



CAMP HILL EDWARDIANS SWIMMING CLUB

NEWSLETTER

Issue 150

JUNE 2006

STILL GOING STRONG

Masters swimmer David Woodhall, now lecturing at Harvard University, is a Cambridge University Graduate and he competes in the U.S.A for a team of ex Cambridge students who are resident over there. Recently they took the team prize at the New England Masters an event involving over 700 swimmers.

ANNE IS ON FORM

A quick visit to Wycombe, for a long-course Masters meet saw Anne Bourne collect 2 gold medals with another set of good splits. 5.31 (2.46.0, 2.45.0). Kate Chase also picked up a gold, 2 silver and a bronze.

WELL DONE VICKI!

Vicki Wassell produced a pleasing set of results at the Nuneaton Distance Meet following her hard work in training. IM 2.38.5, FLY 1.13.08 & 2.38.03, FS 2.21.40.

BROMSGROVE LIASON OFFICER

Suzie Lloyd Jones (mother of Emma & Harry) has kindly agreed to be the representative within the club for all the Bromsgrove swimmers. She will be able to answer your questions or find out the answers for you. Suzie will have didi squad lists for forth coming galas and will be ringing around to "rally the troupes" when necessary. Please give her your support and help when requested within this role.

KC

POOLSIDE HELPERS

Are you bored with watching the same races week in week out? Do you want to support your child in more ways than just watching? Why not take a turn every so often as a poolside helper. The didi squad is in need of parents to take a turn at helping out with time keeping and chaperones. It would be wonderful to have enough volunteers to draw up a rota giving those who do the job often the occasional break! If you are interested please see Karen or Wendy for the relevant forms to get you started.

KC

JUNIORS MAKE EUROPEAN WATER POLO HISTORY

Mike Bourne was part of Britain's young water polo talent who made history by winning a European qualification tournament for the first time while ensuring the squad will be in the hat for this summer's Junior Championships in Romania. The British team of 14 failed to drop a point as they won all five of their qualifying matches to top Group A on 10 points ahead of Poland on eight who also qualify. The following weekend Mike captained Grantham College to the English Schools U19 water polo championships beating Bolton 9-5 in the final.

DB

DATE FOR THE DIARY

CHRISTMAS PARTY SAT 23rd DEC 2006 at Shirley Centre, Stratford Road, Shirley. Tickets will be on Sale from 1st Sept.

OPEN MEET ENTRIES

When entering open meets please ensure you're ASA reg number is included on the form along with your details.

BG

SOME GOOD LONG COURSE PERFORMANCES

At the Midland Age Group Championships

Elliott Glenn, BR 1.29.88, 6th, 200 FS 2.32.83. Rebekah Bullivant, FLY 1.11.84, 3rd.

At the G.B. Masters, Manchester

Anne Bourne, 200FS 2.35.32 Gold, 400FS 5.27.00 Gold, 50BK Silver.

Suzanne Linton, 200FS 2.28.00 Silver, 100FS 1.04.60 Silver, 50FS 29.35 Silver

Kate Chase, 50FS 32.31 Bronze

WARWICKSHIRE CHAMPIONSHIPS MARCH 2006

Our overall results were not up to the standard that we need, however, it was pleasing that a good number of our younger members competed, although not all of them made the starting point.

Good Swims

FS Jodie Le Resche 27.49 – 1st, 1.00.88 – 2nd, Rebecca Straw 34.76 – 3rd, Edward Ackling 32.78 & 1.10.24, Elliott Glenn 2.35.55 & 1.10.53 – 3rd, Rebekah Bullivant 30.87, 2.24.28 – 1st, Abbie Mawson 2.27.29 – 3rd.

FLY Jodie 28.77 – 1st & 1.10.54 – 3rd, Stacey Cameron 31.84 – 3rd, Jamie Le Resche 31.95, Rebecca Straw 40.75, Vicki Wassell 2.44.55, Rebekah 33.28 & 1.15.01 – 1st.

BK Jodie 32.62 – 3rd, Rebekah 34.57 – 1st, Abbie 33.94 – 1st, 1.13.59 – 1st, 2.35.18 – 1st, Rebecca Straw 41.75 – 3rd

Relay Teams; Women 4 x 100 FS- Bronze - Danni Bourne, Gemma Hindson, Stacey Cameron, Jodie Le Resche. Medley – Bronze - Abbie, Stacey, Jodie, Danni.

Girls 16/U FS Relay - Gold Jodie, Danni, Abbie, Stacey. Girls 16/U Medley Relay – Silver Jodie, Danni, Abbie, Stacey.

