

EVENTS - MARCH

Saturday 3rd Solihull - Relays - 9-12 years
Sunday 4th Broadway Meet
Saturday 10th E.M.L. 'A' and 'B'
Sunday 11th Broadway Meet
Saturday 17th Inter-Club Walsall 10,12,14,16,OP
Stockport Masters and 19/24 years
Sunday 18th Oldbury Diddy Meet - entries made
Saturday 24th Bilston 9-12 years

LAWS OF THE SPORT - BUTTERFLY

The Body Has to be kept in the breast with the shoulders horizontal from the beginning of the first arm stroke after start and turn.

The Arms All movements have to be simultaneous - arms must be brought forward over the water and brought back on or under the surface.

The Feet/Legs All movements must be simultaneous. They need not be at the same level, but alternating movement is not allowed.

The Turns & Finish Touch with both hands simultaneously - shoulders must remain horizontal.

At start and turns the swimmer may make one or more kicks underwater BUT only ONE arm pull is allowed which must bring the swimmer to the surface.

Care must be taken not to finish the length with a breast stroke arm action - you must come in on the stroke or reach for the finish.

CAMP HILL - 1972

May saw the opening of the School Pool with daily sessions for our top group.

Also our girl swimmers were now competing in the clubs name. Midland Short Course - FLY, Martin Edwards 1st 1.01.6; 200 FLY, Anne Priestly (Bourne) 2nd 2.42.8. In the Warwickshire Championships we were the leading club in the medals count, but I cautioned on complacency for we had dropped from 6th to 10th in the Midlands Results - everything is relative! Quotes from Midlands report "Martin Edwards did well for the club and for himself with a brilliant 59.9 on the Saturday evening to out-touch Brian Brinkley (now coach to Peterborough). As a member of one of the Coventry Clubs said "It is worth spending the day here to see that race". Anne continued collecting medals, 2nd 100 FLY, 3rd 200 FLY."

In June we were placed 2nd to Orion (195 - 186) in the final of the Motorway League (now E.M.L). Martin, our one pre-event certain winner - swallowed water and did not finish.

But he came good in the Olympic Trials with a 3rd place 59.4 earning selection for Munich, less than year after winning the 16/17 National Age Group. Martin had a disappointing swim at Munich, 1.01.4. The British Team, which was probably our best prepared ever, suffered a great blow to moral following a drugs scandal in the training camp, from which it never really recovered. The Games were marred by the horrific massacre of the Israeli competitors in the village and all competitors attended a memorial service in the Olympic Stadium.

National Age Group:- Jackie Sheasby 3rd, 11 year F/S 1.12.3.

In December we won promotion to Division I of the W.M.L.

RESULTS

3/2/90 Walsall 147, C/Hill 122, Orion 100, Northgate 98, Haden Hill 87.

This match provided a good practice run for our Diddy Team prior to the approaching league galas. Distances were useful with 9's and 10's swimming 50m and 11's and 12's 100m. Here are a few of our many pleasing swims:- F/S Lisa Darcy 42.35, Jo Potter 1.15.90, David Tubbs 1.16.82, Mark Wickson 37.79 (but a pull-up turn!); FLY Jonathan Baker 1.28.03, Georgine Lee (25m) 22.72; BK Adam Edwards 1.30.78 in his first race after a month out of the water. Toby Casstles made a good debut on BR and Paul Groom is becoming more positive in his races. The team is taking shape well, with few weak events and it was pleasing to see the swimmers support each other.

4/2/90 - BILSTON MEET

Several P.B.'s over the 110 yds:- Sally Jennings F/S 1.13.43, BR 1.34.98; sister Michelle BK 1.32.36; Paul Groom BR 1.36.87, F/S 1.16.78; Jo Potter BK 1.32.70, FLY 1.33.39; Simon Delves BK 1.26.89.

FINALISTS

Richard Rivers BK 1.23.06; Jonathan Baker FLY 1.28.49; Lydia Lee BR (3rd) 1.25.25; Mike Hoare BR (2nd) in another P.B. 1.10.72; Andrew Brown BR 1st 1.19.27.

