

Looking Back and Looking Forward

In general, our performances this year have been good, with many swimmers improving their times and showing considerable promise. We shall be having a good break in August - watch the noticeboard for exact dates - and then back to regular, purposeful training. Set yourself realistic targets and keep your fixture list to hand, so that you can try to avoid clashes.

Motorists

Please take extra care within the school grounds, as pupils are often on the site until quite late.

Finance

Relay entries for the Masters at Leamington cost us £60, and for the Midland Esso £45.

Your Feet!

Most of our competitors are adequately dressed on the bathside, but I am frequently amazed at the large number who go barefoot at galas, often for 2 or 3 sessions at a Meet.

Entries Needed

In July for : Cannock 'B' Grade (1st September), Coventry Sprints (31st August), Bilston Meet (1st September), Triple S Meet (15th September).

A.S.A. MIDLAND MASTERS 1991

Venue : Leamington (25m)

Date : 4th - 5th May

Didn't They Do Well ? ?

Twenty Camp Hill Wrinkly Floaters hit Leamington hard, and came away with 54 Medals, 18 of which were Gold.

Not bad for a team whose diet for the Championships was beer and beefburgers.

Everyone deserves a mention - Well done EVERYONE. We did Mr. T. proud.

Highlights : Ladies first, Jo Seymour was undefeated for the weekend landing 8 Golds from 8 races. Jo was joined by Debbie Bees, Judy Logan and Heidi Perry to take Gold in the Medley Relay, in a time of 2.17.06 - watch out lads they are catching us up.

What of the men's performance? Trevor Clark proved to be Man of the Meet, 5 individual Golds from 5 races, and with times such as 1.01.05 for the 100M FLY who can blame him for his choice of swimwear - Let the swimming do the talking Trevor! Trevor is now 36 years young and is peaking nicely for the European Masters in September.

Graham Short was definitely not short on entry cards. Graham swam 9 individuals and, a couple of relays, winning medals in every race. He took part in all the warm ups, swim downs and would have gone down the water slide as well if he had not remembered he was 45. What are you on Graham? The Relays gave the usual high excitement.

"Now you see it - Now you don't" was how the British Record went for the 120-139 years Medley team. This new Backstroke turn is a winner (if you can do it correctly!), but Craig Norrey was hoping that the five old biddies posing as turn judges with coke bottles for glasses would not see him turn off his back 15m from the wall then swim freestyle into the turn. Bye Bye Gold and Record (sorry Mr. Cooper). Better luck next time mate. - You can't teach an old dog new tricks !!

The Kids team (19/24 yrs.) had it all their own way by taking both Golds, but were taught a lesson in the Freestyle relay by the Medley team who were still giving Craig a lesson in Backstroke turns. The new kids on the blocks swam a fast 1.4.63. Lido was still waving at the spectator when the Mean Men from the Medley Mess stormed away with a 1.43.12. Kids and water - they love it. But they don't love losing in it!

Do we mention Darren Dyke swimming for Walsall, but now training with Camp Hill, winning Gold, Silver and Bronze? No, we don't. "Sign him up Mr. T".

Next outing is the Europeans followed by a quiet meeting in Cork - Ireland.

Keep up the good work fellow Wrinklies.

Craig Norrey

### 3rd/5th May 91 - Guernsey Open Meet (25m)

As the number of people increased, the buzz of excitement grew. However, there were a few who were concerned at the absence of Gerry and of the tickets. Our fears were soon put to rest, but the time available in Duty Free was very restricted, which may have been the objective in the back of Gerry's mind. I do not think we had anticipated the cramped conditions inside the aircraft, but we were soon settled and airborne. The flight was fairly uneventful, apart from slight turbulence, and the hostesses were soon on hand providing Gerry and the accompanying parents with their duty free requirements.

Once at Guernsey the swimmers were deposited at the Hotel, while Gerry and the parents attended the wine reception at the pool. We were eventually collected and, via a very scenic route, delivered to the pool.

The first two events were to be typical of Camp Hill throughout the Meet. Jonathan Baker and Jo Potter did their best to produce places in the 400 F/S. Jo with 5.14.09 (4th) and Jon with 5.11.32 (3rd). The distance events continued with Raymond Watson 3rd in the 200 FLY; other sound swims came from Ben Darbyshire, 35.13 BK; Lucy Tubbs, 30.87 and Liz Green 31.91 F/S; Andre Sheppard who just missed the final by 0.1 in 28.50. The last event of the day was the 200 F/S with all six swimmers doing P.B.'s and Andrew Brown 3rd in 2.13.46.

Saturday started very early indeed with a wide awake call at 6.00. Despite this very, very early start, the day was to see many good swims from all the team. Again, Jon and Jo started us off well with the 200 I.M. producing another 3rd for Jon and 4th for Jo. The second session started with the 200 BR : Andrew 4th; Raymond, improving with every swim, 3.00.41; Sally Millard, 3rd 3.04.58; Liz 3.06.62. Altogether, five swimmers qualified for finals.

