

The first issue of the Newsletter was exactly 15 years ago - September 1970. It was published regularly until April 1981, but the lapse since then has been due to the difficulty in its production. Mr. Bees has now kindly offered to arrange for its duplicating and I shall be editing it. I trust that I shall receive many contributions. The covers will be available with this issue, and thereafter only to new purchasers.

F.G.T.

A 'FULL' TWELVE MONTHS

A brief review of the past swimming year reveals a not unsuccessful year for our club. Last September 16th we travelled to Cardiff for the National League Final - I believe this was the sixth national final for some members of the team.

Shortly afterwards we embarked on the W.M.L. programme with 3 teams participating, the 'A' team winning the 1st Division, the 'B' team finishing 13th in the same division and the 'C' team finishing 2nd in the 4th Division and gaining promotion.

In December a group of 12 swimmers took part in the Harrow Meet with creditable results. This was followed by 2 social events - the Christmas discotheque and the New Year Barn Dance. Both were well supported.

January saw the commencement of the E.M.L. but due to the postponement of the third round, it was not until June that the results were complete. All our 3 teams finished 3rd in their divisions, and the 'B' and 'C' teams gained promotion to the 1st and 3rd divisions respectively.

Mid-season continued with a visit to the Cardiff Short Course Meet followed by a most worthwhile trip by a large party to the Brussels meet.

Many medals were won by individuals and by teams in the 3 days of the Warwickshire Championships, and we also had our successes in the Midland District Championships.

On 22nd June our 19-30 year old members performed well in the Midland District Masters Events, while later in the same day, our 9-12 year olds won through to the Diddy League Final.

Just to show that our enthusiasm does not end there, another group of more senior swimmers took part in our first Parents' Championships with many interesting results in keenly contested races. Following this we all descended on the Andersons for a most enjoyable conclusion to the evening.

A small team took part in the Welsh Long Course Championships and the season closed with competition in the National Age Group at Blackpool.

In addition to all the above events our Ladies League again did well and throughout the year we have taken part in a number of local meets and in matches at all levels.

I hope everyone enjoyed those free Saturdays in August and that the batteries are re-charged for the new season.

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NATIONAL LEAGUE FINALS

On 15th September we do battle in our 10th National Final and I have delved into the archives to research our results over the years.

- 1975 - Position 4th.
Individual Winners - Kate Long, Chris Tainty, David Beavan, 11 yr. boys team.
- 1976 - Position 6th.
Individual Winner - John Austin
- 1977 - Position 4th.
Individual Winners - Kate Long, Paul Ford (2), 11 yr. boys team.
- 1978 - Position 6th.
Individual Winners - Paul Woodall, Simon Mason and Gavin Cameron.
- 1979 - Position 6th.
Individual Winners - Paul Ford, Melanie Hayward and U/16 Girls Medley Team.
- 1980 - Position 5th.
Individual Winner - Debbie Hadley.
- 1981 - Position 6th.
Individual Winners - Lido Badawy (2), Heidi Perry, Paul Ford, Jo Seymour and U/16 boys team.
- 1982 - Non-qualifiers - the E.M.L. was decided on 2 rounds and we 'missed out' after a poor first round.
- 1983 - Position 3rd.
Individual Winners - Hebah Tantawy (2), Steve Dunn, Martin Atkins, Sam Hodges, 11 yr. old girls team and men's 6 x 50m.
- 1984 - Position 7th.
Individual Winners - Andrew Beavon, Simon Pemberton, Jonathan Robinson.
- 1985 - We shall soon know.
- 1986 - Can we get there again?

F.G.T.

GRAHAM BROOKHOUSE

Congratulations to Graham on his selection for the British Pentathlon Team which competed in Australia this August. In August 1975 Graham swam for England in an Age Group International in Holland. His report in the newsletter ended: "Sad that it was all over - I arrived home with the thought that some time in the future I hope that the honour of representing England will come my way again". Well done!

NATIONAL AGE GROUP COMPETITIONS

It rained most of the week at Blackpool but Ruth Knight lightened the gloom for us with a series of 7 excellent swims including: 200 F/S (5th) 2.13.66; 200 I.M. (4th) 2.31.06; 200 BK (12th) 2.33.83; 400 I.M. (6th) 5.19.93-P.B. in 'FLY leg 1.12.38; 100 F/S 1.02.86. Rebecca Hurcomb did a p.b. in the BK. (16th) 1.26.20.