10/2/90 - E.M.L. BEECHDALE

Perry Beeches 210, Eckington 182, C/Hill 175, Northampton 175, Peterborough 173, Swadlincote 133.

The fast 25m pool provided an exciting gala with many fine swims. At full strength, bar two swimmers, this was a real "team effort" and we narrowly missed qualifying for the top gala in the third round by a mere 7 points. Northampton and Peterborough have beaten us recently so we can look forward to a competitive final round.

Congratulations to MIKE HOARE on lowering David Bevans long standing club BR record to 1.09.04 and thanks to the two Jo's for turning out although far from well. Highly respectable efforts by Jo Swift F/S 1.02.07, FLY 1.08.83 while Jo Seymour took 1st in IM and a close 2nd in the BR. Very many good times including:- Martin Atkins FLY 1.00.23, Jonathan Baker F/S 32.91, Lydia Lee F/S 1.04.80; Andrew Brown BR 1.16.26 and several speedy team swims.

It was good to have a full senior line-up - average age of our Womens Medley Team 23½ years and of our Mens' 6 x 2 F/S 21 years - several in their 12th season of league galas. Loss on coach hire :- £27.50.

E.M.L. - PETERBOROUGH

Cleethorpes 248, Derby Phoenix 198, C/Hill 'B' 166, Dereham 151, Norwich 'B' 147, Peterborough 'B' 136.

Prior to this gala I had hoped for a 2nd place leading to inclusion in the top gala in the final round and probable promotion to Division 3. This was not to be, however, as with a number of swimmers unavailable we were weak in several areas. Nevertheless, the team worked hard with a number of good swims and P.B.'s:- Bertie Ganado BR 1.38.36; Raymond Watson BR 1.31.45, FLY 1.22.80; Carla Flynn FLY 1.11.87. Dean Cross FLY 43.43; Cheryl Darcy F/S 1.21.72; Tim Bunting BR 1.31.11; Deborah Bees F/S 1.05.60; Jason Atkin F/S 57.47. Loss on coach hire £5.00.

12/2/90 - HADEN HILL MEET

MEDALS 1st Mike Hoare 200 BR 2.31.70, Andrew Brown BR 1.19.52
2nd Lydia Lee F/S 1.05.73, Andrew, F/S 1.03.87
3rd Lydia 200 F/S 2.23.29, Jonathan Baker FLY 1.26.43, Andrew 200 BR 2.50.91

FINALISTS AWARDS

Peter Groom F/S (he will remember this one for having to exchange a 3rd place medal for 4th after a recording error), Sally Millard, David Tubbs, Lydia (2), Liz Green (2).

SOME GOOD TIMES

Michelle Jennings F/S 1.16.82, BR 1.45.75; Jo Potter FLY 1.31.05; Flora Lee BR 1.41.68; Lucy Tubbs F/S 1.14.77 and Susanne Humber 1.12.57.

18/2/90 - HIGH WYCOMBE

Our 2 representatives did well for the club's reputation with Mike Hoare placed 3rd in the 200 BR 2.37.4 and Andrew Brown winning the 13/14 BR 1.17.60.

18/2/90 - BILSTON MEET - 2ND DAY

Our best swim came from Lydia Lee FLY 1.15.49 (2nd).

Other finalists:- Sharon Morris BR 1.26.27, Jonathan Baker F/S 1.14.33. P.B.'s Adrienne Fall BR 1.44.75; Richard Rivers F/S 1.11.98.

WHY DO WE GET ALL THESE TIMES MENTIONED IN THE NEWSLETTER?

- (1) To recognise good performances
- (2) So we can study our progress.
- (3) So that other members can set themselves targets.

ACTION REQUIRED

1. Registration for 10yrs and over who compete is due now for this year. This is passed on to the A.S.A. - charge £4.00
2. Entries for the Nuneaton 50m sprints 6th May 10,11,12,13,14,15/0 are now due.
3. Also Orion Meet 29th April and 6th May.