Editorial

As another memorable year in the history of the Club draws to a close may I thank all those people who have so willingly(?) contributed to the Newsletter - I hope your enthusiasm won't waver in 1979!

A Happy Christmas and another successful New Year to you all.

Club Items

Mr. Sharp. We were all very pleased to hear that Mr. Sharp is Making a good recovery following his operation, and look forward to his being with us in the New Year.

Mr.Niblett.For the past six years Mr.Niblett has been in charge of the early session on Tuesdays, and many members have benefitted from his coaching and encouragement.Unfortunately, he is now unable to continue on that evening, and I would like to express our thanks to him for all his work for the Club, and to say how pleased I am that he is continuing to run the Friday session at Moseley Road.

Congratulations

1.To Joanne Seymour & Hayley Bettinson on their selection for the Esso National Youth Squad.

2.To our team in the WML Final which gave Coventry such a fright by holding the lead until 4 events from the end of the Gala. The WML is host for the National Final at Coventry in September so we qualify as the 2nd. representative - well done!

Some New Year Resolutions for Camp Hill swimmers.

1.To attend training PUNCTUALLY.

2.To work on ALL strokes.

3. To LISTEN to instructions.

4.To swim INTO the wall.

5. To KEEP GOING when the GOING GETS HARD.

6.To train POSITIVELY.

F.C.T.

Match Reports.

21/10/78 Stockport Meet.
Well done Boys' 10/U F/S Team(Johnathan Robinson, Matthew Dolman, Simon Butler and Edward Hall) 1.30.2: 2nd to Leeds Central(1.29.6); Debbie Fielding Bronze in the 10/U F/S and the Boys' 8/U F/S team(Andrew Halton, Kingsley Walker, Christopher Rushden and John Walker) placed 3rd.

14/10/78.

C/Hill 204; Banbury 203; Newbury 186; Northampton 168; Aylesbury 135.

FGT got it right again although this time by the smallest of margins, just one point. By swimming out of age and stroke, and by attempting to give everyone at least two swims, it made this a very interesting gala.

After 30 out of the 45 events we were heading for an easy win, 15 points clear of Banbury and 24 ahead of Newbury. The next ten events saw Banbury collect seven firsts and we found ourselves entering the last 5 exents 4 points down. Despite that superb effort by Banbury we salvaged the gala in those 1 tst 5 events and ran out winners by one point. Good swims were recorded by R. Radford 84.9 BK; P. Jones 66.6 F/S; C. Stevens : 45.1 BR; J. King 42.6 Fly & M. Maybury 78.4 BR.

M.F.C.

14/10/78 Diddy Gala-Warley.
Walsall 256; C/Hill 210; Warley 198; Brierley Hill 149: Burntwood 186; Crawley 63.

15/10/78 Wednesbury Meet.
This was rather a long afternoon's swimming(4½ hours), but the rewards were generous.1st place trophies were won by David Beavan BR 70.6; Joanne Swift 12/U Fly 76.7(& 2nd. in F/S 68.5); 2nd.places by Paul Ford BR 82.6; Joanne Seymour BR 81.6; Glen Moreton Fly 63.0(I believe all of these now own cameras); and a 3rd by Susan More 13/14 Fly 73.6. Attractive finalists pennants were also won by Julia Moore BK 79.5; Paul Woodall and Carol Brown BR 83.0. Good swims also by Melanie Hayward BR 82.2 and David Swift F/S 62.9.

F.G.T.

21/10/78.WML Round 2.

C/Hill 'A' 217; Junction 10 194; Notts. Leander 162; Leics. Penguins 137; Halesowen 134; Soundwell 114.

A good all round team performance with some lively swims by the U/12's and many good relay splits.

Wolverhampton 214; Wellingborough 172; Coalville 171; C/Hill 'B' 158, Orion 'B' 137; Rugby 123.

With some swimmers unavailable and with our 10 yr. teams at Stockport we were below strength, and this, allied to a disqualification which cost us 6 valuable points, lost us what might have well been 2nd place. There were still several good swims including: Steven Egleton IM 92.9; Robert Johnson BR 56.6; Peter Smith BK 52.7; Dean Ward Fly 26.6; Johan Swift Fly 75.6, and it isn't every club that has a husband and wife swimming the Senior Fly races!