The first finals of the Meet came at the end of this session, Jon coming 2nd in the 50 FLY, 34.93 and Adam 6th; Jamie improved his F/S heat time to 28.96 (4th).

The last session started at 6.30 p.m. by which time the swims done throughout the day were beginning to tell. This was evident in all swimmers from all clubs, but there were still plenty of P.B.'s and sound swims. In the finals at the end, Jon was 3rd in the BR, 1.32.18 and Jo 6th, 1.34.44. We finally finished at 10.00 p.m., so had been in action for 16 hours.

Sunday saw another early start and we were feeling the effects of the previous two days swimming. This session consisted mostly of finals and the atmosphere in the pool peaked. Adam led off with a close 2nd in the BK, 1.17.48 followed by a 6th in the 50 BR. Andrew was 3rd in the F/S, 27.40. We then had a rest break of about 10 minutes (wow, what an excessively long break!) for presentations. Jon won the FLY in a Meet best of 1.17.75 - by now our finalists were swimming on their nerves, but were spurred on by the much appreciated supporters and other team members. Jo took 4th in the FLY and Andrew swam an impressive 1.13.22 BR, only to be pipped at the post.

The second set of presentations gave another 10 minute break followed by Simon Delves taking 3rd in the 50 BK, 34.30, to compensate for his 100 BK (see end note). Andrew led throughout the 50 BR to win in 33.87.

More presentations and into the last finals, starting with a 3rd for Jon in the F/S, 1.09.03, with a tired Adam 5th and an equally fatigued Jo also 5th. Our two reps in the BR did well, Jamie, 4th 1.21.62 and Raymond 5th 1.24.42. Sally took 3rd in 1.25.28 and Andrew came close to that sub 60 with a 1.00.25 F/S (2nd).

Due to the change in the Law on BK turns and the naivety of the judges, there were many disqualifications including an unfortunate Adam who was fastest by over a second in the 50 BK. Unfortunately, Simon did not have the same problem when he rushed up for what he thought was the final of the 50m. when it was in fact the 100m.! Even under the old law you could not stand up at the end thinking you had finished. The shock of the weekend came at the last set of presentations when it was announced that Camp Hill boys were 2nd overall. This was a major achievement due to the high standard of the other clubs and the fact that we only had nine boys in the team. Perhaps if the girls had had more than four they might have done equally well.

After a chaotic but plentiful meal for everyone, we set off on a trip to Hern Island for some relaxation. From our experience here is a list of things to do there for future Camp Hill teams:

1. Walk across to the other side of the island and play football against Channel Island swim teams.
2. Go to the gift shop and spend excessive amounts of money on useless gifts for the family.
3. Play your own game of football on the beach.
4. Sleep for as long as possible.
5. Bury everyone who comes within 100m. of the beach in the sand.

After being rejuvenated, the team, including Gerry, Mary and supporters hit the town! An enjoyable time was had by all. The swimmers would like to thank all who organised the trip and Hal Baker for transporting us along the narrow roads and pavements of Guernsey.

Medal totals : Gold 4 Silver 7 Bronze 12

M.H. assisted by A.B.

#### Footnote

Modesty prevented Michael from reporting his own performances, but they were undoubtedly an inspiration to the rest of the team. He lowered his club record in the 200 BR, 2.27.92, and that and his other time in the 100, 1.08.93 were Meet records. He set P.B.'s in the FLY, 1.04.17 and 200 F/S, 2.03.14 and swam a total of 5 finals in the closing session, finishing with a P.B. of 56.01 in the F/S.

DO WE GO AGAIN IN 1992?

#### 4.5.91 - Polesworth Trophy - Lichfield (25m)

Lichfield 241, Camp Hill 210, Newcastle 185, Enderby 175, Stourport 132

With many of our strongest age group swimming in Guernsey and most of the Open swimmers at the Masters at Leamington, we did well to send a team to defend the trophy. At the start of the gala we were down to one swimmer in a number of age groups, so that people were kept busy all evening, often swimming 'up' and doing unaccustomed strokes.

Richard Rivers swam 100 BK in 3 age groups and 3 F/S relays and still managed 29.74 F/S in the last event of the evening. Mark Worrall improved his BR time to 1.24.23, which he did twice. Sharon Morris set 2 P.B.'s, BR 1.20.63, F/S 1.04.83. Other P.B.'s : Rachel Nock, BR 1.24.94; Amy Waterhouse, FLY 1.14.70; Adrian Lee, F/S 1.06.72; sister Flora, BK 1.27.72; Jo Hutton, 50 F/S 32.67 and Mark Faulkner, 50 BR 44.47.

