is a 17-time All-American, the 2003 WAC Swimmer of the Year, the 2001 WAC Freshman of the Year, and a 2003 Verizon All-American first team selection."

Also on the "home" page of the ASA website was a further article: "Georgina Lee (Southern Methodist University, USA), took gold in the 200m butterfly in a new British record time of 2.08.03 ahead of Canada's Jennifer Button in 2.09.20 and

third-placed Yana Klochkova of the Ukraine in 2.09.94. Currently based in the US, Lee broke the record she set in August 2001 by just 0.01 seconds."

Well done, Georgina!

COMPETITIONS

Inter-County – Masters – 16 October 2003

Trevor Clark did a good job in collecting a team to win this event and push Yorkshire into 3rd place. Trevor, David Tubbs, Anne Bourne, Claire Thorne, Kate Chase and Norman Stephens were members of the victorious Warwickshire team.

Still on Masters:

ASA Masters, Sheffield – 24/25 October 2003

Craig Norrey was our star with 3 Gold medals, BK 27.58 & 1.02.31 (a British Record for his age group), IM and 2 Silvers, FS 54.81 and 1 Bronze in FLY. Hayley Bettinson took Gold in the 50 BK 35.77 and Bronze in the FLY 33.06. This mixed relay took Bronze, Craig, Hayley, Jo Swift and "Welcome Back" Alan Cooper. Hayley, Kate Chase, Jo and "Welcome Back" Suzanne Linton won Silver in FS and Medley relays.

West Midland League Round II, Leamington – 8 November 2003

Perry Beeches 243, Leamington 208, Camp Hill 195, Nuneaton 156, Falcon 131, Solihull 107

Our third place meant that we missed out on the top gala for the final round despite a good team effort, including: BR - Rebecca Hobson 42.75, Mike Scott 1.06.62 NEW CLUB RECORD, BK - Danni Bourne 38.76, Jodie Le Resche 1.11.83, Lucy Lloyd-Roach 1.08.79, Hope Weaver 1.10.74, FLY - Gemma Hindson 1.06.57, Cara Mawson 36.66, FS - Tom Price 1.04.62.

West Midland League Round II, Rugby – 8 November 2003

Broadway 199, Mansfield 180, Rugby 177, Orion 164, Camp Hill 165, Leicester 148

This was a much better performance than the first round but we could have done much better if all selected swimmers had been available!

As usual, the girls were our main points scorers but the improvements from Alec Foulkes (BK), Jack Few (FLY), Mark Demuth (BR), Matthew Sullivan (IM & BK) and Alastair McKenzie were of special note.

Tom Lycett swimming in his first league gala gave us several unexpected points in FLY, BR and F/S. Justine Powell and Chloe Naughton swam great FLY races and Becky Bullivant BK & FLY, Amy Middlemast BR and Hannah Powell F/S continued in their best form.

It was great to have Emily Paterson, Hayley Bettinson and Clare Thorn in the winning ladies relay teams and Carl Reed (now a married man) was still as sharp as ever.

Three silly disqualifications did not score any points, where valid swims would have added nine points to our team total.

NS

Bromsgrove Junior Gala – 15 November 2003

Stourbridge 172, Witney 158, Camp Hill 140, Bromsgrove 133, Redditch 125

The team was let down by swimmers who failed to turn up, but Amy Middleton and Jake Bullivant stepped in with brilliant debut swims which are very encouraging for next year's 9 yr league team. Camp Hill won 11 girls and 1 boys race – yes we won a boys race! – well done our 10 yr medley team.

Nearly everyone swam a PB – we had 48 altogether. Sophie Spragg won 9 yr BR 24.80, Cara Mawson had a clear win in the 11 yr FLY 37.95 and Becky Bullivant swam 17.23 to win 10 yr FLY.

Our other individual winners were Hannah Powell F/S, Abbie Mawson BK, Amy Middlemast BR, Rebecca Hobson BR and Ellie Coe F/S. Well done to all of you.

We can all improve our performances by regular disciplined attendances at training. NS

A Long Weekend on several fronts (with over 90 swimmers turning out on the same evening at different venues!!) – an excellent display of support for the Club.