F.G.T.

27/28 October ESSA Championships Eastbourne.

There were some good performances by our representatives in the Div 6 Team. Results: Girls....Alyson Gibbons, Fly 74.1; Liz Richards BR 85.1; Laura Barrett BK 71.5(3rd & Club Record); Susan Moore F/S 66.6; Joanne Seymour BR 80.3(2nd). The last 3 named made up three-quarters of the Medley Team which took 2nd. place.

Boys....Stephen Sweni Relays 37.2; Paul Woodall F/S 58.7; Glenn Moreton Fly 62.7; Chris Tainty BK 62.9 (2nd Club Record).

Next year the Championships are at the Isle of Man with, hopefully, air travel. The B'ham Trials will probably be on the first Friday of the September term, and the Divisional Gala to select the team is on the third Saturday, in that month.

F.G.T.

10,11,12/11/78 German Visit.

Friday: FGT, Dave Beavan, Glenn Moreton, Katie Long and I leap on the coach at 2.30 p.m. ready to go and collect our visitors from Gatwick. Fog. Best to check the airport. No landings yet. Send the coach away and spend the afternoon at Katie Long's, eating and drinking the Walpoles dry. (Many thanks to the Walpoles for putting up with us!) Checking forecasts, more fog. At 9pm the final verdict - no landings today. We disperse despondently to our homes.

Saturday: Phone calls begin again early and continue frantically. Heard anything? No. Forecast? Fog. Finally, at 1.30 p.m. FCT "They are landing late afternoon. Coach leaves at 2 pm. "Wash, change and drive at RAC rally speeds, courtesy of Mrs. Walpole, to the pool. They touch down at Gatwick at 6.15, we arrive at 6.30. There follows 4 hours of broken English and fractured German, and an introduction to the 'delights' of motorway catering. Arrive at school at 10.30 pm to see 6th Form block walls resonating in time with the disco music. A wonderful spread of food. Did anyone say there was a bread strike?

Greetings, introductions, dancing, laughter. At midnight some idiot suggests a swim. Within minutes the pool is resounding to the sounds of splashing and laughing. Eventually tiredness wins, we are allocated our guests and disperse.

Sunday : Get up quite early, to the smell of bacon and eggs. Wake up guest who is sleeping soundly. At breakfast the dictionary becomes red-hot as I try out my net-to-fluent German. Then it's take the dog for a walk, and relate a bit of local history. Home. Just enough time for a round trip of Birmingham - shops, Rotunda, Law Courts, Universities, High Schools, Pebble Mill etc. in about 45 minutes with one eye open for radar traps. Then it's swimming kits ready, and zoom off to Coventry, via the NEC and the centre of England monument at Meriden. A short gala, resulting in the usual battle between Camp Hill and Coventry, with SSK Horde in a vain though brave struggle to catch up. The scores were approximately - but who cares ? ! Then off to Coventry Cathedral where we somehow managed to lose our guest. A short search and he was rediscovered. A high speed dash to Stratford with Lynn Deeley hanging on to our tail lights. A cup of tea and some cake in Stratford, and a quick walk round Shake speare's Birthplace, then searching for postcards and stamps. We walked round a corner to be confronted with wait for it - The Rhineland Gallery ! Then on to the river and the theatre, It was beginning to rain and was now pitch black. Back on the Stratford Road in a torrential downpour - so far fog, sunshine and rain - something to eat and back to the school pool. The relay gala that followed was a repeat performance of the afternoon, only without Coventry. After presentations, speeches, and throwing in a German coach, we distributed ourselves amongst various homes for various parties. Bed in the early, or rather, not so early hours of Monday morning.

Monday: Cars gradually rolled up in the Red Lion car park. After much handshaking and fond farewells, the coach pulled away with them all standing up waving frantically.

Our Impressions.... Their friendliness, excellent English, and their

sportsmanship.

Their Impressions.... The number of parks, the number of trees, and the 'nice' small houses.

Friendships were made, renewed and strengthened in this thoroughly enjoyable weekend. But, more time, next time, PLEASE :

W.L.

11/11/78. Ladies League Annual Junior Gala.

