



# CAMP HILL EDWARDIANS SWIMMING CLUB

## NEWSLETTER

Issue 147

SEPTEMBER 2005

### SCHOOL POOL

Regrettably, further problems to report, with a completion date for the work unreliable. We must keep going to our various venues, as we have a full programme of galas to contest.

### WEDDINGS

Three to report: Sally Millard & Paul, Martin Temple & Alison, and in Barcelona Ben Darbyshire and his Japanese partner Yoko. All three were well attended by their club contemporaries. Our best wishes to the happy couples.

### HOW DOES HE DO IT?!

Yet more brilliant performances by Craig Norrey. At the European Masters in Stockholm, Craig took Gold in the 50 BK, Silver in the 100 BK, 4<sup>th</sup> in the 50 FLY & 5<sup>th</sup> in the 100 FS with a PB of 55.93 (Long course). He followed that up at the Swiss Championships with a European Record in the 50 BK 27.49 and he won the 100 BK in 1.01.67. He's only 44yrs old, what will he do when he matures!

### NATIONAL YOUTH CHAMPIONSHIPS

Jodie Le Resche showed the benefit of her return to serious training with a 4<sup>th</sup> place in the 50 F/S 14/15yrs, 27.41 which was a Warwickshire County Junior Record. She followed this with a good sub 70 sec BK fifteen minutes later.

### WELL DONE!

Jodie Le Resche, Victoria Wassall and Abbie Mawson have been selected to swim for the Division 4 team at the National School Championships in Manchester at the end of October.

### LATEST POLO NEWS

Mike Bourne went to Slovakia for a tournament with the GB Junior squad, weakened by some other team players away in Hawaii. GB finished 3<sup>rd</sup> beating Poland in the 3<sup>rd</sup>/4<sup>th</sup> place playoff. The teams next target is the European Championships in 2006.

### CHANGE OF CLUB SECRETARY

Karen Coughlan has taken over from Wendy Bullivant as club secretary. Wendy will be taking on the role of Warwickshire & Midland Meets secretary for Camp Hill.

### TIME KEEPERS NEEDED

If your child swims in the Junior team and you would like a more active roll at galas, we are in need of volunteers to help with time keeping and pool side assistance, if we have enough interest we can have a rota of help so that the same people are not called upon to help at every gala. If you are interested please speak to Team Manager Norman Stephens at any training session. Stop watches and instruction will be provided.

### MIDLAND DISTRICT AGE GROUP CHAMPIONSHIPS – 4/5 & 11/12 JUNE 2005

Our qualifiers for this event, Cara Mawson, Danni Bourne & Rebekah Bullivant were up against very strong opposition in this prestigious event.

Danni had her best swims in BK 1.15.86 & FLY 1.16.84, Rebekah BK 1.17.23.

Our best effort however came in our 4 x 100 team, when Cara & Abbie Mawson, Danni and Rebecca Hobson placed 8<sup>th</sup> from 21 teams in the FS relay & 5<sup>th</sup> from 21 teams in the medley relay.

Next year the standard will be lower because of the geographical rearrangement of the A.S.A. districts.

### THE ICKLE PEOPLE JUNIOR MEET - 11 JUNE 2005

Many brilliant swims and some incredible PB's were achieved at this well organised card less meet. Thirteen swimmers gave their all, including Elliott Glenn who medalled in every event he entered achieving 7 PB's and 8 medals. Sam Middleton gold in the 50m FS, Nick West 3 PB's and 4 medals, Chris West a PB in the 50m BK, Alex McGee swam well to finish 5<sup>th</sup> in the 50m BK. Conner Wilkes made his debut at his first open meet and swam a great 50m FS achieving a 2 sec PB. Unfortunately on the 100m BK he stopped after the first 50 and was disqualified. Always make sure you know how many lengths you are swimming in your event. However he had a good 50m BR swim resulting in 10<sup>th</sup> place.

The girls also had some good swims Steffi Cameron 2 PB's, Rebecca Hobson 4 PB's and 7 medals, Vicky Wassell equalled her 50m BR PB and achieved 6 medals. Abbie Mawson 9 BP's and 10 medals, Eleanor Hare 2 PB's, Amy Middlemast 2 medals and Elizabeth Lycett 2 PB's.

