



GUERNSEY MEET

I accompanied Kate Chase & Anne Bourne for another visit to sunny Guernsey. They had several good swims & Anne received a prize as 'Swimmer of the Meet'.

GLOUCESTER MASTERS MEET – 23 APRIL 2011

As usual we had a god turn out for this Meet. Peter Haw, Heather & Stuart Tierney, Kate Chase, Anne Bourne, Jojo Neff, Jane Stalker, Andrew Small & Nick Manassiev.

The Meet was not without incident, Jojo failing to get to the start for his first ever event and then Kate missing her race because of the ensuing discussion.

Medals were plentiful with notable efforts by Jane BR 37.44. Andrew BK 1.10.53 & FLY 30.11, Stuart 200 FS 2.05.34. Peter, having prepared carefully, led all the way in the 400 but rather let himself down as a Maths teacher by swimming 2 extra lengths, or was it a lap of honour?!

CITY OF BIRMINGHAM MEET – 22/25 APRIL 2011

We had some good swims from a limited number of entries.

Eleanor Kerr BR 1.24.97, Hannah Watkins FS 1.31.35 older sister Lily 400 FS 5.28.50 a good 3rd Place in her age group. Cameron Woodyatt PB's IM 1.11.52, FS 1.00.89.

LEAMINGTON MASTERS MEET – 8/10 MAY 2011

This was another successful championships for our representatives who collected 67 individual medals and medals in 14 of the relays.

As usual, Craig Norrey was our star performer with a European record of 28.62 for his age group in the 50 BK and a British Record for the 100 BK, 1.08.12. Andrew Small, Lucy Lloyd-Roach, Darren Dyke all won several medals as did Kate Chase and Anne Bourne who matched her usual even paced FS swims in the 200 BK, 1.29.88/1.30.24. Sarah Thornton showed that she can do well with regular training.



Four 50 year old Masters swimmers and an older Coach!

GREAT BRITAIN MASTERS CHAMPIONSHIPS – LEEDS 17/19 JUNE 2011

This was an enjoyable & successful weekend at the new 50m Leeds pool. Our team's highlight was winning the 4 x 200m mixed relay in the 200yr+ age group in a new British long course record for the age group.

Three of the team, Kate Chase, Anne Bourne and Steve Eggleton had been in our team that took the short course record at the Midland Masters Championships and they were joined at Leeds by Roland Lee, a member of the GB team for several years. They won by 20 secs and were faster than the winners of the younger 160yr+ race.

In the individual events Anne took GOLD in the 1500m, 400m & 200m FS & SILVER in the 100m FS. Jane Stalker won the 100m BR in the 25/29yr age group & took SILVER in the 200m BR and Kate Chase took BRONZE in the 50/54yr 50m BR.

Lucy Lloyd-Roach, representing her local club Trafford Metro, took medals in several events including the 100FLY 1.05.58 & Claire Thorn's, captain of the GB Police team, medals included GOLD in the 40/44yr 100m BR.

BARNETT MASTERS MEET – 17th JULY 2011

Anne Bourne & Jane Stalker rounded off their season's competition with a visit to Barnett. Anne's swims in the morning session were fairly average, but she showed good form in her afternoon races picking up medals.

Jane, for once concentrating on FS, produced a good 200 & 400 and an excellent 100 in 65+secs, close to her personal best to win the event.

ROUND 1 JUNIOR LEAGUE - CHESLYN HAY 9th APRIL 2011

Cheadle 223 Worcester 146 Newport 130 Stourbridge 119 Camp Hill 100

Well we started by meeting our long-term goal from last year... we achieved 100 points!! Unfortunately we suffered with numbers of swimmers, especially being unable to turn out a full 9 year old girl's team (therefore having to pull out of the relay, resulting in losing points!), having no 11-year-old girls and only half a 10-year-old boys team.