C/Hill 85, Brierley Hill 52, Stourbridge 48, Wolverhampton 46, Boldmere 35,
Westminster 34, Dudley 30, Oldbury 20, Tudor & Bloxwich 10.

During the wweekend of our German visitors we were also committed to the Ladies League Annual Junior Gala and a County Match at Leicester, so the swimmers chosen for this Jubilee Gala were selected from those not committed to either of the other events. We finalised in every event except for one unfortunate disqualification and once again one is left to wonder at some Judges interpretation of the Back Stroke rules. Under 12 and under 14 Relays both won convincingly. Our girls chosen to swim the under 16(with the average age of 12) came 3rd. Notable swims by Debbie Fielding 21.5 F/S and Catherine Dawes 25.4 Fly, Debbie Allen 43.3 F/S, Jo Swift 50.3 Fly and Karen Gurney 54.6 BR.

Needless to say the Trophy remains at Camp Hill.

N.E.R.

12/11/78.Midlands Biathalon Championships.
Well done U/18 team - Andrew Davies, Andrew Coaton and Graham Brookhouse for achieving 2nd place in this competition over 3,000 metres run and
300 m swim. Also to Graham for taking the Individual Championship.

19/11/78 Cadbury's Dairy Mikk Competition.
Coventry 20517, Nova Centurion 18470, Leicester 18275, Orion 16403,
C/Hill 16188.

Gala points were awarded on a comparative times/strokes table and our position would have been better but for two disqualifications each of which cost us over 500 points! Good performances by Chris Tainty 200 BK 2.16.5,100 BK 63.0; David Beavan 70.0 & 2.33.3; Alyson Gibbons Bk 73.0 & 2.35.0; Joannes Seymour 78.2 & 2.54.8; Glenn Moreton Fly 62.2.

There were 34 entries in Britain, we finished 20th our two disqualifications dropping us 5 places.

F.G.T.

19/11/78 Burmah Trophy.

1st.City of Manchester 2nd.Leeds Central 3rd.Barnet 177 4th.Leicester 166 5th.C/Hill 164 6th.Darlington 160 7= Modernians & Bobcats 102.

48 swimmers and 40 supporters set out for Leeds in two coaches on Sunday 19th November to challenge for the Burmah Trophy.

It was interesting to see the Manchester Squad on the Bath side for 10 minutes doing loosening exercises under the eagle-eye of their ample coach. We were at the time retrieving some of our younger swimmers from the deep water in the diving pit. (See para. on warm-ups by FGT).

However, having got things under control our swimmers did perform with credit, remembering that most of our stars were at the Cadbury meet. We did not have a single win and with a points system of 12 for a win and 7 for a second and so on it was creditable to be third at the half-way mark.

Our youngsters were unlucky not to score 12 points. The 11 year old girls were second by less than one second and in the boys Medley by 0.4, the girls only by 0.9. In any of these three events we could easily have scored 12 points if our take-overs had been a little sharper.

Some notable splits recorded were - Girls F/S Pippa Evans 36.4, Debbie Allen 30.5, Georgina Brown 31.3, Jo Swift 31, Sally Watley 30.9; Fly - Jo Swift 35.3, Georgina Brown 34.4, Karen Gurney 32.1.

Boys F/S Peter Smith 31.9, Paul Rogers 25.9, Steve Egleton 57.4, John Hatton 32.6; Fly- David Swift 31.6; Breast-Eddie Hall 44.1, Robert Johnson 40.6. Our final placing of 5th only 2 points behind Leicester wasedisappointing but not uncreditable.

'Warm-ups' - young swimmers please note.

This is vital so as toget the body and the mind ready for one's race(s), and to get used to the conditions at the pool. You often travel for two hours or longer to a gala and you need to loosen up. Our serious swimmers realise this, but some of the youngsters treat warm-up as play-time. It is stupid to train several times a week and then not to take the advantage of the warm-up before the competition for which you have been training. Harm-up sessions are often very crowded, but even if you can't practise starts or turns you should do some steady swimming, some legs, and a few sprints. You should experiment with warm-ups to find which one suits YOU the best. Remember that some swimmers can produce a really fast swim halfway through a hard training session and will therefore need a long warm-up.

F.G.T.

