

TEMPUS FUGIT 1

It's six months since the last Newsletter, so this one, of necessity is somewhat curtailed. I have left out reports of several club matches including that at Rotherham where we 'struggled', and at Rochdale - at least, I thought it was till I found we were the only club there with another 15 miles to go - my mistake. Still we won't forget our swimmers fighting against the tide from the inflow pipe. This period has been one of marked progress with a number of members doing great things, and this newsletter will tend to dwell on that. Success has come to those who have worked for it, and I hope this will encourage others to work as hard and to show the same positive mental approach in training AND IN COMPETITION. You will all remember that chap with the broken arm doing sessions of up to 3,000m legs only, and those of us who were at Blackpool will recall with delight his winning of a National Age Group title.

National Squad Selections 1982 - Congratulations.....

Jo Seymour - Yorkshire Bank Squad.  
Paul Ford and Lido Badawy - Esso National Youth Squad.  
Heidi Perry - Welsh Senior Squad.  
Jo Swift - Welsh Junior Squad.

Congratulations and best wishes to Martin Edwards married on 22nd August at San Marino, California. George and Hilda managed to get there despite the Air Traffic Controllers' strike.

Good luck to Trevor Clark now working for his firm in Germany - who is going to take over his mantle as the fastest 25m man on Tuesday evenings, and as our medallist at various Master Age Group Contests ?

Best Wishes also to Nick Green who is now in the Law Faculty at Southampton University, after his post-graduate year in Toronto. Micky swam a few times at training sessions recently and showed that he has lost none of his excellent technique and can still produce a very useful sprint.

We all enjoyed that 21st birthday party at Bromsgrove - my isn't everyone getting old !! Many thanks to Chris and his parents and how delightful to see Fred Sharp there thoroughly enjoying himself.

Well done Graham Brookhouse, National Triathlon Champion and good luck at St. Paul's College, Cheltenham where he and Judith Robson start this month - I can see that they will be asking us for a fixture soon. Robert Leach has passed his Finals - there was never any doubt about that - and has started his hospital work. Paul Tainty is now a qualified teacher and hopes to compete with the club again this year - the 'two Andrews' should be doing more training together when A.B. starts at B'ham University next month. Steve Eggleton has had a very bad bout of that swimmers enemy glandular fever, but I am told he is now recovered and should be back in B'ham soon. We also appear to be very well represented in the Police Force now - Paul Rogers, Andrew Curtis, David Swift, Trevor Ward and last but not least Katie Long. Best Wishes also to Susan Denny and her parents now resident in New Hampshire, U.S.A.

Supporters.

Many thanks to the supporters who came to Cardiff and Crystal Palace - it was much appreciated.

MATCH REPORTS.12/4/81 Lads and Lassies Gala - Soundwell

Men. Soton 128 C/Hill 108, Gloucester 88, Soundwell 73, J 10 70, Totnes 58.  
Women. C/Hill 128, Soton 107, Glos. 101, J 10 70, Soundwell 64, Totnes 54.

Warks. Champs.

The summary shows another good year - they are always exciting as the first real indicator of what swimmers are likely to do in the new season. Very pleasing to take first place in All the team events.

12th/14th June - Welsh Long Course.

Heidi Perry 1st 100 BK 69.15; 2nd 200 BK 2.27.61. Jo Swift Jun. F/S-Champion 62.29; 2nd junior in 200, 2.16.15.

Heidi's swim got her a week's holiday (?) in Chiasso, where she competed in the Annual International Meet and in an International match setting a P.B. of 2.25.7 in the 50m pool. Jo narrowly missed selection for that event but I am pleased to place on record that she has been selected for the Welsh Youth Squad again.

National Short Course Championships, Barnet 1st/4th April.

Following our excellent Midlands Short Course I was looking for good swims here, but our small contingent in the main put up average performances with the exception of Jo Seymour whose fine swim in the 100m Br., placing 2nd in 73.05, earned her selection for the G.B. Senior Team. Jo also placed 4th in the 200 BR and was 10th in the 200 I.M. Her swim in the first match against West Germany and Holland earned her selection for the remaining matches v. USSR in Kiev and v. Italy in Blackpool. Jo also was the only English girl winner in the Eight Nations Youth Contest in Sweden, and won her event in the Schools' International. An exhausting programme when you add on club events etc. but more was to come and did at Leeds in August.

Meets.

Many medals and the overall trophies were won at the Dudley, Warley and Ormsley Meets - in the last one we took 13 out of the 19 team races.

Midland District Championships 27th/28th June; 4th/5th July.

1st places: Kingsley Walker Fly 77.85; Andrew Small BK 62.62; Jo Seymour BR(2) 77.73 & 77.19, 200 BR 2.47.42; 400 F/S 4.41.53.

2nd places: Lido Badawy Fly 61.57 (a considerable improvement on his previous best), BK 65.70 (the one that should not have got away); Paul Ford F/S 57.33 (very good, but again too much left at the finish.)  
Lisa Capewell 200 I.M. 2.39.33; Andrew Beavan BK 62.95, 200 BK 2.15.49; Men's Medley Team 4.15.03 - Andy B., David Beavan, Glenn Moreton, Andrew Small.

3rd places: Paul Ford BK 65.98; I.M. 2.22.27; Lisa Capewell Fly 72.07.

This was our best District Championships for some years, with a good number of finalists.

Optrex National Long Course Championships 6th/9th August.Thursday 6th

The morning session had Jo Seymour and Andrew Beavan in the 200m BR and BK respectively, Jo qualifying for the Grand Final and Andrew doing a pleasing time of 2.15.07, qualifying for the consolation final. Andrew was disappointed in his final not to better his heat time and finished in 8th place in 2.16.43. Jo feeling much the same with her final time of 2.45.67 when she achieved 4th place.