The gala started with an excellent swim from new swimmer Megan Isaac, 3rd in the 10 years 50m FC (40.24). Daisy Cutts put in a great fight for her 2nd place in the 12 years 50m BF (37.99) and had an easy win on the 12 years 50m BR (42.74). Clement Evans stormed the 12 years 50m BR with a 1st (41.00). There were some fantastic swims in the relays, in particular the 10-year-old girls team (who also swum as the 11 year old girls team) who always put in 100% effort, Hannah Watkins, Gabby Dickson (who swum as a 9, 10 and 11 year old!!), Pru Dixey and Megan Isaac. Jay Merchant had a fantastic first leg on the 9-year-old boys relay touching in 1st place and both Jay Merchant



and Tom Kenchington had amazing swims on the boys 8-12 relay, holding 1st place between them. Best take-over of the night goes to Aled Luckman, over-taking other teams mid-air, but swim of the meet goes to Emma Winkworth anchoring the girl's 12 year old medley team and bringing them from 5th to 3rd (missing 2nd by a finger nail!!), definitely shouted myself hoarse!

Well done to all! Heather, Pete and Jane ☺

ROUND 11 JUNIOR LEAGUE TAMWORTH – 14th MAY 2011

Welshpool Sharks 193, Warley Wasps 137, Tamworth 167, Camp Hill 129, Boldmere 'C' 106

Both Jane and myself thoroughly enjoyed this gala, with many occasions of jumping up and down on the spot cheering loudly. Apart from a row with the referee at the end (by myself, oops!!), our club were by far the best behaved and respectful (to which I think we should have been given extra points!), always quiet for the start of races and ready to swim. Unfortunately our 9-year-old girls team were yet again short on swimmers, but Georgia Dunn stepped in to swim as an over age swimmer (meaning we do not get any points but can give our other swimmers relay practice) and did a fantastic job.

There were some fantastic swims by Jamie Evans 1st in the 10 years BR (52.56), Ben Speirs swimming up in the 11/U BR (2nd 50.44), the 10/U boys FS relay team storming to a 1st place (Mason Coughlan, Jamie Evans, Felix Minion and Ben Speirs), Jay Merchant 2nd 9 years BF (25.81), and Gabby Dickson 2nd 9 years FS (19.85). A special mention to Daisy Cutts who sped her way to two 1st places; 12/U BR (41.28) and BF (37.56). We only had 1 DSQ in the meet, which is a fantastic improvement on last year, well done to all of you who have been working hard on your take-overs, turns and strokes. Heather, Pete and Jane ☺

ROUND 111 JUNIOR LEAGUE WORCESTER – 26th JUNE 2011

Welshpool Sharks, Newport, The Court, Camp Hill, Broadway

Another fantastic event, well done to all swimmers, thoroughly enjoyable. Again we had no 9-year-old girls team (there are enough swimmers in this age category to put out two teams!!) and this round, we also had no 9 year old boys team, therefore missed out on points, but we again surpassed our target of 100 points ☺

Ben Speirs had an awesome first race 2nd in the boys 10 year FS (40.16), followed by Alex Hayes setting the standard for the 12 year old girls team with a 2nd in the 50m BS (41.91) and Jaime Evans placing 2nd in the 10 years 50m BR (52.39). Felix Minion showed off his new found diving prowess anchoring the 11 yrs boys FS relay and diving from last into 3rd place! The girls 10 yr relay team showed us what they have been working on and came 1st in their medley relay. Daisy Cutts followed Alex's standard setting with two 1st

places for the 50m BR (always turn with two hands!!) (42.22) and FLY (37.56) and Emma Winkworth finished it with a very strong 2nd place on the 50m FS (34.87). In their relays they came 1st for their FS relay and 2nd in their medley relay, excellent swimming, showing how hard training really pays off!

As it is the last round of the Junior League we award a "Top Boy" and "Top Girl" from Camp Hill. This is awarded to the swimmer who, not only has performed consistently, but also has worked really hard in training, is committed, and has a positive and competitive attitude. This year Top Boy went to James Speirs and Top Girl went to Alex Hayes. Well done to both, you are both excellent role models to our younger swimmers. Heather, Pete and Jane ☺



MEMBERS OFFICE

"NEW MEMBERS ARE ALWAYS WELCOME"

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

Gerry Thain 0121 444 2289 (Principal & Coach)

Karen Coughlan 07971 558930 –
kblccoughlan@googlemail.com (Club Secretary & Memberships Liaison Officer)

Nigel Greenwood 07811 332393 –
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Important Notice for all parents:

If your children are taking ANY medicines on a long-term regular basis, please get a "Medication Form" to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.