Boys 16/U FS Relay – Bronze Matthew Woodyatt, Richard Baker, David Romp & Nick West.

Top 12 yr girl – Rebekah Bullivant

Q. What is the point of listing all these times?

A. So that you can see the standard you should be aiming at to do well for yourself & for your club.



GUERNSEY MASTERS MEET 24/26 MARCH 2006

I accompanied Kate Chase, Hayley Bettinson & Anne Bourne to this Meet where they collected several medals over a number of events. Hayleys best swim took Silver in the 50 FLY 33.08. Kate gained Silver in the 200 FS and Anne won the 400 FS recording 42 secs on 7 of the 8 50s. Our team decided not to participate in the sea swim on the last afternoon, preferring to observe it, but I was full of admiration at the efficient way in which they changed a wheel of the car following a burst tyre in less than 30 minutes – another personal best!

SPLASH & DASH MEET

This was a successful meet for our junior swimmers, finishing as Top Club (£100.00) and Abbie Mawson as Top Girl with sister Cara 3rd. Above all it gave a good opportunity for swimmers to show their current form.

Good Swims

FS Elliott Glenn 2.33.46 & 1.10.79, Beth Edwards 1.20.58, Phillip May 36.67, Edward Ackling 32.02, Abbie 1.05.48 & 2.24.53, Amy Middleton 36.12, Amy Gordon 37.74

IM Abbie 2.40.99, Elliott 2.58.11

FLY Abbie 33.86, Cara 34.14, Christian Bromley 1.48.97, Philip 46.68, Max Ladbrooke 37.81

BR Elliott 1.30.52 & 41.25, Abbie 1.30.91, Christian 50.54

BK Amy 41.45

Good swims also and lots of medals for the Brough brothers.

JUNIOR LEAGUE ROUND I – 8 APRIL 2006

Boldmere 244, Phoenix Youth 227, Braunstone 156, Camp Hill 152, Evesham 134, Redditch 109

We could reasonably have hoped for a third place, but it was not to be, suffering 4 disqualifications and being without representation in 3 races. Added to that the unavailability of a number of swimmers left us with only 10 girls to cover their 25 events. Nevertheless, the team undaunted by the 33/3rdm course swam well. Our 9yr boy's team showed great promise with Jack Weston our swimmer of the meet, comfortably winning two races. Samantha Evans and Beth Turner our two 9yr girls did so well & we must try to get 2 more girls for the relays in the next round.

There were excellent swims by Bethan Luckman, Ellis Hedges, Rebecca Straw, Jack, Phillip May & our 12yr boys medley team Max Ladbrooke, Ellis, Kieran Rickards & Elliott Glenn.

CITY OF BIRMINGHAM MEET – 14/17 APRIL 2006

Our representatives took advantage of the variety of events to record a number of good times. Elliott Glenn excelled himself; FS 1.08.48 - 1st and 2.33.06, BR 1.27.55 & 3.17.21, Kieran Rickards had good swims BR 1.40.28 & FLY 1.30.05 and Ewan Martin collected

another CLUB RECORD BR 1.04.65. Rebekah Bullivant kept busy with numerous PB's including FLY 1.11.72 & 2.38.66, FS 29.82 & 2.21.56, Danni Bourne yet to improve on her FS & FLY revealed considerable ability on BK 1.11.39 & 2.38.57 while Abbie Mawson just missed the BK final, 1.10.4, but lowered her 200 time to 2.31.70.

RUGBY MEET – 22/23 APRIL 2006

Generally speaking, our performance at this meet was rather lack lustre – well below our usual standard. There was however a few encouraging swims Elliott Glenn FLY 37.40, Edward Ackling 39.12, Kieran Rickards 1.29.97, BR Sarah Thornton 1.28.28. FS Matthew Woodyatt 2.13.32, Rebecca Hobson 30.33, Elliott 5.23.67 (2.40.0/2.43.0) FLY Sarah 33.98, Danni Bourne 32.68

INTER-CLUB GALA – 29 APRIL 2006

Phoenix A 292, Camp Hill 247, Phoenix B 202

This was a worthwhile event, enabling several of our younger swimmers to swim in competition for the first time.

Good swims; FS Clair Hill 36.36, Jack Weston 21.20, Elliott Glenn 32.36. BR Samantha Evans 25.61, Christian Bromley 48.80. BK Max Ladbrooke 37.76, Jake Bullivant 42.76. FLY Max 36.67, Kieran Rickards 39.64, Ellena Kerr 21.70, Phillip May 20.01.