Friday 7th.

Jo swam again today in the 200 I.M. and with a heat time of 2.30.53 got a place in the consolation final. The morning also had the heats of the 4 x 100m Women's Relay Team in which C/Hill were competing with two young swimmers who were aware of the prestige that a 'Final' place would bring. Lisa Capewell and Jo Swift both gave creditable performances. Heidi Perry and Jo Seymour gave us a good start to the race and Lisa took over to swim a personal best time (100m) of 69+ and Jo Swift with a 62+ easily earned us a place in the final. The 200 I.M. time by Joanne later in the day was a good improvement on her heat time - 2.28.52.

Saturday 8th.

The Women's 100m BR was the 1st event of the day and Jo Seymour qualified for the final with a 1.16.56 and Andrew Beavan again reached the consolation final with a 1.02.63 in the 100m BK.

Andrew Small was disappointed not to make a final in the 100m BK but his time of 1.04.58 was not of his usual good quality. Saturday evening was a busy one for C/Hill - represented in three events. In the 100m BR Suki Brownsden clearly led the field but Jo Seymour took 2nd place convincingly in a time of 1.14.80. Andrew was reasonably placed in the 100m BK finishing in 4th place in 1.03.21. The Ladies 4x100m Medley Team race was the last event of the evening and the girls put together a creditable performance. Heidi swam first achieving a good placing for Joanne's take over, Lisa again put in a good leg and Johan took up the rear to enable C/Hill to finish in 7th place. A pleasing result.

#### Sunday 9th.

On the final day, Chris Tainty joined the team to swim in the 200 Men's I.M. and was quite pleased with his time of 2.18.37. Jo Seymour had the last swim of the week in the 400 I.M. and having qualified for the consolation final elected not to swim. The afternoon session saw Chris starting as a spectator and then being taken aback when called to the blocks to swim. After a mad rush to get changed and without a warm-up, he was placed 8th in a time of 2.19.98.

#### European Championships - Split, Yugoslavia.

Jo's consistency over the year was rewarded by selection for the G.B. Team for this event and following a fortnight's team training she was placed 6th in the consolation final with a p.b. of 74.29. Well done Jo - targets for 1982 - Brisbane and Ecuador !

#### National Age Groups, Blackpool 17th/23rd August.

##### Finalists.

Lido Badawy 1st 14/15 Fly 60.85; 4th 100 BK 65.01; 7th 200 BK (2.22.66 pb)  
 Paul Ford 5th 14/15 F/S 56.92 (3rd English); 6th 100 BK 65.34; 200 I.M. 2.20.5 pb. disq after finishing 5th.  
 Heidi Perry 4th 16/17 200BK 2.25.58 Club Rec.; 6th 100 BK 69.10.  
 Lisa Capewell 4th 12/13 200 I.M. 2.34.84; 5th 100 Fly 69.99  
 Kingsley Walker 7th 11/U 100 Fly 77.59  
 14/15 F/S Team 1st 1.46.40 Julian Swain, Stephen Dunn, Lido and Paul.  
 14/15 Medley Team 2nd 1.59.77 Paul, Robert Johnson, Lido and Stephen.  
 12/13 F/S Team 6th 2.02.54 Debbie Hadley, Lisa, Debbie Fielding & Rachel Gore  
 16/17 Medley Team 5th 2.13.86 Heidi, Karen Gurney, Melanie Hayward, Elaine Corroll.

P.B's Jonathon Beavon BR 72.47; Paul Ford 200 F/S 2.05.50.

Definitely our best ever National Age Group with lots of excitement and nail-biting situations - Lido the fastest qualifier - would he do it? - of course he did; Lisa and Paul qualifying by 100th of a second, taking 5th place; our 14/15 F/S Team placed 2nd by the electronic T.K. but the judges had seen the winners' faulty take-over; Paul a good 5th in the I.M.; then the disqualification for a one-handed BR turn. A rewarding week but we all needed a rest after it - particularly one of the parents while Lido swam in Italy in an additional Youth Squad Match !

#### 5th Sept. Coventry 50m Sprint Meet.

65 Clubs competing - Camp Hill 1st in the boys, 2nd in the girls.

##### Winners.

Hayley Bettinson F/S 28.89; Fly 31.43; Andrew Trut BR 36.61; Andrew Beavon BK 29.28; Lido Badawy Fly 28.40, BK 30.41.  
 Johnathon Beavon BR 33.84; Paul Ford BR 33.42.

13/9/81.Pye Relay Gala - Cardiff.

C.of Leics 237; C.of Cardiff 225; C/Hill 202; Millfield 200;Manchester 179; Wigan 165; S'oton 161; Gloucester 87.

A team of 48 swimmers travelled to this inaugural 'Pye Invitation Relay Gala' at Cardiff.Consisting of 50 races backed up by some Welsh Club events and by the Bluebirds Jazz Band it turned out to be something of a marathon.However,it produced some exciting races,a third prize of 200 - and a stereo set which should also raise a good sum for Club funds.

20/9/81.League Final Crystal Palace.

Leeds 262; Coventry 239; Millfield 211; Southend 195; Beckenham 193; Camp Hill 189; Stockport 185; S'oton 182.

Here we were again for the 7th consecutive year.Would we equal or better our previous best of 4th place ? Alas it was not to be and although we felt a little disappointed at the result,the team had given a good account of itself in a prestige gala where a mere 13 points seperated the 4th and 8th teams.Our 5 winners were a best total and we now look forward to the 8th Final.Thanks to Jill Swift for dealing with Gala tickets and the transport.Also to the 'exhaust pipe repair team.'Our thanks also to the E.M.L for again donating 75 towards our transport costs.

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