



CAMP HILL EDWARDIANS SWIMMING CLUB

NEWSLETTER

Issue 163

MARCH 2010

THANK YOU

To Alison Watkins for maintaining the tradition of the Club Christmas party and providing a most enjoyable occasion for everyone. Can we have more of our older members there next time, even if they eventually disappear to more sophisticated gatherings! My personal thanks to club members for all your gifts and cards.

FGT

WELL DONE

To Lucy Ridge, now a member of the Talent Development Synchronised Swim Squad.

CONGRATULAIONS

To masters swimmer Nick Green, on his appointment to the illustrious position of Chairman of the Bar Council. He has been a Q.C. for several years and has worked on more than a hundred sports related cases.

CAMP HILL EDWARDIANS WEBSITE UPDATE

Leading the way in 2010 for taking on new and exciting roles within the club is Steve Eggleton. Steve is our sparkly-new website manager, in charge of keeping our website updated with news, events and the occasional piece of gossip! Please make all his effort worthwhile by visiting regularly, to find out vital information about training times, pool venues, competitions and membership.

We will also be uploading the Junior Rankings (including all trial and recorded times) for you to look at, remember and improve upon, as soon as trials have been completed.

If Facebook and Twitter are your thing, we also have groups set up on these under Camp Hill Edwardians Swimming Club and CampHillESC respectively (you should be 13 years or older to use Facebook).

DIARY DATES FOR JUNIOR SWIMMERS

Nuneaton & District Junior League dates for 2010

17th April

8th May

26th June

Please make sure these dates are kept free so when you are asked to swim for YOUR club you will be available. Camp Hill is a competitive swimming club you will be expected to be available if selected. Team sheets on the notice board must be read and acknowledged with a cross or tick not just left blank.

WEST MIDLANDS LEAGUE ROUND III AYLESBURY A TEAM - 12 DECEMBER 2009

Arnold 173, Witney 172, Shrewsbury 144, Aylesbury 129, Camp Hill 113

As feared our weakness in certain age groups resulted in the expected fifth place. We will have two teams in the 3rd Division in the new season. No criticism of the swimmers however, who all tried hard. There were encouraging swims by our 13u Medley Teams with

both placing second. Our Open Girls Medley team won, as did breaststrokes Eleanor Kerr and Fabian Evans. Jodie Le Resche had an easy win in the Fly, and we took 2nd place in the girls 13u BK, the Open BK and, the Open BR by Andrew Weedall.

WEST MIDLANDS LEAGUE ROUND III LEAMINGTON B TEAM - 12 DECEMBER 2009

Orion 205, Fox Hollies 180, City Of Coventry C 180, Bicester Blue Fins 179, Camp Hill Edwardians B 102.

A well-run meet by our dedicated volunteers. A huge thank-you to Pat and Damian Tierney who came out of parental retirement to help organise the door, raffle, running and numerous other jobs. Also, massive thanks to Mr Roberts, who stepped in as announcer at the very last minute, and did a fantastic job. To Sue Thornton, thank-you is not enough for all the work you did at the gala, let alone all the 'phoning around beforehand – you get a well-earned break!

Another wonderful meet; unfortunately we continued with a further last place overall; despite outstanding swims from many of our team. Vikki Wassall 1st place (100 Fly) and 2nd (200 IM), 1st Sarah Thornton (100 BR), Millie Dixey (first individual event 50 BK), James Nicholson (100 BK for lovely turns), 4th Ben Fowles (100 BK with too much left at the end), Katie Stokes (100 FS excellent kicking), Pete Haw (100 BR superb underwater stroke), and the ever-dominant ladies open relay team – yet another clean sweep!

Special mention for the boys 13 years team – James Nicholson, Habeeb Taj, Marco Cardente and Ben Fowles – who not only swam all of their own age group, but showed immense effort and determination swimming up in the 15 years category.

Heather and Pete ☺

Team sheets will now be posted on the board at the pool, and on the website (via Twitter!). We will NO LONGER be calling people for events. If you want your children to swim at meets, you MUST check these regularly.

SHREWSBURY MASTERS MEET – 9 JANUARY 2010

Seven intrepid swimmers from Camp Hill undertook the icy journey to the years first Masters Meet. Nicola & James Bainbridge, Steve Eggleton, Anne Bourne, Karen Coughlan, Paul Millington & local lad Bernard Wills. James, in 5th place, had our highest place in the individual rankings. Steve swam an excellent BK, but could not maintain the same standard in his FS turns. Bernard won 4 events in the 60yrs plus group, and it was good to witness Nicola approaching her old form after a long lay-off. Our Men were convincing winners in both their two relays and Karen is improving with every swim.



**STOURBRIDGE CRYSTAL OPEN MEET
WOLVERHAMPTON – 10 JANUARY 2010**

The first junior open meet of the 2010 saw a very disappointing entry from Camp Hill, just one swimmer! Cameron Woodyatt produced some rather 'ring rusty' times that probably reflected the recent lack of training due to 'snow cancellations' and not the slow Black Country water he blamed! All 5 swims produced times well below normal although the final swim of the day 100 BR 1.21.73 resulted in a 2nd place trophy.

