

FRED SHARP

The news of the death of Fred Sharp early in April caused great sadness amongst our senior members. The club was well represented at the funeral and flowers were sent from the club. Fred coached at Camp Hill from 1974-1978 when he suffered a stroke and became critically ill. He was a great enthusiast and had the ability to encourage and motivate swimmers being responsible for the success of many of our members. Fred was a really committed 'club man' and on one occasion, after we had narrowly won a hard fought West Midlands League Final, I recall him telling me that he had gone to the changing room and wept. Those who went to Darmstadt in 1978 will recall his great enthusiasm and his delight at our successes. He was always interested to hear news of the Club and it was a pleasure to see him back coaching a lane of young swimmers for a while in 1987. Thank you Fred.

RON FIELDING

Older members were shocked to learn of the sudden death of Ron Fielding and our sympathy goes to his family. Debbie swam regularly for the Club between the ages of 10 and 18 years and Ron always supported her and the Club. He regularly acted as our Timekeeper and was liked and respected by all who knew him.

ANNUAL SUBSCRIPTION

This is now due and I would like to remind you of the details.

Those who swim at the School Pool:- £10.00. Further members of a family pay £2.00 less (£10,£8,£6 etc). The payment is the same whether you swim once a week or more.

The subscription for those members who only swim at Muntz St or Moseley Rd is £5.00, but if you swim at the School Pool as well as at these other pools then one subscription of £10.00 would cover both venues.

Payments to Mrs Humber (Muntz St) Mrs Sheppard (Moseley Rd) and F.G.T. (School).

It would help if you could put the subscription in an envelope with your name, date of birth, address and telephone number.

PLEASE CAN WE HAVE ALL SUBS PAID BY 14th July to enable an accurate membership list to be compiled during the summer break.

DAVE EDWARDS

Congratulations to 'Big Dave' on his selection for the Great Britain Senior Water Polo Squad and best wishes for a good tournament in Aarhus, Denmark.

WARWICKSHIRE CHAMPIONSHIPS & AGE GROUP COMPETITIONS

Following three long Saturdays comprising 9 galas we can now assess the Club's performance at County level. Pride of place must go to Jo Swift and Martin Atkins who took 11 of our 17 individual medals. Jo, who is only able to train 2 or 3 times a week and is probably not as fit as she would like to be, has excellent technique and this, combined with her experience and competitive spirit, brought her some good results.

Cont'd....

Martin showed commendable improvement with P.B.'s in F/S and FLY. Despite a demanding job, he has still found time to train regularly and hard, and well deserves his success.

Congratulations to our other medallists, but what else did we do? Well I'm pleased to note that we had 37 other finalists and many swimmers (too numerous to list) swam P.B.'s in their heats. Remember we are looking at long course swims and I am sure that we are moving steadily forward.

The number of withdrawals was disappointing although all clubs seemed to suffer from this failing and I do feel that some more of our younger swimmers could have put themselves to the test. Remember, WE TRAIN TO COMPETE. My remarks in a previous Newsletter on being a 'complete swimmer' and learning to relax and pace yourself etc during the day still need to be digested by some young swimmers. Obviously you are there to apply yourself to your race, but you can also gain much by taking an interest in the other age groups and observing the best swimmers of all clubs.

Although only 8 swimmers achieved individual medals, 41 shared the 68 medals won in team races and this should encourage our younger swimmers to look for individual honours in next year's Championships.

Particularly pleased to me was our win in the Women's Medley Relay (Heidi and the 2 Jo's were in our Women's Medley Team that was placed 4th in the A.S.A. National Championships in 1983). Our Men's Team produced the goods yet again with a close win in the F/S Relay and were supreme in their 1st and 2nd places in the Medley Relay. Some of them have been around for a long time too! Steve Dunn was in our Boys 14/15 year team that won the National Age Group F/S Relay in 1981, Jason Neale was a member of our 12/13 Team that won the F/S Relay at the National Age Group in 1984 and Ian Saunders was in our Team that was placed 6th in the 11 years Boys at the National Age Group in 1980.

Well done everyone and now for....

ESSO MIDLAND DISTRICT 13th, 20th/21st May

The qualifiers are as follows:-

Girls. Sharon Morris, Lucy Tubbs, Lydia Lee, Carla Flynn and Alison Bees.
Boys. Adrian Lee, Ben Darbyshire, Raymond Watson, Tom Green, Aaron Taylor, Andrew Brown, Steven Terry, Peter Groom and Michael Hoare.

I hope I have not missed anyone out. We shall also be entering a number of relay teams.

INDIVIDUAL MEDLEY

You may be interested at some of the splits for those who did the individual medley event at the Warwickshire Championships.