Thanks to Paul Groom for swimming a relay in borrowed kit, having only come to watch Peter.

#### 5.5.91 - Nuneaton 50m Sprints (25m)

Kate Green, BR 42.30 (3rd), BK 44.54, F/S 34.27, Richard Rivers, FLY 33.40, F/S 29.00, BK 33.88, BR 39.81, Jo Farmer, BR 42.13.

#### 14.5.91 - Diddy League Round 2 Halesowen (36<sup>2</sup>/3 yds)

Stafford Apex 197, Haden Hill 186, Camp Hill 158, Orion 145, Broadway 116, Nuneaton 96.

This was a much better effort all round with several excellent swims and many P.B.'s. The relay teams were dramatically faster. Boys 9 yrs. eleven secs. better in the Medley and 6 sec. in the F/S. The 11 yrs. were 4 secs. faster in the F/S and the 8 x 1 len. 5 secs. The 9 yr. girls improved by 11 secs. and the 8 x 1, 7's the mixed 8 x 1 by 6 x 8 secs. respectively. Good individual swims included : BK. Katrina Hebden 52.92; Adam Edwards 50.07; David Hutton 1.01.85. BR. Andrew Green 1.05.27; Ed. Bissenden 29.46. F/S Mark Pigott 50.53; Chris Hutton 24.83.

Relay Splits : 9 yrs. Gemma Hindson BR 33.89, F/S 25.93; James Roberts, in his first swim for the club, BK 33.44 and F/S 28.17. Jo Hutton F/S 20.4 four times.

Special thanks to Jonathan Baker for rushing over from Coventry to strengthen the team in the second half of the gala.

A.L.

#### 11th/12th & 18th/19th May - Midland District Esso Age Group - Coventry (50m)

A few good swims from our small number of qualifiers : Andrew Brown, BR 6th 1.15.29; Jonathan Baker, FLY 6th 1.17.08, I.M. 8th. A great pity that looking around cost him a national qualifying time. Michelle Jennings, F/S 1.10.47; Andrew 1.00.28 - so near to that sub. 60. Sally Millard, BR 1.27.01 and 3.07.81; Kate Green 1.34.26; Natalie Smith 1.36.20. Team performances : Boys 11/12 F/S 9/26. Medley 11/26. 13/14 F/S 12/25 and 7th/26 in the Medley (Simon Delves, Jamie Hamer, Raymond Watson, Ben Darbyshire). Girls 11/12 Medley 11/24 and a good effort to finish 5/25 in the F/S 2.11.79 (Jo Hutton, Michelle Jennings, Katrina Hebden, Jo Potter); 15/16 yrs. Med. 15/20, F/S 16/19.

#### 26.5.91 - Chase Meet (25m)

Some good swims : Raymond Watson, BR 1.21.98, F/S 1.06.63, FLY 1.12.19, Jamie Hamer, BR 1.20.90, FLY 1.14.60.

### 2.6.91 - W.M.L. Final - Coventry (50m)

Coventry 239, Lincoln Pentaqua 192.5, Radford 172, Northampton 169, Camp Hill 148.5, Perry Beeches 127.

We had many pleasing swims in this final which had been postponed from December, and in which all team members worked hard for the club. To mention only a few : FLY. Raymond Watson 1.14.25; Tracey Collier 34.54; Jo Potter 37.11. BR. Sharon Morris 37.96. F/S. Judy Logan 1.04.44. Heidi Perry is still undecided about her turning technique, but she swam two really determined lengths to win the BK. 1.13.84. Our men did us proud in their two relays with decisive first places. Their F/S splits : Martin Atkins 26.61, Swiss exile Craig Norrey 25.40, Mike Hoare 26.76, Steve Dunn 26.10, Kevin Woodward 25.43, and anchor man Lido Badaway 25.90. A number of gutsy swims from far from well Jo Seymour and Mike Hoare. Definitely a good team effort which promises well for the coming league season.

### 8.6.91 - Stratford Meet (33<sup>1</sup>/<sub>3</sub>m)

A pretty good day for the club - many P.B.'s, several standard swims and only a few 'below par' efforts. Our best swims came from our BR winners, Sharon Morris, with a 1.20.53, looks certain to go sub 80 secs. in the near future; Andrew Brown, 1.12.72, now has to aim for that 70 secs. I was especially pleased with the following : Raymond Watson, FLY 1.11.88, BR 1.22.72; Jamie Hamer, F/S 1.05.50; Richard Rivers, F/S 1.04.55; Ben Darbyshire 1.06.78; Rachel Nock, FLY 1.15.17; Katrina Hebden, BK 1.23.24 and F/S 1.12.74; Jo Hutton 1.14.72; Adam Edwards, 1.08.97 BUT far too clever for himself in the BK saving himself in the heat for a final<sup>for</sup> which he failed to qualify and should have won. Let us hope the lesson has been learned. Andre Sheppard, BR 1.22.86, F/S 1.04.27; Georgina Lee, edging into the FLY final and then improving by 4 secs. to 1.01.80; Sally Jo Jennings and Liz Green, F/S 1.08.21 and 1.09.41; Jo Potter and Michelle Jennings, BK 1.25.61 and 1.26.17 and Jo's BR 1.33.90, with Flora Lee, in a back-to-form 1.31.35. Simon Delves' 2 BK swims of 1.15 + will give him more confidence in himself.