24/11/78/ Annual Disco & Buffet-Punch Bowl, Lapworth.

A splendid turnout of Camp Hill members and friends ensured everybody a successful and lively evening's entertainment. Terry Allen can be well satisfied that his hard work in organising this function over the past few weeks was all worth while. We should thank him for volunteering (in traditional army-cum-Camp Hill fashion) his services in this capacity.

The floor show, provided by the Woodall, Moreton, Davies dancers, will be remembered for a long time. Their ability to keep moving for hours on end must surely earmark them for a few 1500m sprints around the country!

During the night the opportunity was taken to present our world record breaking water polo squad with certificates and ties in recognition of their outstanding achievement. Mr. Thain, on behalf of the club, received a framed certificate.

It was good to see members representing all sections of the club present at the same time, for obvious reasons this situation rarely happens.

Last but certainly not least, let me thank on behalf of the club those members who so generously provided prizes for the raffle. It was a first class response by the people concerned.

Tickets for next year should be harder to get than 'National Golds!'

25/11/78 Diddy Gala.

Junction 10 130, C/Hill 87, Stourbridge 78, Shrewsbury 62

Our 4 x 400 yards medley team, Chris Tainty, Joanne Seymour, Glenn Moreton and Laura Barrett took 2nd place to Junction 10(19m05.8 to 19 09.2). The 64 length race was quite exciting and our team certainly earned their paper knives.

F.G.T.

Inter Club.

C/Hill 328, Leics K.F. 236, Warley 225, Walsall 216, Kettering 160, Burton 159

Water Polo-Wilson Trophy Tournament U/16 Team.

Our boys beat Royston 7-1, Hamilton 3-1, Cheltenham 3-2 and Plant Hill 8-5 to take the trophy. Well done: Ian Crackle, Mark Whitworth, Paul Kelly, Derek Allen, Gary Tonks, Michael Floyd, Paul Woodall, Paul Jones, Stephen Wilkes, John Austin and Andrew Swe 21 - and Coach Norman Whitworth.

Congratulations to Richard Sheasby, selected for GB Senior Training, and to Mark Varney nominated for a GB Junior Trial.

26/11/78 Walsall Open Age Group Meet.

What might have been an enjoyable day was marred by the morning session running so far behind schedule that the afternoon session became an evening affair. The swimmers and supporters should be commended for their patience (they certainly neede it) during this marathon.

A squad of eleven girls and three boys represented the club and the following swimmers reached the finals against quality opposition... Debbie Fielding 2L F/S 47.5 Silver, Georgina Brown 100m Fly 81.8, Georgina Brown 100m Br 90.1 Bronze, John Hatton 100m F/S 71.7, Paul Ford 100m 83.4 Silver, Joanne Swift 100m F/S 68.3.

Congratulations to Joanne on beating you-know- who I know this made the long wait worth while.

J.C.H.

2/12/78.West Midland League Final-Walsall. Coventry 194, Camp Hill 192, Junction 10 163, COSACCS 149, Radford 148, Orion 120.

On this wet and cold Saturday night at Walsall the swimming turned out to be fast and exciting which helped to make this a memorable League Final. A first or second place would ensure us a place in the National League Cup Final which is to be held at Coventry in September '79.

It was unfortunate that FGS was unable to be on the pool deck to see us push Big C to their very limit. I know he would have been delighted with the way you all swam. We completely dominated the breaststroke events throughout the evening never finishing out of the first two. I think this is where the club is very fortunate in having two very fine breaststokers in Joanne Seymour and David Beavan. Their swimming must be a great inspiration to the younger swimmers.

None more so than Susan Denny(BR 25.8 & Fly 22.2) - possibly the best performance of the night. Another young breaststroke swimmer making her 'A' team debut was Melanie Hayward. A fine swim-winning time 81.6-welcome to the club Melanie! It was a pity that the finishing judges were not in the balcony for the finish of the Boys 11/U Fly for every one there placed John Hatton 4th but for some reason the two judges made him 6th and so another two points were lost. The Men's 6x2 were again successful showing a clean pair of heels to the rest of the field 3.41.9. However it could be faster!

This will make five consecutive League finals for the club. Congratulations to FCT...FGS...and all swimmers.