	FLY	BK	BR	F/S	Total Time
Martin Atkins	27.06	36.15	46.59	34.67	2.24.47
Kate Howarth	34.69	41.17	47.18	39.00	2.42.23
Mike Hoare	31.48	45.90	41.60	36.93	2.34.9
Andrew Brown	37.25	44.96	47.71	39.07	2.48.97
Aaron Taylor	35.44	45.51	51.05	37.42	2.49.42
Simon Delves	44.02	48.00	58.30	44.33	3.15.15
Richard Rivers	43.85	45.70	55.92	40.90	3.06.37
Tom Green	48.94	53.03	51.08	43.77	3.16.82
Raymond Watson	40.28	46.62	50.31	41.07	2.58.91

Rhoda Flynn	38.40	48.64	56.15	39.68	3.02.87
Adrian Lee	37.04	47.23	50.72	38.24	2.53.23
Susan Humber	38.17	51.13	52.01	42.07	3.03.38
Lydia Lee	38.04	48.42	46.71	37.70	2.50.87

If only some of our backstrokers could swim breaststroke and vice versa! Seriously, however, you can learn by studying splits - there are 5 reasonable medley swims amongst the 13 listed - which do you think they are? Do not look at the overall time, but look for a balanced swim over the 4 strokes. This is the most interesting of all the events and calls for application both physical and mental in your training. Individual Medley swimmers cannot afford to have a weak stroke. If they have, work on that stroke can eventually improve the event.

ROUND ONE - DIDDY LEAGUE - CANNOCK 15th April

C/Hill 202, Oldbury 186, Burntwood 163, Rugby 144, Redditch 140, Boldmere 56

What a good start to the league! If we can keep this up we should get promotion back into the 1st Division after missing it by only one place last year. We are at Cannock again for the next round so everyone knows the pool. Many good swims and they can be better next time when several swimmers will not have come straight over from 2 sessions of County events. Our 9 year girls did well and I understand Michelle Wilson even had an extra length, but did not let it put her off. Well done everyone.

MASTERS & 19/24 AGE GROUP

Deborah Bees has volunteered to act as Competition Secretary for the above so please let her have your entries in plenty of time as and when events occur.

SWIMMER OF THE MONTH

Rhoda Flynn receives a Speedo costume for her good FLY & F/S swims at Coventry. Well done!

WARWICKSHIRE RESULTS

	GOLD	SILVER	BRONZE
13/14	BK		L.Tubbs 1.18.49
	BR	L.Lee 1.24.62	
15/16	FLY	C.Flynn 1.11.59	
17/18	BR	M.Hoare 1.14.47	A.Bees 1.24.32
	50 FLY	M.Atkins 26.88	J.Swift 31.78
	100 FLY	M.Atkins 59.61	
		J.Swift 1.08.96	
	50 F/S	J.Swift 28.37	M.Atkins 25.51
	F/S	J.Swift 1.02.10	M.Atkins 55.70
	50 BK	M.Atkins 29.20	
	BK	M.Atkins 1.04.19	H.Perry 1.13.04
	I.M		M.Atkins 2.24.55

TEAM RACES

MALE

10/12	F/S.	BRONZE - R.Watson, T.Green, B.Darbyshire, A.Lee	2.09.87
	Med.	SILVER - " " " "	2.27.75
13/14	F/S.	BRONZE - M.Weller, A.Taylor, A.Brown, M.Richards	2.00.67
	Med.	BRONZE - " " " "	2.17.82
15/16	F/S.	BRONZE - S.Terry, S.Wort, P.Groom, S.Wilson	1.50.83
17/18	F/S.	SILVER - M.Freeman, J.Neale, P.Badham, M.Hoare	1.46.91
	Med.	SILVER - " J.Walker, " "	2.01.92
OP.	F/S.	GOLD - M.Atkins, S.Dunn, C.Norrey, A.Small	1.43.32
	Med.	GOLD - S.Dunn, M.Hoare, M.Atkins, J.Atkin	1.56.57
		SILVER - A.Small, I.Saunders, K.Walker, J.Neale	1.58.42

FEMALE

13/14	F/S	SILVER - L.Tubbs, L.Lee, S.Humber, A.Waterhouse	2.07.50
	Med.	SILVER - L.Tubbs, L.Lee, R.Flynn, A.Waterhouse	2.25.75
15/16	F/S	BRONZE - R.Flynn, K.Winwood, R.Davies, J.Simmons	2.04.27
	Med.	BRONZE - " " " "	2.22.46
17/18	F/S	SILVER - R.Vincent, R.Knight, H.Tantawy, A.Beas	2.00.09
OP.	F/S	SILVER - A.Beas, R.Knight, D.Beas, J.Swift	1.55.91
	Med.	GOLD - H.Perry, J.Seymour, J.Swift, A.Beas	2.11.98

13/14

15/16

17/18

OPEN