Continued

Steve Dunn was unfortunate to rank 9th in the 100 F/S, his time of 55.24 missing the final by eight hundredths of a second.

Paul Wear achieved P.B.'s in 2 of his swims BK 1.11.36 and FLY 1.08.66. Two teams made the F/S finals. The 13/14 girls - Ruth Knight, Amanda Badawy, Alison Bees and Hebah Tantawy - placed 6th and the 13/14 boys - Paul wear, Jason Neal, Fraser Anderson and Norman Stephens - placed 8th. It was good to see Fraser in a national final in his last swim for the club before returning to Canada.

F.G.T.

WEST MIDLANDS LEAGUE

No sooner will the water have calmed down after the National Final than we shall be starting on the new season's competition. Once again we have 3 teams taking part in the first round on 12th October. Our 'A' and 'B' teams are both at Derby where the strongest opposition will come from the home club - THIS ONE MUST BE WON.

As the W.M.L. is staging the national final in 1986 it has 2 lanes in that final, and we must be looking for one of those. The opposition will come from Stockport, Radford, Derby, Coventry, Lincoln Pentaqua and possibly Stourbridge, so we cannot afford to be beaten by more than one of those clubs and points will be vital in the first 2 rounds. Our 'C' team has a reasonable draw at Nuneaton and could again do well.

SUCCESS DEPENDS ON COMPLETE TEAM STRENGTH - I hope everyone will hold themselves available for the 3 league dates - the 2nd Saturdays in October, November and December, so that we can swim our strongest teams.

F.G.T.

TARGETS

You should now be making your plans for the new season, for you spend a great deal of time swimming and need to have aims and targets. You may be aiming for a national final, or a county championship or to do well in one of the club's teams. The main thing is to be POSITIVE and to have a goal at which to aim.

If you have been mainly a 'one-stroke swimmer', try to develop the other strokes and the I.M. so as to get more variety in and satisfaction out of your training. Don't 'switch off' at the thought of anything over 100m; you may well have potential over 200m. and 400m.

In training, try to make full use of the clock - not merely for resting periods, but also to note the times you are recording in your swims. Remember these in relation to the resting time and you can then usefully compare them with future training times. Enjoy training, but be POSITIVES!

Good luck!

F.G.T.

CLUB RECORDSMALESenior

100m. F/S S. Dunn 53.10
 200m. F/S S. Eggleton 1.59.5
 400m. F/S S. Eggleton 4.10.4
 1500m. F/S S. Eggleton 16.11.77
 100m. BR, D. Beavan 1.09.34
 200m. BR. D. Beavan 2.32.0
 100m. BK. A. Beavon 1.00.48
 200m. BK. A. Beavon 2.11.62
 100m. FLY M. Edwards 58.90
 200m. FLY M. Edwards 2.12.4
 200m. I.M. S. Eggleton 2.14.52
 400m. I.M. A. Wolf 4.43.0

Junior (U/16 on date of swim)

S. Dunn 54.88
 S. Dunn 2.03.84
 J. Atkins 4.33.35
 J. Atkins 17.43.41
 P. Ford 1.10.76
 J. Beavon 2.34.56
 M. Atkins 1.02.20
 C. Tainty 2.17.0
 L. Badawy 59.50
 L. Badawy 2.14.31
 P. Ford 2.16.83
 A. Wolf 5.09.40

FEMALESenior

100m. F/S J. Swift 59.00
 200m. F/S J. Swift 2.08.25
 400m. F/S -----J. Seymour 4.34.71-----
 800m. F/S -----S. Cheesbrough 9.23.80-----
 100m. BR. J. Seymour 1.11.82
 200m. BR. J. Seymour 2.33.90
 100m. BK. -----L. Beasley 1.08.60-----
 200m. BK. H. Perry 2.25.25
 100m. FLY -----A. Young 1.06.03-----
 200m. FLY -----L. Capewell 2.27.70-----
 200m. I.M. J. Seymour 2.18.38
 400m. I.M. J. Seymour 5.05.08

Junior

A. Young 1.00.99
 J. Seymour 2.11.36
 J. Seymour 1.13.05
 J. Seymour 2.41.31
 L. Beasley 2.27.40
 J. Seymour 2.25.84
 A. Young 5.09.08