We only had one hiccup in this card less meet where the timekeeper didn't realise two of our



swimmers were there ready to race and so they missed their event. The fact that one of our swimmers was wearing someone else's named hat added to the confusion of the timekeeper and didn't help matters. So always make sure you wear your own named hat and that at a card less meet you make sure the timekeeper is aware that you are there for your event. The organisers did eventually allow the swimmers to compete in later heats.

On a final note congratulations to Abbie Mawson for winning the Top Girl Trophy, Well done, and to all thirteen swimmers who contributed to winning the Top Club Trophy, Well done, lets get back next year to defend it.

### **NUNEATON JUNIOR LEAGUE 3<sup>rd</sup> ROUND, HALESOWEN – 25 JUNE 2005**

Boldmere 257, Camp Hill 173, Bromsgrove 159, Redditch 158, Orion 157, Chase 152

Considering that we had nine swimmers missing for this very important league gala, we could not have expected to do so well, even beating teams above us in the league table. The five points lifted Camp Hill comfortably into the top twelve clubs in the league.

Our 9yr girls did exceptionally well with Bethan Luckman's two successes FC 23.75 BK 29.04 both PB's as were Amber Coughlan's individuals BR 35.78 FLY 33.69. It was great to have Helena Pullen back with excellent relay swims, the best FC 25.88 and Emma Lees improved her BR 36.82.

Sam Ansara won the 9yr boys FC 26.21 while Christian Bromley swam two PB's FC 26.51 FLY 32.93, and Lewis Hedges reduced his PB to BR 33.09. Michael Bate did well in his first club gala FC 30.10 BK 35.71.

Amy Middleton produced PB's on BK 31.47 & 69.94 and returned, after Catherine Sullivan left early, yet again, for another PB on FLY 32.91. India Smith again reduced her FC 25.80 - 53.90 and Catherine Spittle also did very well FC 25.92.

Only Frazer Bales showed any improvement among our 10yr boys with PB's FC 23.19, BK 29.64, FLY 28.10 but our three 11yr boys were brilliant with nine PB's between them Max Ladbrooke FC 21.57 - 49.84, BK 58.43 & FLY 24.26 - 55.69, Elliott Glenn a smashing FC 22.51-49.68 and Ellis Hedges nearly won 12yr BR with a fantastic 28.08 – 60.79, they also produced our only relay wins in both freestyle and medley relays.

I did not expect miracles from our 11yr girls but they swam eight PB's between the three of them Sophie Spragg FC 24.02, BK 63.03, BR 31.45, Alice Plimmer FC 24.26 – 56.40 and Harriet Matthews FC 25.34, FLY 30.59 – 73.67.

Mark Demuth was our only 12yr boy and he had to swim off stroke to accommodate the 11yr team who swam up, but Mark responded magnificently with four PB's FC 21.56, BK 27.70 – 56.63, FLY 60.57.

Our 12yr girls only failed by a centimetre to win their two relays. Sophie Bales knocked another two seconds off her BR 64.79 and FC 23.60 while Victoria Stokes will get an individual swim next time after another PB FC 21.95.

Our team Captain Becky Bullivant beat the best yet again to make it six wins from six races in the league this year all in Personal Best times FC 43.38 & FLY 47.84. All of our swimmers will benefit from taking Becky as a roll model.

Becky again wins the Girls Achievement Shield and Ellis Hedges the Boys Achievement Cup.

We must look to reach the top six next year but we need to introduce some more swimmers, especially 8 & 9 year olds. Clare and Catherine Hill will be a great addition but you should all look to get your schoolmates who are reasonable swimmers to join.

NS

### **ELAINE SMITH MEMORIAL CUP GALA, HINCKLEY – 2 JULY 2005**

Camp Hill 189, Coalville 147, Leicester Neptune 134, Hinckley 110, Long Eaton 98

The quality of the opposition was not very good but the quality of our own swimming was very good indeed.

Jodie Le Resche FC 59.87 and Stuart Tierney FC 59.12 beat the minute for the first time, both swims were very special, Jodie because we do not see many 15yr girls under 60 and this was Stuart's 456<sup>th</sup> 100 FC swim and he never believed me that he could do it. Well done both of you, now lets aim at 58 secs.