Well Fred by the time you read this report we all hope you are well on the way to a complete recovery and getting yourself in shape, ready to lead the team to victory in the East Midlands League.

J.D.

2/12/78 West Midland Round 3 - Wednesbury.

C/Hill B 204, Lichfield 179, Coalville 170, L'boro 150, West Brom 138, Leics 119

The 'B' Team finished the WML in a blaze of glory at Wednesbury. Beating all the opposition by a clear 25 points and getting 204 league points.

Notable swims by Ruth Taylor in the BR, Steve Fielding in the BS, Phillipa Evans in the F/S, David Swift in the Fly, Julie Moore and Graham Brockhouse in the BK, Catherine Dawes and Sharon Bush in Fly individuals and Liz Richards who did two consecutive BR swims with good repeats. The relays were all swum with determination and safety in the take-overs under the eagle-eye of the judges but there were no disqualifications and the evening was rounded off by an involuntary, fully clad, birthday swim by the Team Manager!

3/12/78 Milton Keynes Senior Meet.
Well done Laura Barrett, winner of the 100m BK, 71+.

7/12/78 John Sadler Trophy.
Our 'A' team, Peter Smith, Susan Denny, John Hatton and Johan Swift fought hard to retain the trophy, but had to be content with 2nd place medals after a most exciting finish in which Junction 10 held us off by four tenths of a second - hard luck, but well swum!

F.G.T.

COMPETITION IN 1979.

This newsletter includes next year's fixture list, and I hope that you will study it, and that 'A' team swimmers will realise that there are several attractive events for which they could qualify.

January. Derby Meet - a new event - 27 entered.

Cardiff Meet - well established and highly competitive,

Fri-Sun at the Sports Centre - 15 entered.

February. Midland Short Course - Peterborough 25m. Havering Meet - possible Club group.

March. National Short Course - Scarborough 25m.

April WARWICKSHIRE CHAMPIONSHIPS

May Milton Keynes - I hope we can enter a big age-group

team again.

June Welsh Long Course - Club group.
Midland Champs/Age Groups.

July Darmitadt International Meet - possibly a team of up to 16 swimmers taking part - expensive for both club

and individual, but worthwhile - it can't rain like

that again.

National Championships, Coventry.

August. National Age-Group - & week at Leeds.

October Possible return visit to Dortmund generally with a

different group from that going to Darmitadt.

ESSA Championships, Isle of Man. We have 6-10 swimmers

capable of making this trip.

Then it will be time to start planning for next year!

F.G.T.

9 10/12/ 3/H 175; Triple S 146; Court 125; Turntwood 90.

Good swims by : Paul Kelly, FLY. 72.8; Sharon Dush, Fly. 79.7, Giles Foster, DK. 56.9; Faul Jones, F/S. 66.6.

10/12/78 Liverpool Open Winter Meet

For the Club's last gala in 1978 we travelled to Speke (a delightful suburb of Liverpool?) to take part in the relays in the last of the Liverpool Meets. We entered teams in all sixteen events, and were involved in 14 finals. Our final tally of 3 firsts, four seconds, & one third place was bettered only by Nova Centurion .Well done 14/15 girls who achieved 2 creditable 4th places, and our 12/13 girls I team, who showed our strength in that age group by narrowly missing both finals by one place, finals which were won by the A team.

First place trophy & pennants:

11/U Girls Med. Rebecca Cross, Susan Dennt, Georgina Frown, Debbie Fielding ***
12/13 " ".Joanne Seymour, Melanie Hayward, Johan Swift, Karen Gurney.
12/13 Girls F/S. Debbie Allen, Joanne Seymour, Johan Swift, Karen Gurney.

Second place pennants

Men's F/S AND Medley. Adrian Griffiths, David Jeavan, Chris Tainty, Glenn Moreton. 11/U Poys Med. Gary Chipstone, Jonathan Mason, Simon Mason, John Hatton. 11/U Girls F/S. Team as in Medley. (Georgina Frown 18.7 last leg).

Third place pennants.

14/15 Doys F/S. Derek Allen, Mark Maybury, Richard Humphries, Paul Woodall A bra ve swin by Mark after almost breaking his finger in the heat.

*** Competition Record Time.