MIDLAND YOUTH CHAMPIONSHIPS - 29 APRIL/1 MAY 2006

Abbie Mawson had a mixed weekend as she moved up to a higher level of completion. A poor turn let her down in the 100 BK, and she won her 200 heat too easily. Her split at 100 was the 8th fastest, only for her to slip to 12th overall. Her FS 30.57 was respectable, as was Rebecca Hobson's 30.94 & Steffi Cameron's 31.55

MIDLAND MASTERS CHAMPIONSHIPS – 5/6/7 MAY 2006

This was another re-union weekend at Leamington for 30 club members ages ranging from 19 to 68 and including a rejuvenated 48yr old Steve Eggleton raring to go after an eighteen year lay-off. As usual we targeted the relays collecting medals in 13 races and featuring our first 'family' team in the mixed relay, Nicola, Leanne, Tim and John Sheasby, with the last named recording a 24.92 FS. Suzanne Linton was our most successful swimmer taking 4 gold's. Hayley Bettinson, only able to attend one day made her mark winning the FS 1.02.87 & FLY 30.57. Jo Minion won the BR and Anne Bourne, delightful in her new costume, took 2 gold's as did Gemma Hindson, FLY 1.09.51

CITY OF COVENTRY OPEN MEET – 6/7 MAY 2006

This was an excellent last minute opportunity for swimmers to attend a Level 1 Long Course local meet,



to achieve or improve on their Midland Qualifying times. Swimmers from all over England, Wales & Jersey, attended the meet. It was very well organised, and swimmers had great fun at lunchtime showing off their dance routines!! Unfortunately only two swimmers represented Camp Hill.

Elliott Glenn started the meet for Camp Hill with a PB on the 100 FS 1.11.04; Rebekah Bullivant was next with 1.07.05. Bex had to wait for the next event before achieving her PB (6 secs) on 200 BK 1.17.63 picking up bronze, then another PB 200 FS 2.24.06. Bex then won the 100 FLY by 2 seconds, 1.13.16. E T to his great delight beat his friend from a neighbouring club in the 200 BR 3.21.01, & 200 FS 2.33.38. This ended a very hot day by the pool.

Sunday morning and E T again opens the days swimming. In the 400 FS he is so far ahead of his competitors that he decides to stop at the 300 split. Luckily he just rested instead of walking, thus not getting disqualified. E T then decides to continue his race (when they had caught up!!) & wins his heat, with a PB 5.27.86. Fantastic... on the edge of your pool swimming.

If that wasn't enough excitement E T goes onto win the 100 BR & yet another PB 1.31.10. Bex decided the next event was hers 200 FLY and won her age group by 3 secs in a PB time of 2.41.18. With an amazing first split of 34.58, we look forward to the day when all four splits are thus!!! She puts her FLY to her advantage in the 200 IM (34.10) but unfortunately she can't feel her arms during the rest of the IM & it proves to be a disappointing swim. Always wanting to finish on a high, she enters 100BK ranked last in her heat (4th overall) races home to win the heat PB 1.15.95 & picks up silver.

A great weekend & I look forward to hopefully, seeing more representation from Camp Hill next year.

WB

WALSALL TROPHY GALA – 6 MAY 2006

Phoenix 183, Walsall 168, Camp Hill 152, Orion 145, Bilston 102

A flying start saw us leading until race 12, in this hard fought competitive gala, before eventually finishing 3rd. Samantha Evans started the ball rolling with a win, BR 34.90, followed by consecutive wins in both the 11U girls and boys medley relays. Unfortunately this hard work was swiftly lost in both the 9yr boys' relays, where we only had 3 9yr olds available and had to declare an overage swimmer and record no points, what a difference a full team would make! Max Ladbroke was a clear winner in the 12yr BK 53.77 and followed that up with a 2nd place in the FLY 55.90. Lewis Hedges 1.06.16 and Cameron Woodyatt 1.05.45 posted excellent wins in the 10yr and 11yr BR and Kieran Rickards produced one of his best ever swims for the club to win the 11yr FLY 55.77, by some distance over 10 seconds clear of his nearest rival! Jack Weston was the star man for the 9yr boys winning both the BK 30.17 and FS 25.09. The 10yr boys

produced a great win in the Medley relay and Elliott Glenn continued his winning ways in the 12yr FS 44.64 and then helped the Medley team to a win, which cemented 3rd place in the gala.