Midland Championships, Coventry – 29 November 2003

Ewan Martin tried valiantly, but his broken big toe forced his withdrawal after the first session. Jodie Le Resche swam to a good standard FS 29.62 & 1.05.78, FLY 32.18 & 1.12.69. Hope Weaver started off well 200m FS 2.18.39, 400 IM 5.30.66, BK 33.77 only to succumb to a painful foot in her other races.

Solihull Relay Trophy Gala, Stechford – 29 November 2003

Camp Hill (A) 194, Perry Beeches 167, Solihull 150, Oldbury 120, Camp Hill (B) 36

A total of 65 swimmers turned out with many exciting races, including the B team beating the A team in the Open Ladies BR!

Also Junior Gala, Leamington – 29 November 2003

We placed 4th out of 5 teams despite the clash with age groups at Stechford.

Oldbury Gala, Thimblemill Baths (331/3 yds) – 6 December 2003

This was "the match that nearly did not happen". A breakdown in communications meant that I did not receive any confirmation or details of the programme until the previous evening. Frantic telephoning gathered a rather "thin" team which produced some good swims. Rebecca Hobson and the Mawson twins were our stars, with other good efforts from Ellis Hedges, Sam Middleton, Rebecca Bullivant, Ben Brough and Sophie Spragg.

Earlier in the day...

Rebecca Bullivant took part successfully in the **Nuneaton Distance Meet**: 200m FS 2nd 2.43.94 and 400m FS 4.54.29, both Midland qualifying times, also 2nd in the 200m FLY. What a pity others of our promising young ones did not take this opportunity.

Oxford Meet – 6/7 December 2003

Jane Stalker, in her first outing in club colours, collected several medals, including BR 1.23.18, FS 1.03.95. Stacey Cameron took Silver in the IM 2.37.00 and the FLY 1.12.38. Jaimee Le Resche swam a 5 sec pb in the IM and with Jane reached the skins final of the 50m FS. Sister, Jodie won the 200 FS 2.20.88, the FLY 1.11.92 and the BK 1.12.81.

West Midland League Round III – Stechford – 13 December 2003

Camp Hill 211, Leicester Penguins 209, Chesterfield 186, Stratford Sharks 164, Witney & District 138, Wolverhampton 134

The final round and our chance to stay within the top ten clubs in the Division! Happily we managed to field one of our strongest teams this year – with the welcome inclusion of Georgina Lee – unexpectedly back from the States! We were also hosts of this gala with many club members turning out to "perform" duties. After a rather uncertain start – our announcer Mike Le Resche with no microphone – the gala eventually got under way and everyone worked very hard to make it a memorable night. All our swimmers rose to the occasion and swam brilliantly! Of particular note BK: Danni Bourne 37.54, Hope Weaver 1.10.49, Lucy Lloyd-Roach – 1.07.81 (back in training after a shoulder injury). BR: Stacey Cameron 1.26.69, Matthew Woodyatt 1.20.31 and 1.20.89 (swimming for both U13 and U15 boys!), Mike Scott 1.06.42 (ANOTHER NEW CLUB RECORD!), FLY: Jai Le Resche 31.88, Ewan Martin 26.95 and Georgina, a comfortable 1.02.89. FS: Danni Bourne 32.77, Hope Weaver 1.03.44, Richard Baker 1.04.21, Jack Gair 57.58. In an extremely exciting final few races Camp Hill

were victorious, winning the gala by the narrowest of margins. This win and our performances in the previous two league matches put us in seventh place in the league. Well done everyone!
SLR

West Midland League Round III – Derby – 13 December 2003

Linslade 252, City of Derby B 202, Camp Hill 174, Orion 161, Kingsbury 129, Leicester Belgrave 117

We needed to finish in the first three clubs in this gala to have a chance of avoiding relegation! Although we were missing several swimmers and we only had three U11 yr girls, the team throughout did better than expected – even the junior boys. Jack Few swam a great pb FLY 42.19 and then with the swim of the day clipped four seconds off his FS previous best to win even more unexpected points. Mark Demuth also swam a pb BR 48.60 and Daniel Mudd and James Cull helped win valuable relay points.

