

GILBERT ISON

I'm sorry to report that Gilbert had to have a major operation (aorta bifemoral bypass) at the beginning of the year, but pleased to say that he has made a good recovery and has recently started back at work part time. Gilbert returns from Hong Kong on leave at the end of June so we look forward to seeing him.

FIXTURES

The September/December list is enclosed. Keep it by you so that you can keep yourself free for the important events and can add any additional matches.

SUBSCRIPTIONS

REMEMBER, WE NEED THESE BEFORE OUR SUMMER LAY OFF (THAT IS BY THE WEEK ENDING 21ST JULY) SO THAT WE CAN COMPILE AN ACCURATE MEMBERSHIP LIST.

A BREAK FROM SWIMMING

The closing session at School will be on Friday 21st July. We recommence on Wednesday 30th August. This will give us a break of 5½ weeks before we start again refreshed, rested and ready for hard work and lots of competition. The Coventry Sprint Meet (50m) is on 2nd September and will provide a good "opener" to the season.

For those who want to train occasionally, there will be the sessions available at Moseley Road, (Thursdays 7.00 - 8.20 13/U) and Muntz Street (Fridays 7.30 - 9.00 all ages). Further details will appear on the notice board in due course.

VERY MANY THANKS

For many years Pat and Doug Knight have run the Club Shop, supplying goggles, caps, costumes etc. This has raised useful income for club funds and has also been of great value in promoting the club and maintaining club spirit. It has involved a lot of hard work and we are most grateful to them.

Sam Waldron is taking over so please help him by supporting the Club Shop.

AN ENJOYABLE WEEKEND

Mary and I went to Oxford recently to support our Masters in the District Championships. This proved to be a real "occasion" both competitively and socially. We had so many fine swims - see the report produced by Deborah and Alison Bees, Team Manager and Coach respectively.

NUNEATON 50m SPRINT MEET 30/4/89

A long and very cramped day but several good results made it all worthwhile. Finalists medals to:- Martin Atkins - 3 first places - F/S 24.79, BK 29.17 FLY 26.84, Jo Swift F/S 1st 27.82, FLY 31.05; Alison Bees Br. 37.91, BK 34.86, F/S 28.53; Sally-Jo Jennings FLY 36.36; sister Michelle F/S 36.31; Mark Weller F/S 29.49. Good F/S sprints also by:- Adam Edwards, Dean Cross, Meredydd Richards, Joanne Potter and David Tubbs. The medals were rather splendid and I think we should consider another lengthy Sunday at Nuneaton next year.

WALSALL MEET

On the same day we had a few representatives at what turned out to be a very poorly supported event in contrast with previous years. Sharon Morris F/S 1.12.91, BR 1.35.20; Raymond Watson BR 1.33.61, F/S 1.13.83 and easy wins for Mike Hoare and Lydia Lee in their BR races.

TROPHY GALA-STRATFORD - 6/5/89

C/Hill 192, Worcester 157, Burntwood 147, Oldbury 143, Stourport 132, Stratford 89.

A good win for our team in this "age on the day" match and a good crop of P.B.'s:- Andrew Brown, BK 1.20.90; David Tubbs F/S 49.94; Liz Green BR 1.30.00 and F/S 1.14.97; brother Tom, BR 1.31.03; Amy Waterhouse (on one of her rare 100m excursions) FLY 1.21.51; Lucy Tubbs F/S 1.11.59.

ORION MEET 7th & 14TH MAY - COVENTRY

Two long days at Coventry, which were rather too close to the Esso Competitions, but did provide further long course opportunities.

P.B.'s:- Andrew Brown, I.M. 2.45.54, BR 1.22.12 (6th); Michelle Jennings F/S 36.07 (6th); Raymond Watson, BK 1.24.89; Lydia Lee FLY 1.24.33; Tracey Collier, BR 1.37.56; Adrian Lee, BR 1.33.70; Flora Lee, BR 46.50 (3rd).

MIDLAND DISTRICT ESSO AGE GROUP COMPETITIONS 13TH/20TH/21ST MAY

P.B.'s from Lydia Lee 200 BR 3.02.37; Peter Groom F/S 59.33 and Mike Hoare "came good" with 1.12.89 (6th) and 2.38.49 (3rd) in his BR. swims.

Six of our eleven teams swam in finals with the following results:-

Boys

11/12	Medley	Raymond Watson, Tom Green, Ben Darbyshire, Adrian Lee	(8th) 2.29.01
	F/S	" " " " " " " "	" (8th) 2.12.83
17/18	Medley	Paul Wear, Mike Hoare, John Walker, Peter Badham	(3rd) 1.58.51
	F/S	" " " " Jason Neale " "	(6th) 1.46.22

Girls

17/18	F/S	Ruth Knight, Stephanie Madden, Rachel Vincent, Alison Bees	(5th) 2.04.08
	Medley	" " " " " " " "	" (5th) 2.23.51

and a "near miss" for our 13/14 boys F/S team Mark Weller, Aaron Taylor, Andrew Brown and Meredydd Richards who were placed 9th.