MW

JUNIOR LEAGUE ROUND II – 13 MAY 2006

Worcester 229, Hinckley 192, Braunstone 176, Orion & Bromsgrove 169 Camp Hill 114

With up to eleven 'regulars' unavailable this was always going to be a bad result for us. However everyone gave of their best and no one could have criticized for lack of effort. Our best swims; Kieran Rickards FLY 39.80, Jack Weston FS 17.50, Phillip May FLY 20.09, but why does he have to breathe every stroke over 25m? Cameron Woodyatt BR 45.43

NO FRILLS MEET SHEFFIELD – 27/28 MAY 2006

This meet was full of good swimmers from a variety of countries stretching as far as Iran. Scotland brought a strong team of 12/13yr olds with them & Rebekah Bullivant rose to the challenge winning the 50 FS with a Long Course PB of 30.17. A bronze & another PB was collected for 100 FS, with a time of 1.06.20. She picked up silver in 100 FLY with a 2sec L/C PB of 1.11.91, this was a great swim, and Bex realised, it really is a benefit to try & smash the wall when finishing!! Bex worked hard with her mind & body for the 200 FLY & flew home with a 3 sec PB of 2.38.54, beating her S/C time. This was a great meet, very well organised & friendly. A variety of fruit & drinks were brought round constantly for all swimmers & coaches. We caught the train, which meant a very easy journey (only 1hr 20mins) from New St. & less than 10min walk to the pool, quicker than a car!! I hope we are able to have more representation from Camp Hill next year.

WB

I swam this meet without you being poolside, but every swim I had I thought about what you tell me at training & yes I DO remember & yes it DOES work, so thank you Mr Thain.

RB

INTER-CLUB, BRIDGNORTH – 10 JUNE 2006

Bilston 122, Camp Hill 121, Northgate 120, Whitchurch 119

As shown by the scores this was an exciting gala in the 4 lane Northgate pool. We had begun the week with a very 'thin' team, but people rallied round and we eventually collected 14 girls (5 9U's!) & 13 boys. We had a number of PB's, especially over 50 FS. Claudia Cardinali 36.06, Beth Edwards 34.94. Sophie Luckman 35.29. Amy Middleton 36.61. Ricky Shervington, in a rare outing, swam a good BR 52.72 & Alex McGee is approaching his old form.



JUNIOR LEAGUE ROUND III – 17 JUNE 2006

Coventry 272, Chase 194, Halesowen 191, Camp Hill 159, Redditch 122, Wolverhampton 113

‘The Great Escape!’

This was to be a critical competition with several of the selected team unavailable, with us resting in 7th place from the league bottom & 4 clubs to be relegated – we had to achieve 4th place in the round.

Thanks to all of our team we did it – special thanks to Amy Middleton who returned from the Schools Championships at Sheffield to take part in 6 races and to Michael Bate who interrupted his sojourn at a Cub camp to race 3 times, also to Emma Lloyd-Jones, just recovering from a fractured arm, who undertook 3 relays at short notice. Everyone of our eleven girls & fourteen boys battled hard with outstanding swims from Elliott Glenn, BR56.36, Jack Weston FS 24.11, BK 29.81, Cameron Woodyatt, BR 1.02.77, Catherine Hill FS 53.30 – Catherine & sister Clare swam 13 races between them – Christian Bromley, BR 1.07.32. It was good to see Alex McGee tackling 3 good relay swims with determination. Final League placing 17/24

WOODCOCK STREET, 1902.

Are we working our way back to these costumes?!



SWIM SHOP

Due to the closure of Camp Hill School pool we are currently unable to make the Swim Shop available at the usual swim sessions. However if you would like anything from the shop, please e-mail via the shop section on the Camp Hill website; www.camphillswimming.org.uk and we will try and get items to you either ourselves or through another club member.

Club Polo Shirts, Rugby Shirts, Named Hats, Kit Bags and Fleece, are ordered at regular times throughout the year. Please advise Pat or Sarah now so that you may be placed on the list for our next order.

REGULAR STOCK

CLUB HATS – silicone

“CLUB” black costumes & trunks

Range of swimming goggles for junior & seniors

Club Polo & Rugby Shirts, Fleece, Bags & Named Hats

Other costumes & accessories available from the “Allens of Kingsbury” brochure (see notice board).

MEMBERS OFFICE

“NEW MEMBERS ARE ALWAYS WELCOME”

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

Gerry Thain 0121 444 2289 (Principal & Coach)

Karen Coughlan 07971 558930 (Club Secretary)

Wendy Bullivant 0121 449 9503 (Warwickshire & Midland Meets Secretary)

Important Notice for all parents:

If your children are taking ANY medicines on a long-term regular basis, please get a “Medication Form” from either Ann Baker or Wendy Bullivant who are required to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.

FUTURE NEWSLETTERS

Future editions of the newsletter will be available on the CHESC website www.camphillswimming.org.uk and will also be e-mailed to club members (please notify the club if your e-mail address has been changed)