Amy Middlemast beat 1.30 for the first time on BR in a powerful swim but can still improve a great deal with more concentration. Kate Hindson was a great leading example for our girls team winning IM 1.10.79 and FLY 1.08.76 with Justine Powell 1.16.19 and Rebekah Bullivant 39.37 also winning their FLY races. Emily Paterson had a brilliant win in the BR 1.23.05. The 15 yr girls – Kate Coe, Justine Powell, Sarah Thornton and Ellie Benton and the Open ladies – Kelly Thornton, Emily and Sarah Paterson, Hollie Joyce, Kate Hindson and Alison Wain easily won their freestyle relays. Alison also swam a respectable 1.03.80 FS as did Alistair MacKenzie 58.51.

Our improved concentration, with no disqualifications, was a big contributing factor, along with FGT's attendance! Well done! Thank you swimmers, officials, helpers and supporters.
NS

Crystal Junior Meet, Wolverhampton – 19 January 2004

Our team of 12 girls – where were the boys?! – did well. Stacey Cameron and Rebecca Bullivant each won one of the much coveted Crystal awards and the following took medals: Danni Bourne 1, Stacey 5, Abbie Mawson 2, Rebecca Hobson 2, Rebecca Bullivant 3, Cara Mawson 1, Rebecca Varney 1, Amy Middlemast 1, Holly Whelan 1 and Chloe Naughton 1. Well done girls!

Junior Relay Gala, Leamington – 10 January 2004

Perry Beeches 161, Leamington 133, Phoenix 128, Stourbridge 105, Camp Hill 100

The poor turn out of girls and four silly disqualifications was disappointing but the very good turn out of boys and the strength of the under 9yrs was great.

Under 9 yr girls Amy Middleton and Catherine Sullivan both swam under 20 seconds for FS but we need four more under 9 girls at least.

The under 9 yr boys showed great strength in depth on FS Benedict Evans 20.25, Cameron Woodyatt 20.79, Jake Bullivant 22.05, Chris West 22.60, Zac Brough 23.48, George Windsor-Price 23.50, Chris Pakes 23.81.

Our under 10 yr girls and boys both exceeded expectations with a second place each and six pb's on freestyle. Elliot Glenn 17.61, Aaron Brough 18.12, Sophie Spragg 18.96, Essie Gorman 19.53, George Stephens 20.84 and Ellis Hedges 21.32.

Our under 11 yr girls won their freestyle relay and like the under 11 yr boys also had two seconds but only one pb Daniel Preece 20.47.

Our star team is undoubtedly the under 12 yr girls who easily won the fly and medley relays and were second on both freestyle and breaststroke. I am so pleased that Abbie and Cara have earned consideration for individual swims.

We lost 18 points on disqualifications and about 12 points by not having four under 9 yr girls.

I was disappointed by our swimmers poor discipline:

1. Sit down with the team in between races and rest. Do not run around, play games or leave the poolside other than to go to the toilet or in an emergency.
2. Look after your swimming hat, goggles, etc. keep them safe where you have them ready for your swims.
3. Do not eat during the gala, wait until you have finished swimming (or give chocolate, sweets, etc to Mr Stephens to eat for you!).
4. Do not bother the officials, timekeepers and team managers when they are concentrating on a race in progress. Wait until they can listen to your question. Team managers will tell you when it is your turn to swim.
5. When the race before your own starts, you should be in a position behind the block standing still and preparing your mind and body for the race. Blank out anyone else near you.

Please, please, please ask your parents to note the gala dates and keep them free, so that you can have the chance to be selected for the Junior League Team.

NS

37emes Championnats internationaux de Geneve 2004 – 16 -18 January 2004

Probably the most organised Meet I have ever attended, despite the language barrier. With collection to and from the airport and a personal

minibus at our service at all times it still amazes me to think that the event was organised by a humble swimming club. With 10 countries, 70 clubs and over 700 swimmers, this was an incredible opportunity for three young swimmers to experience what life would be like on the international stage. The days were long but so efficient that we were able to organise a trip into Geneva centre every night along with time to view 'the lake' on the final afternoon. Every day ran literally like clockwork. It was also nice to be visited by Craig Norrey (a Camp Hill swimmer) who live in Geneva) to offer support to us all.

Some fine performances were exhibited by Stacey, Laura and Jodie during the three days with Jodie reaching four finals with a highest placing of 4th. Well done to everyone, I know from subsequent performances back at home that this trip had a significant impact. MLR

A TRULY DIFFERENT EXPERIENCE...