ROUND II DIDDY LEAGUE - CANNOCK - 17/5/89

C/Hill 209, Coseley 167, Burntwood 147, Braunstone 145, Stratford 108, Stourport 106.

We took the lead after event 7 and steadily increased it to record a convincing win. Some of our good swims:- F/S Sharon Morris 46.60, BK Mostyn Richards 51.12; FLY Adam Edwards 27.60; FLY Adrian Lee 50.89, Jonathan Baker 25.09 and 54.49; BR Sharon Morris 59.52, Flora Lee 29.11, Dean Cross 31.42. IT LOOKS GOOD FOR ROUND III.

INTER-CLUB 20/5/89

Halesowen 168, Broadway 162, Sparkhill 142, C/Hill 137, Avon Neptunes 108.

We must send an "A" Team to Halesowen next time, but the match did at least give our younger swimmers experience over the 100m distance which, after all, is what they should be aiming at. There were 2 commendable BR swims:- Liz Green 1.29.73 and Joseph Bunting 1.21.98.

TROPHY GALA - ST.MARGARETS - LEICESTER 28.5.89

City of Leicester 271, Nottingham Northern 234, City of Derby 234, C/Hill 146, City of Leicester "B" 117.

What a job I had to get a team for this Bank Holiday weekend match! Lincoln withdrew due to the same problem and the Organiser said that he would avoid that date in the future. Anyway, many thanks to those who rallied round and for the food poisoning of Kate's boyfriend which had its happier side in making another swimmer available in between spells of nursing! The very fast 25m pool prompted several P.B.'s including:- Peter Groom, F/S 57.84, FLY 1.12.78; Mike Hoare, BR. 1.11.89; Raymond Watson, BR. 1.31.22; Lydia Lee, F/S 1.07.50; Martin Atkins, F/S 54.83; Amy Waterhouse, BK 1.25.22. Pleasing swims also from Heidi Perry BK 1.11.72; Alison Bees, BR 1.20.79; Kate Howarth F/S 1.04.95 and Andy Small, BK 1.04.95.

What a disaster that our one D.Q. went to Rhoda Flynn after a P.B. of 1.17.22 in the FLY!

TROPHY GALA - COUNTY JUNIOR MATCH - LEICESTER - 4/6/89

Pleasing to note that we provided 7 members of the Team:- Johnny Morris, Jonathon Baker, Michelle Jennings, Rhoda Flynn, Lydia and Flora Lee and Andrew Brown. Also that Rhoda completed another sub-80 FLY this time to the satisfaction of the Judges.

MIDLAND DISTRICT MASTERS & 19/24 YRS - OXFORD - 3RD/4TH JUNE 1989

Camp Hill Masters were out in full force for the TSB Midlands. There was a team of 19 including Craig Norrey from Switzerland and Geoff Gillett - the oldest Camp Hill Master at the age of 51. He won a bronze medal in the 50m F/S and a silver medal in a relay.

The first event was the ladies 50m F/S where the four ladies Jo Swift, Jo Seymour, Kate Howarth and Deborah Bees came 2nd, 3rd, 4th and 5th respectively.

Jo Seymour got gold in the 50 BR, 200 IM, 100 BR, 100 IM.

Jo Swift only swam 3 events and won 2 golds in the 50m F/S and 50m FLY and a silver medal in 100 IM.

Kate Howarth was continually producing good results but came into her own in the back stroke winning both the 50m and 100m.

Deborah Bees narrowly missed medals in her other events but managed to clinch a bronze in the 50m FLY.

Anne Bourne was our other ladies swimmer and won a gold in her 100m F/S.

The 19/24 ladies swam excellently in their relays coming home to win 2 gold medals. Well done ladies!

It was a struggle to get 4 men in the 19/24 age group but we made it. They were Alan Merris, Ian Saunders, Kevin Woodward and Martin Atkins. They won both F/S and Medley relays.

Martin won a gold medal in every event he entered including the 50 FLY where he just beat Kevin Woodward who was 2nd.

Ian Saunders thoughtfully entered 2 events and won a medal in the 100m BR.

Alan Merris, a new comer to the club, produced some good results in all his swims.

A well represented event was the Mens Masters 50m F/S where we were represented by Craig Norrey, Dave Edwards, Simon Garside, Steve Eggleton, Alan Cooper, Paul Tainty, Mark Maybury and Geoff Gillett.

Craig Norrey and Paul Tainty snatched bronze in the 50m FLY in the 25/29 age group and 30/34 age group respectively. Craig went on to win gold in the 100 IM and 100 F/S.

Steve Eggleton had a good swim in 200 F/S with an excellent last length to win a medal.

A battle between Chris Tainty and Andy Small for gold in the backstroke produced excitement, Andy just pipping Chris to the post.

Mark Maybury, just returned to the club after a long break, swam well shattering many of his entered times.