Our 11yr swimmers were all 10 year olds, Becky Straw just keeps getting better and better with three winning PB's BK 42.19, FLY 42.30, FC 36.76 and India Smith improved her IM 1.35.06. Cameron Woodyatt IM 1.36.24 and Jake Bullivant BK 43.12 also made PB's.

Our 13yrs were in great form with Rebecca Hobson easily winning IM 1.17.57 and BR 1.27.36 as well as a magnificent second in the OPEN BR 1.26.26. Danni Bourne also won her



three races including a brilliant FC 1.03.64. For the boys Sam Middleton won FC 1.09.64, BK37.24 as well swimming up for 2<sup>nd</sup> 15yr BK 1.20.71. Mark Demuth won the IM 1.26.16 and improved his 50 BR 42.35. Our only 15yr boy Matt Woodyatt had great wins BR.1.15.60 & FC1.00.57 while Jodie Le Resche added two more clear wins FLY 1.08.76 & BK 1.10.31.

Jai Le Resche won the OPEN FLY 1.15.95 and the always reliable Ian Potter's three clear wins were IM 1.04.08, BR 1.12.03 & FLY 1.02.51. A great nights swimming.

NS

### **CITY OF DERBY 'B' GRADE MEET – 9 JULY 2005**

I specially produced a handout for all of our Junior Members asking them to swim in this very good 'B' grade meet which obviously excludes the top swimmers.

Not one junior swimmer represented the club!!! I can guarantee that not one of you enjoyed your day as much as I did at Derby; you missed the best opportunity of the season to swim PB's and win trophies.

Our two swimmers collected five trophies from their six swims. Kate Coe rose to the occasion to win open FLY 1.16.13, second IM 1.17.74 and third FC 1.11.42 while sister Ellie produced the swim of the meet to win 14yr IM 1.17.75 from lane 1 with a fantastic backstroke and was second FLY 1.17.13 for another big PB.

What a shame that all of you others missed out!

NS

### **HEREFORD MEET – 9 JULY 2005**

This was a very busy day for everyone, with most of our swimmers tackling as many as 6 events and others doing 9. It was suprising/amazing when I asked one swimmer in the afternoon the reason for failing to arrive for the morning session events, I was told "their mother did not want to get up early" – come on mommy!

Jodie Le Resche was 'Top Girl' in her age group with many good swims, including an outstanding FLY 1.06.05, all the more laudable as it was at the end of the day. Danni Bourne, FS 1.03.96 proved that her good swim on the previous Saturday was not a one-off, was 'Top Girl' in the 11/12's with Rebekah Bullivant in second place, FLY 33.67 & 1.16.16. There were good efforts from India Smith, Jake Bullivant, Sam Middleton, BK 1.18.52, Nike West, FS 1.16.17, improving with every race; Elliott Glenn, Lisa Coleman, but still

needing to be more consistent in her results. Our younger boys need to realise that the warm-up is an integral part of the competition, with few of them presenting themselves for the warm up or offering a previous excuse.

### **NORTHAMPTON MEET - 16/17 JULY 2005**

The Cameron sisters had a busy weekend at this event. Steffi swam several events with her best effort in the BR, 1.34.32, Stacey took medals in the 15yrs FLY, 32.57; BK 34.01; BR 1.24.80; IM 2.35.96 & BK 1.12.05. She also had SILVER in the Open F/S 29.27.

### **JUNIOR GALA PHOENIX YOUTH/CHESLYN HAY – 3 SEPT 2005**

Phoenix Youth 142, Perry Beeches 141, Camp Hill 121, Stourbridge 111, Phoenix Youth B 103

Despite missing ten first choice swimmers this gala highlighted a bright future for the club with our brilliant partnership with Bromsgrove School. My immense thanks to Sean and Gerry for this wonderful initiative and to everyone for their brilliant support.