Going to Geneva was a great experience for everyone involved. Stacey Cameron, Laura Heeley and I had a great time both in the pool and out of it. The sports complex was amazing. The pool itself was huge; it had 8 lanes and electronic timing. We all particularly liked the floor tiles on the poolside which had a really modern design and surprisingly, didn't get very wet. The competition was very well organised and due to very early starts each day, the galas often finished earlier than expected. I think that the most enjoyable thing for us was being able to compete against swimmers from different countries. Although we could not really talk to them very well it was fun having a go. In the afternoons, when the gala had finished for the day, we went out in search of a Swiss restaurant (ignoring Stacey's plea for a McDonald's), although often we ended up in Pizza Hut! However, on the last night we went for something a little different, Mexican, and it was great! Overall, it was a fantastic experience. Thank you to Mr Thain for making it possible, we were sorry you couldn't join us! Jodie Le Resche.

Crystal Junior Meet, Wolverhampton – 19 January 2004

Our team of 12 girls – where were the boys?! – did well. Stacey Cameron and Rebecca Bullivant each won one of the much coveted Crystal awards and the following took medals: Danni Bourne 1, Stacey 5, Abbie Mawson 2, Rebecca Hobson 2, Rebecca Bullivant 3, Cara Mawson 1, Rebecca Varney 1, Amy Middlemast 1, Holly Whelan 1 and Chloe Naughton 1. Well done girls!

Brierley Hill Meet, Wolverhampton – 24/25 January 2004

We had a good input to this Meet with many medals and personal bests. It was particularly pleasing to see the impact that Geneva was still having on Stacey and Jodie, who produced some inspired performances throughout the meet. FLY: Jodie Le Resche 30.73 (Meet record), Stacey Cameron 1.11.16, Chloe Naughton 2.39.74, Simon Crowe 1.03.86, Jaimee Le Resche 32.94. BR: Matthew Woodyatt 36.99, Amy Middlemast 3.14.39, Kelly Thornton 1.26.92, sister Sarah 1.30.79, Rebecca Varney 1.29.83. BK: Rebecca Hobson 1.22.72, Simon Crowe 2.20.18, Danielle Bourne 1.23.66. IM: Hope Weaver 5.28.14, Stacey 2.33.54. FS: Richard Baker 4.58.62. We did well to finish the Meet in 3rd place in the Club points table.

Phoenix Youth Junior Gala, Wolverhampton – 14 February 2004

Phoenix Youth 287, Perry Beeches 245, Haden Hill 219, Walsall 210, Camp Hill 177, Biddulph 135, Stafford 95

The competition was of the highest standard with the first three clubs reaching last year's league final and Walsall also finishing high up in the league.

Our U12 girls were in sparkling form winning five of their six events. Abbie Mawson 36.14 BK, Cara Mawson 36.88 FLY, Rebecca Hobson 42.51 BR, Danni Bourne 31.98 FS and clear FS and medley relay wins. Well done girls!

Camp Hill have two very good U9 girls, Catherine Sullivan 25.27 BR and Amy Middleton 25.08 BK were both third and Charlotte Allen and Kate Shortland did well in the relays.

We missed two of our regular U10 girls but Sophie Spragg had two good swims 40.74 FS and 51.15 BR.

Katie Morrissey set a good standard for our U11 girls in finishing second 41.74 BK while Becky Bullivant was second and third with 38.92 FLY and 34.18 FS.

Our U9 boys are very promising Cameron Woodyatt was second 24.22 BR and Jake Bullivant third 24.70 BK and our medley team were second – George Windsor-Price 25.85 BK, Cameron 24.66 BR, Gulliver Bates 20.09 FS and Benedict Evans 19.73 FS.

Elliot Glenn did a good job as U10 boys team leader finishing third 41.82 FS in a twice swum race!

Mark Demuth produced three brilliant pb times in the U11 age group in which I hope the other boys will train hard and regularly to secure a place in the league team.

I was very pleased with our U12 boys who picked up a lot of very good pb's. Sam Middleton 40.28

BK, James Cull 39.58 FLY, James Earl 47.41 BR and 34.31 FS.

Generally this was a pleasing performance but we must all continue to work hard and aim for another pb in our next swim. There are places available in the Wednesday Junior Training Session 6-7.30pm.

NS

Wycombe District Meet, High Wycombe – 14-16 February 2004

Danielle Bourne, Rebecca Bullivant, Stacey Cameron, Jaimee & Jodie Le Resche and Simon Crowe represented Camp Hill at this 3-day Long Course event.

