



CAMP HILL EDWARDIANS SWIMMING CLUB

NEWSLETTER

Issue 164

JUNE 2010

NOTICE FOR POOLSIDE SPECTATORS

We have been asked by the school caretaker to remind poolside spectators that outdoor shoes should **not** be worn poolside.

JUNIOR LEAGUE NEXT ROUND 26 JUNE 2010

All junior swimmers please keep this date free in your diary, we have done so well in the two previous rounds we need a full turnout for the last round to carry on the excellent results the junior team are achieving this year both as a team and with some very good individual swims. **Look out for team sheet on the notice board**

SOLIHULL TROPHY GALA – 27 FEBRUARY 2010

Solihull Gold 308, Halesowen 286, Bilston 218, Walsall 180, Perry Beeches 174, Solihull Black 140, Camp Hill 114

This was a busy gala with some strong competition but was good experience for all especially those first timers. It was a bit of a disappointing result but again everyone had a lot of swims with many swimming up an age. Starts, turns and takeovers are definitely improving – only 1 DQ this time. Excellent 9yrs FS Mia McGuire 16.11 and Jay Merchant 23.88, Alice Collier BK 39.82, Jack Simpson FS 38.62. Thank you also to Mike and Tracey Evans for helping me out.
Alison

WARWICKSHIRE COUNTY CHAMPIONSHIPS – 6/13/20 MARCH 2010

As usual these Championships attracted a considerable number of entries with over 100 swimmers in several events. Our small entry improved on the last 2 years with several PB's. Cameron Woodyatt was our only finalist, finishing 5th in the 200 IM, one of several good efforts. Our most improved swims came from Fabian Evans in his first serious competition, 200 BR 3.07.6 with negative splits (94 + 93) & 100 FR 1.08.36. Good efforts by Charlotte Bailey, Jake Hendon & Daisy Cutts (5th) on BR; Lily Watkins FS 1.13.30 Stuart Tierney IM 2.29.4, Sam Evans with an improved start now needs to pace her races better having two much left in the 200.

VE MASTERS MEET – PLAN – LES QUATES GENEVA SWITZERLAND – 20 MARCH 2010

Craig Norrey, his partner Fatima Lindo & Steve Eggleton were unbeaten in this Meet, but they enjoyed the Alpine scenery around Chamonise & the drinks. Craig 400 IM 5.30.80 50 BK 28.35. Steve IM 5.56.29, 400 FS 5.09.20, Fatima BR 42.05, FLY 34.22

SOLIHULL GALA TUDOR GRANGE -27 MARCH 2010

Kingsbury 158, Solihull A 156, Camp Hill 102, Solihull B 70

This was an enjoyable match and a good opportunity for the 'bleeding' of some of our younger members.

The Tierney's, Jane 'Talker' Stalker & Cameron Woodyatt gained valuable points & there was excellent efforts from Daisy Cutts, BR 44.08 & Bethan Luckman FLY 1.16.22.

GLOUCESTER MASTERS MEET – 10 APRIL 2010

We had a good turnout for this one, Alison Watkins, James & Nicky Bainbridge, Gerry Bishop, Bernard Wills, Jane Stalker, Karen Burton & Darren Dyke, tackling 30 races between them. 'Man of the Match' was definitely Darren who announced his return to competition with a fine 57.15 100 FS, Bernard produced a 50 FS PB of 33.15 while Nicki in top form swam BR 1.20.58 FLY 1.13.06 & 200 FS 2.31.64. Karen showed the result of hard training with several PB's IM 1.13.67, FS 32.09, FLY 1.23.37 and Jane tackled a variety of races, BR 37.25 & 1.21.37 & FS & IM. Altogether this was a good day but it was somewhat marred by the deafening volume of the announcing system & the number of unnecessary announcements.

FIRST ROUND JUNIOR LEAGUE LEAMINGTON – 17 APRIL 2010

Hereford 250 Pershore 235 Camp Hill 171 Stourbridge B 127 Boldmere C 121 Enderby B 87

What an excellent start to the Junior League. Everyone showed great team spirit and it was nice to have the Official comment on how well behaved our swimmers were as we were sat behind the starter. Well done all! Thank you to Niamph O'Neil and Mia O'Mally for stepping in at the last moment to make up the 9 and 10 year girls' teams – gaining some valuable points and to Niamph Bird who swam beautifully in her first gala for the Club. Well-done Charlotte 1st place in her breaststroke 45.5. Patrick Norman 2nd place 10 yrs back 58.8, Alice 1st place FS 35.34. Heather, Jane and Pete continue to do a grand job – so thank you to them. It was also nice to see Mr Thain at this round too.