It was a pleasure to witness this overall general improvement.

### 8.6.91 - Coventry 'B' Grade (50m)

50 F/S Mark Pigott 35.63 (5th); Katie Smith 35.86 (9th); BK Peter Bloomer 1.26.49 (8th); 100 F/S Mark 1.20.54.

### 8.6.91 - 'B' Team at Tamworth (25m)

While the big guns were out in force at Stratford, an enthusiastic, if inexperienced, 13/U team took on the likes of Tamworth 'A' and 'B' and Rugby. Broadway had withdrawn at the last minute - they must have heard that we were competing! We have some good swims from : Pam Schofield, FLY 43.67; Toby Castles, BR 43.78; Hannah Loftus 24.54; Damien Freeman 24.70; Ian Potter, F/S 17.02; Cheryl Darcy, FLY 21.93; Sally Millard, FLY 37.36; Ian 22.47; and Adam Lynch, in his first gala, 24.65.

Unfortunately, we had five disqualifications in the relays because of the inexperience and over-enthusiasm of our swimmers, despite Lucy Tubbs' supervision. We still managed to win the gala easily, which was a great relief to Mrs. Tubbs and Mrs. Darcy, the team managers. Thanks to the excellent timekeeping of Richard Green and Dallas Groom.

S.T.

### 15.6.91 - Round 3 Diddy League - Halesowen (36 yds)

Stourbridge , Oldbury , Orion , Camp Hill , Bedworth ,  
Brierley Hill .

This was our third visit to Halesowen, and Stourbridge were the runaway winners, followed by Oldbury and Orion. We were ten points behind and would almost certainly have finished third had it not been for 2 relay disqualifications. Swimmers MUST watch relay takeovers more carefully. However, 4th place and 141 points should be enough to avoid relegation.

Several good swims including : FLY Jo Potter 51.3; Michelle Wilson 101.03; Ed. Bissenden 25.82; Georgina Lee 26.93; Neil Sharma 21.61.

Other notable swims : BK Katrina Hebden 52.09; Adam Edwards 49.48; Chris Hutton 31.37. F/S Wayne Poole 22.36; Lisa Darcy 23.94; Dean Cross 21.44; Jo Hutton 45.56, having already swum a whole length owing to lack of a false start rope.

A.L.

### 16.6.91 - Leicester Meet (25m)

A long day - up at 6.00 and off to Leicester for 3 x 3 hour sessions. It was well worthwhile, however, as St. Margarets fully lived up to its reputation as a fast pool. This attracted swimmers from a wide area and provided very keen competition. We had three outstanding P.B.'s : Sally Millard, BR 1.23.40; Simon Delves, BK 1.11.09 (35.17 and 35.92); he will go under 70 secs. when he can keep his head still. Flora Lee, BR 1.26.36 (NQT). Many other P.B.'s including : Raymond Watson, FLY 1.10.51; Jo Potter, I.M. 2.52.45; Ben Darbyshire, F/S 1.04.73; Jamie Hamer, BR edging under 80 secs.; Sally-Jo Jennings, F/S 1.07.54; Jonathan Baker, BR 1.30.12. Every member of the team came up with at least one good performance, with most producing two or three.

### Camp Hill 1981 - August/December

Sixteen year old Jo Seymour was 2nd in the National Long Course BR and swam for G.B. in the European Championships at Split, Yugoslavia. Our women were 7th in the National Medley Team - Heidi Perry, Jo, Lisa Capewell, Jo Swift. The highlight of the year was our best-ever National Age Group : Lido Badaway, 1st 15yr. FLY 1.00.85, 4th and 7th 100 and 200 BK; Paul Ford, 5th 15 yr. F/S 56.92, 6th BK; Heidi 4th 16/17 yr. 200 BK 2.25.58, 6th 100 BK 1.09.10; Lisa Capewell, 4th 12/13 I.M. 2.34.84, 5th FLY 1.09.99; Kingsley Walker 7th 11 yr. FLY 1.17.59. Our 15 yr. F/S Team, including Lido and Steve Dunn were first, and they were 2nd in the Medley Team. Our girls 13/13 F/S and 16/17 Medley Teams also made finals. Our boys won the trophy at the Coventry sprints with our girls finishing 2nd. We were 6th in the National League Final.