I can think of 7 other swimmers whom I would have liked to see gaining this valuable experience. Experience of getting up at 6.00 am, or earlier, and arriving for an 8.00am warm-up. The challenge of racing against swimmers from the south and the south-west, coping with a crowded poolside and finding space to relax. Factors that competitors of all standards are faced with. It also offered good long course experience a few weeks before the Warwickshire Championships.

Jodie was our only medallist, taking bronze in the 50 FS, 28.90, and with good efforts on FLY 1.12.45 and FS 1.04.14. Stacey's best swim was in the IM 2.38.64. Danielle's FS 32.99, BK 1.24.60 and Rebekah's FS 35.07. Simon Crowe produced some good efforts including a Midlands Qualifying Time, as did Jaimee with a determined FS 30.01.

Nuneaton Junior Gala – 21 February 2004

Leicester Penguins 192, Nuneaton 189, Boldmere 185, Bedworth 158, Stratford 157, Camp Hill 131

Our team comprised seven boys and twelve girls, due to half term holidays, so we had no swimmers in five races and with three disqualifications, we missed out on up to 48 points! Sam Middleton managed seven swims including relays while Daniel Mudd and Daniel Preece enjoyed free training sessions with five swims each. Elliot Glenn again swam well to earn pb's FLY 22.16, FS 40.33 and BK 50.29 as well as five good relay splits.

Cameron Woodyatt and Jake Bullivant were gluttons for taking on some demanding swims but Cameron found out that Mr Stephens is a very nice man. After doing the U9 BR so well, Cameron was given the reward of doing the U10 two lengths BR. Cameron stopped after ten metres, to give the bigger boys a chance but still achieved a pb, so nice Mr Stephens let Cameron do the U11 BR as well!! Another pb for Cameron. Andrew Shortland had a go at three strokes, the best BK 55.23. Well done boys!

Amy Middleton and Catherine Sullivan again swam very well while Sophie Spragg improved both FS 40.73 and BR 51.10. Lydia Shepherd

lowered her pb FLY 22.58 but our U12 girls were our class act again. Abbie Mawson BK 36.38, sister Cara FLY 35.20, Rebecca Hobson BR 41.78 and Danni Bourne FS 32.04, as well as two clear relay wins.

NS.

Phoenix Open Meet (the "Banana" Gala) – 22 February 2004

We always seem to do well at Wolverhampton and this Meet was no exception, with an added bonus of £100 Top Club award.

The Mawson twins, showing the benefit of a more mature approach to their training, vied with each other in setting personal bests, with Danni Bourne and Rebecca Hobson being equally successful. Good FS times from Danni 1.11.96, Rebecca Hobson 1.12.91 and Rebekah Bullivant 1.15.64.

Droitwich Junior Gala – 28 February 2004

Camp Hill 233, Redditch 231, Kingsbury 195, Worcester 173

Thanks to a 90% turnout we were able to win this gala despite eight disqualifications. Our strength in depth won eleven relay races and we finished first in three relays only to be disqualified. Our boys confidence should have improved following wins for Elliot Glenn FS 42.16, James Cull FLY 39.84 and James Earl FS 34.77. Personal bests also for William Howard BR 56.04, Danny McElligott FLY 44.97, Mark Demuth BR 47.51 and Andrew Jeskins FS 38.41. It was good to have Jack Benton helping the U12 boys to two relay wins. Well done boys.

Amy Middleton had two clear wins FS 19.60 and BK 24.97 for the U9 girls, Sophie Spragg swam a pb on FLY 23.92 for the U10s. Our U11 girls excelled with Rebekah Bullivant winning BK 39.16 and FS 34.60, Hannah Powell also won FLY 42.66 and Katie Morrissey swam a massive pb BR 51.45.

Our U12 girls were not content to win their six races but returned with their fastest overall relay times as well. Abbie Mawson BK 35.16, Cara Mawson FLY 35.86, Rebecca Hobson BR 42.88 and Danni Bourne FS 32.57. This team are brilliant!

IMPORTANT NOTICE >>

JUNIOR LEAGUE

The first round at Halesowen on **3 April**. It is vital that everyone is available. The teamsheet is on the noticeboard! Please also note...

2nd Round > 8th May

3rd Round > 26th June

NS