Another star emerged, to follow Becky Straw and Bethan Luckman, in Jack Weston, who won 9yr BK 20.72 and improved on BR 25.54 and FC 19.14, and he is only seven. Eight year old Cameron Bales improved his FC 18.92 and Michael Bate impressed with 18.85 for his individual race. Tiny in stature but big in heart, 7yr Jeremy Turner made up the U9 team with 28.92 FLY and 22.64 FC.

Our 9yr girls also looked very good. Bethan Luckman won BK 21.00 and FC 16.86 and I was thrilled with the performance of Catherine Hill with three fantastic FS swims, the best 18.40 and little sister Clare Hill 19.62 FC and 22.14 FLY. Amber Coughlan also reduced her FC PB to 19.19. Becky Straw was at her very best to win 10yr BK 42.19 and FLY 17.86 and swam up for a clear win in 11yr FLY 41.20. Frazer Bales produced five PBs from eight swims, FC 16.81 & 36.63, 19.80 & 43.83 BK and 19.57 FLY.

Claudia Cardinali produced a big improvement on three strokes BK 19.34 & 40.68, FLY 19.48 and FC 16.53, while I was very impressed with the consistency of Sophie Luckman's FS swims, 17.47 and 38.18. Sophie Spragg showed a lot more sparkle to lower her best times to BR 22.64 & 49.69, BK 20.69 and FC 17.35.

Elliott Glenn's improvement over the holidays was highlighted by BR 20.87 & 45.63, FC 15.65, BK 21.01 and FLY 19.15 and in the 12yr age



group we had great FS improvement from Sophie Bales 16.42 & 36.39 and Edward Ackling 15.61 & 33.22.

When we get a full team out for galas we will be able to compete with any local clubs. Please note the gala dates and keep them free.

NS

### **JUNIOR GALA WALSALL – 10 SEPT 2005**

Newcastle 179 (15 firsts & 13 seconds), Camp Hill 179 (15 firsts & 12 seconds), Walsall 172, Orion 152, Biddalgh 81

We achieved our objective of beating Walsall who had finished above us in the league, despite losing points with two overage relays and three backstroke disqualifications.

The result was announced with Camp Hill on 176 points but a check of the recorders sheets revealed that due to an arithmetical error, we had 179 points. On counting first places both Newcastle and ourselves had fifteen but they had one more second place than we had!

Team captain Becky Bullivant had three wins BK 48.86, FLY 4.60 and FC 44.02 and with Katie Morrissey BK 25.26, Sophie Bales BR 29.08, Bex FLY 21.89 and Vicky Stokes FC 21.18 won U12 medley relay.

Our 11yr boys won their medley relay, Elliott Glenn BK 27.71, Ellis Hedges BR 27.65, Max Ladbroke FLY 23.92 and Aaron Brough FC 21.83. Ellis Hedges also produced the swim of the gala to win 11yr BR 59.98 and the boys easily won the freestyle relay as well.

Frazer Bales won 10yr boys FC 50.42 and Cameron Woodyatt the BR with a strong 64.86, and they combined with Jake Bullivant 24.68, Frazer 24.35, James Pietrafesa 25.95, Cameron 25.67 to win their freestyle relay.

Becky Straw achieved five PBs from six hectic swims and Claudia Cardinali three PBs both with 60 second backstroke swims.

Our 9yr olds were again in great form. Lewis Hedges won BR 32.26 and Christian Bromley FLY 31.92 and we also won 9yr boys medley relay Jack Weston BK 30.28, Lewis BR 32.48, Christian FLY 31.32 and James Pietrafesa FC 25.98. Bethan Luckman won 9yr FC 23.72 and our two 9yr girls relays won but we gained no points because we had an overage swimmer.

Catherine Hill swam a great FC 25.53 and FLY 31.86 while sister Clare produced FC 26.24, BR 38.10 and a brilliant FLY 30.39. Well done everyone for making this a great gala; swimmers, supporters and especially officials and helpers.

I am delighted with our continued improvement especially with the Bromsgrove School partnership, but I will always want to get better. Please invite your friends and other schoolmates along, however good they are. We certainly need more strength in depth in all age groups.

Looking to next year we already have some great potential for the new 9yr team. Clare Hill has already proven her ability and Emma Lloyd-Jones and Lily Watkins are showing potential. Jack Weston and Cameron Bales will stand out in next years 9yr team and we have some good 7yr swimmers as well. We need six girls and six boys so please invite them along before another club takes them on.