But the most impressive of all was the men's 200 IM where Dave Edwards broke the British record for the 30/34 age group in a time of 2.23.78 much to his surprise. Well done Dave!

Once again the relays were the highlight of the weekend and we produced 2 very strong men's teams.

After a slight panic in event 3, medley relay, (because one of our swimmers was late), we still managed to get gold and silver thanks to Geoff Gillett stepping in at the last minute.

The last event was the F/S relay and again gold and silver were won.

Lastly, we must mention that Robin Reliant ran 50m in a time of 15.0 seconds. Is this a world record? (A Masters "in" joke).

Our thanks to Alison Bees for being an excellent team manager/coach all weekend and to Mr & Mrs Thain for their faithful support.

#### ALMOST THERE!

#### Round III Diddy League-Cannock - 17/6/89

C/Hill 202, Oldbury 176, M.Mowbray 177, Bilston 152, Burntwood 134, Boldmere 54.

A very depleted team (school demands, illness) made its third visit to Cannock to record a substantial win. There were many good swims including:- Sharon Morris BR 58.03; Adam Edwards BK 26.81; Joanne Potter FLY 22.74; Ben Darbyshire F/S 43.89; Michelle Jennings F/S 22.74. We were not so concerned with times, however, as with points and all due credit to those, including "Bertie" Ganado and Laura Mandelberg who undertook a heavy programme of events. We now go to Nuneaton for the divisional final on Saturday 9th September

when a place in the first four will take us back into the 1st Division next season. Better still, let us aim for that FIRST PLACE.

#### "B" TEAM - TEWKESBURY - 17/6/89

The depletion in our Diddy Team was further reflected in this match which also included 10 & 12 yr. age groups but it enabled several swimmers to compete in events at which they do not generally represent the Club and to underline their improvement. Stuart Wilson F/S 1.03.37, Ian Waterhouse F/S 1.13.01, Tim Bunting BR 1.34.12. Other good swims by Simon Delves F/S 1.16.60, BR 1.39.11; Richard Rivers FLY 39.13, BK 1.27.75.

A special mention for the determined efforts of our 9 & 10 yrs.:- Katie McGowan, Mary Speculand, Julie Smith, Laura Flynn, Thomas Bissenden, Mark Faulkner, Alex Mills and Jacob Sullivan.

#### AVON NEPTUNES MEET - 1/7/89

Our 10 yrs. swimmers responded well to my request that they should enter this Meet and produced a crop of good times. Flora Lee, once negotiations over her entry were successfully completed, took our first medal with a 3rd place in the BR 1.05.34. "Big" Jonathan Baker had a field day with first in the BK 56.33 and FLY 54.68. He was also 2nd in the F/S 48.69. Adam Edwards managed to get his goggles problem sorted out and was 3rd in the F/S 49.49. N.B. The wise competitor always takes spare goggles. Dean Cross also had a medal in the F/S while Michelle Jennings was 2nd in the F/S 49.20 and Joanne Potter 3rd in FLY 58.87. Each took medals in 2 events. There is still a marked weakness in starts and turns in this age group - you will be given more practice but you need to concentrate - No one can do it for you!

Julie Dyke and Carla Flynn took medals in the FLY and Sharon Morris swam 2 P.B.'s in the BR taking 3rd place 1.29.79, following her earlier F/S P.B. of 1.10.70.

Peter Groom continued his improvement towards our senior standards with a hard fought 57.28 to win the F/S and we had several other P.B.'s F/S Liz Green BR 1.29.44; Raymond Watson BR 1.32.44 (& FLY 1.25.20), Lucy Tubbs F/S 1.11.06; Richard Rivers F/S 1.13.31 and Lydia Lee F/S 1.07.40.

Altogether, a good day but commiserations to Andrew Brown who missed a final through a recording error.

#### RELAY GALA - LICHFIELD - 1/7/89

Lichfield 178, C.Hill "B" 121, Bilston 114, Sutton 113, Lichfield "B" 48.

Lots of 25m sprints in this one. I hope everyone enjoyed it.

#### MATCH RESULTS

This issue contains reports on a wide variety of events, Diddy, Masters, Championships, "A" & "B" Matches and Meets. They all took place during the last 2 months and are an indication of the range of competition embraced by your Club.

You may find so many results boring but they should act as an incentive to all members to equal or improve on the recorded times.

### LADIES LEAGUE

The final round of this popular event was swam at the School Pool recently with our girls taking advantage of the home course, (not to mention considerable support) to win all 7 races. Strange to relate, one of our strongest rivals, Brierley Hill, did not put in an appearance. I believe we have won 2 age groups and are well placed in the 3rd. Well done Pat Knight and all the girls.

### HE DID WELL

Three medals for Andrew Brown in the Yorkshire Bank Midland Junior Championships:- BR 200m 2nd 2.55.55; 100m 3rd 1.21.90; 50m 3rd-50.36.