MAW

**BRIERLY HILL OPEN MEET
WOLVERHAMPTON – 23/24 JANUARY 2010**

A swift return to the Black Country once again saw Cameron Woodyatt as Camp Hills sole swimmer once again for this weekend event. Best swims producing PB's, 100 FS 1.02.89 and 200 IM 2.35.85. Funny how the Black Country H2O seemed to have speeded up with more frequent training!

MAW

**WOMBOURNE MILLENNIUM GALA – 23
JANUARY 2010**

Bromsgrove 256, Wombourne 238, Broadway 151, Warley Wasps 137, Camp Hill 132, Wolverhampton 120

Well done and thank you to all the swimmers who turned out for this gala, a nice warmer for the fast approaching Junior League.

Good swims from Georgia Dunne in her first gala for the club; Felix and Clemency Abbot-Black swam beautifully. First place for Sam in her breaststroke and could have been 1st in the backstroke but for a nice glide finish!!! Aled Luckman 1st Place – 9yrs freestyle, Marco Cardente – 2nd – 12/u breaststroke, Jake Hendon 3rd 11/u Fly, Bethan Turner 2nd 12/u FS and Habeeb Taj 3rd 12/u FS – (a tumble turn might have secured him a 2nd place!). Also a well deserved 4th place in the Cannon.

AW

PERI SPRINTS RUGBY – 14 FEBRUARY 2010

Thanks to Sue Thornton's drive in organising our entries we had a reasonable attendance at this popular 50m Sprint Meet at Rugby. Our team of 12 really did well with 23 PB's out of 38 races. Amber Coughlan was our most successful competitor with 5 good PB's in her 5 events. Our 3 female BR entries Sarah Thornton, Samantha Evans and Eleanor Kerr each gained Silver medals, Michael Bate produced some aggressive swims, Daisy Cutts a good FLY 43.26, Cameron Woodyatt 4 PB's and Mason Coughlan and Hannah Watkins gained valuable experience. A good effort, but I can think of at least another 10 of our youngsters who should have entered – Leamington had a team of 40!

FGT

**STAFFORDSHIRE MASTERS MEET
WOLVERHAMPTON – 21 FEBRUARY 2010**

11 swimmers from Camp Hill Edwardians braved the snow and turned up to compete in this February meet at the Central Baths, Wolverhampton. On arrival we were all informed that the new FINA costume regulations would be enforced. It was hard luck for those that hadn't come prepared and if you listened carefully enough you could hear the sound of scissors hard at work. Sadly razors weren't provided for that last minute depilation. It was worth the trip, however, with the swimmers medalling with 29 Gold, 9 Silver and 7 Bronze. The female team comprised Nicola Bainbridge (4G), Karen Burton (2G, 1S, 2B), Jane Stalker (5G, 2S), Sarah Thornton (4G), Victoria Wassell (3G, 1S) and Alison Watkins (2G, 1S, 2B), the men's, James Bainbridge (5G, 2S), Trevor Clarke (4G), Steve Eggleton (2G), Alex Mears (1G, 2B) and Paul Millington (2G, 3S, 1B). The Edwardians were in high spirits and turned in some good times. In the 200+ medley relay the men came 1st. Sadly this wasn't repeated in the F/S relay because there weren't enough swimmers to field a team. Fortunately the women's 120+ team managed both relays and romped home with two 1st places. People say, "there is no growth in comfort" and Paul Millington was extremely uncomfortable as he watched the IM event he was in, start without him, despite verbal assistance from fellow team members (mainly Jane 'the voice' Stalker), attempting to raise his awareness to the fact he wasn't on the starting block! Photographers were on call to provide some amazing action shots of the meet which several swimmers purchased as mementoes of the day. Finally, Gerry Thain's plan to get Paul Millington to compete in at least 1 Masters competition in 2010 seems to be working. He's now completed 2!

PM

**ISLE OF WIGHT MASTERS MEET – 21
FEBRUARY 2010**



On the same weekend Anne Bourne, Jeff Beech, Gerry Bishop and I attended the Isle of Wight Masters at Sandown. Our team returned with 9 medals, Gerry being our swimmer of the meet and it was good to see Jeff in action again after a 2 year lay off for health reasons. It was an enjoyable social weekend

MEMBERS OFFICE

"NEW MEMBERS ARE ALWAYS WELCOME"

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

Gerry Thain 0121 444 2289 (Principal & Coach)

Karen Coughlan 07971 558930 –
kblccoughlan@googlemail.com (Club Secretary & Memberships Liaison Officer)



Nigel Greenwood 07811 332393 –
nigel.greenwood@hotmail.co.uk (Water Polo Coach)

Important Notice for all parents:

If your children are taking ANY medicines on a long-term regular basis, please get a “Medication Form” to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.