Keep swimming, keep winning!

NS

### **INTER-CLUB GALA – 17 SEPTEMBER 2005**

Camp Hill 254, Walsall 244, Rugby 183, Crusaders 162, Boldmere 146

This was a relatively easy win, but it enabled several of our team to show good form. FS 1.15.42 was a good effort by Edward Ackling on his first 100m race; Abbie Mawson 1.06.2, BR Laura Heeley showed that all is not lost with a 1.18.91. BK Abbie, a consistent 1.12.32, Luke Ladbroke 1.05.95. Then there was numerous good relay splits; Ian Potter 24.95, Sam Middleton 31.57, Laura 29.21. It was pleasing to see Gemma Hindson & Andrew Weedall in action again.

### **PBSSS JUNIOR MEET, WOLVERHAMPTON – 18 SEPTEMBER 2005**

As usual this was quite a dreary meet with little organisation and no atmosphere but we did have some outstanding swims.

Ellis Hedges steady recent improvement took a gigantic leap of five seconds, lowering his 100 BR to 1.30.32. Ellis retains the boys achievement cup for the third week running.

Frazer Bales was our top points scorer with 33 points and five places in the top three, the best IM, 1.34.56. Bex Bullivant also won five trophies to earn 30 points, her best swim FC 1.07.03. Our other competitors to win five trophies were Abbie Mawson, including 1st FLY 1.15.12 and BK 1.13.29, Vicky Wassell including winning IM 1.16.32, Cara Mawson, but well down on her possible times due to poor recent training, Ben Brough including a good FLY.

Swimmers with four trophies, Bethan Luckman with a very special FC 38.36, India Smith and



Aaron Brough. Becky Hobson took three trophies from three events, while double winners included Rebecca Straw who came up against the strongest age group but still produced some great times, Stephanie Cameron, Amy Middleton, Zac Brough and Sam Middleton.

Max Ladbroke, Jake Bullivant, Lewis Hedges and Sophie Bales claimed one trophy each to bring our total haul to 59. Although not collecting trophies I was again impressed by Sophie Luckman and although Connor Wilkes may not know it I am sure that we can make him into a very good swimmer indeed.

It was good to have so many swimmers at this meet. I would like to get ALL junior members to the Black Country Junior Meet, also at Wolverhampton on Sunday 6<sup>th</sup> November 2005. This is one of the very best meets of the season and entry is £3.00 with finials as well. Perhaps we can arrange some fireworks!!!

NS

### SWIM SHOP

Due to the closure of Camp Hill School pool we are currently unable to make the Swim Shop available at the usual swim sessions. However if you would like anything from the shop, please e-mail via the shop section on the Camp Hill website; [www.camphillswimming.org.uk](http://www.camphillswimming.org.uk) and we will try and get items to you either ourselves or through another club member.

Club Polo Shirts, Rugby Shirts, Named Hats, Kit Bags and Fleece, are ordered at regular times throughout the year. Please advise Pat or Sarah now so that you may be placed on the list for our next order.

### REGULAR STOCK

CLUB HATS – silicone

“CLUB” black costumes & trunks

Range of swimming goggles for junior & seniors  
Club Polo & Rugby Shirts, Fleece, Bags & Named Hats

Other costumes & accessories available from the “Allens of Kingsbury” brochure (see noticeboard).

### MEMBERS OFFICE

**“NEW MEMBERS ARE ALWAYS WELCOME”**

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

**Gerry Thain** 0121 444 2289 (Principal & Coach)

**Karen Coughlan** 07971 558930 (Club Secretary)

**Wendy Bullivant** 05511 436061 (Warwickshire & Midland Meets Secretary)

### Important Notice for all parents:

If your children are taking ANY medicines on a long-term regular basis, please get a “Medication Form” from either Ann Baker or Wendy Bullivant who are required to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.

### FUTURE NEWSLETTERS

Future editions of the newsletter will be available on the CHESC website [www.camphillswimming.org.uk](http://www.camphillswimming.org.uk) and will also be e-mailed to club members (please notify the club if your e-mail address has been changed)