Alison

MIDLAND MASTERS CHAMPIONSHIPS – LEAMINGTON – 23/25 APRIL 2010

Although we did not quite reach the heights of the previous year this was a most successful weekend. Top Female; Lucy Lloyd-Roach 5 Golds, Top Male Craig Norrey 7 Golds.

There were outstanding swims by Stephen Tomlinson (BK), Claire Thorn 200, 400 FS, Darren Dyke (FS). Steve Eggleton with several silvers culminating in a Gold to beat his rival from Everton in the final event. Excellent BR by Nikki, Jane, Jo, Sarah & Rebecca. Good FLY & FS from Bernard Wills & the usual clutch of medals for Anne Bourne.

Points for the 400 IM, Male 9 Female 8. Yet again our thanks to Kate for her excellent team managing & selection. [PLEASE ANSWER HER EMAILS.](#)



Team Bernard Wills, Gerry Bishop, Steve Eggleton, Craig Norrey, Alan Cooper, Paul Tainty, Paul Millington, Lido Badawy, Nick Manassiev, James Bainbridge, Stephen Tomlinson, Stuart Tierney, Peter Haw, Darren Dyke. Jenny Ball, Alison, Anne Bourne, Kate Chase, Karen Burton, Nikki Bainbridge, Sarah Thornton, Fatima Lindo, Lucy Lloyd- Roach, Claire Thorn, Jo Seymour, Jane Stalker, Heather Tierney, Rebecca Varney.

WELSH CAPITAL MASTERS MEET CARDIFF – 7 MAY 2010

There are two excellent opportunities for masters to swim long course. One is at Swansea towards the end of February and the other is at Cardiff in the state of the art swimming complex at the Cardiff International Sports Village. It was good preparation for Karen Coughlan, Nikki Bainbridge and Anne Bourne who are all competing in the British Masters later in June. For Karen, it was a new experience in the larger pool and recorded good swims throughout the day. Nikki swam a PB in the 100 FLY and Anne recorded best times this year.

Results; Anne 55-59 age group 400 FS Gold 5.26.61
200m FS Silver 2.38.26 (by 0.8 sec.). Karen 35-39 age group 100 FLY 1.28.62, 100 FS 1.13.34, 50 FLY Silver 38.24. Nikki 35-39 age group 100 FLY Silver 1.14.82, 50 BR Gold 37.23, 100BR Silver 1.27.52.

SECOND ROUND JUNIOR LEAGUE PINGLES - 8 MAY 2010

Blythe Barracudas 260 Newport 246 Camp Hill 151 Enderby B 128 Haden Hill B 122 Wednesbury 105

What another great round of the Junior League, 3rd place again! Alison and Jane would like to thank all of the swimmers who competed, a true credit to the Club. Every swimmer gave 110% in **all** of their races and fought in those final 5m to get the points. There were many great swims, especially the 9 year old boys and girls who not only had to swim their own relays and individuals they also had to swim up an age group, it did seem at certain stages through the programme that they were swimming continuously! The older girls just wished they could have had more swims!!! Great swims from EVERYONE. A huge thank you must also go out to the parents of the children who have not only supported the team but also the coaches when they make huge fools of themselves - nice sprint round the poolside for the Cannon Jane! - A great night had by all, and looking forward to trying to beat 3rd place in the last round (**26th June – keep it free please**)
Alison and Jane

COVENTRY OPEN MEET LEVEL 1 – 8/9 MAY 2010

Cameron Woodyatt flew the Camp Hill flag at this meet, which attracted swimmers from all around the UK. A very average opening 100 FS 1.04.38 proved to be a warm up for a stunning 50m FLY 30.88 knocking almost 1.5 seconds off his previous long course PB and

nearly 0.5 off his short course time for an overall 7th place in the Mens Open category. Many thanks here to Heather and Jane for their hard work improving his stroke, how fortunate Camp Hill swimmers are to have the chance to improve their technique simply by spending some time with enthusiastic, qualified coaches, see it works! Sunday followed a very similar pattern, two very average swims in the 100 BR and 50 FS were followed by a long course PB of 37.27 in the 50m BR and a third place Trophy in the Open Age Category, a hard earned reward at a good level competition.

MAW

MEMBERS OFFICE

“NEW MEMBERS ARE ALWAYS WELCOME”

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

Gerry Thain 0121 444 2289 (Principal & Coach)

Karen Coughlan 07971 558930 –
kblccoughlan@googlemail.com (Club Secretary & Memberships Liaison Officer)

Nigel Greenwood 07811 332393 –
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Important Notice for all parents:

If your children are taking ANY medicines on a long-term regular basis, please get a “Medication Form” to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.