

### Officials

The efficiency of the Club has been increased by a number of successes in the County Timekeepers examination: Meriel Hutton, Anne Lee, Polly Sheasby, Barrie Hindson and Ron Smith have qualified in practical and theory and having passed the theory in other duties along with Paul Hamer now await the practical examination.

Many thanks to Norman Stephens for preparing candidates. A club cannot function successfully without officials, especially when there are two matches on the same day. I hope that more parents will 'take the plunge' when Norman runs his next course in September.

### Back Stroke Turns

The following interpretation has been made in an effort to reduce the number of disqualifications at galas.

1. The 'continuous turning action' begins once the swimmer leaves the position on the back.
2. A glide is permissible within the 'continuous turning action' provided there is no propulsion towards the wall.
3. A swimmer who kicks and pulls when initiating the forward rotation of the actual turning movement into the wall should not be disqualified.

So, you can now glide into the turn, but must not kick into it. You may kick as you start the somersault.

### Warwickshire Championships

There was a slight improvement in our total of individual medals compared with 1991, although we could only manage ~~74~~ gold in our total of 16. Our relay teams were placed in 16 finals compared with last year's 12, collecting 64 medals including gold in the 4 men's and women's races. Entry costs for the relays £180.00.

We had an excellent number of entries for the individual events - on one session there were 44 swimmers on the poolside - with many P.B.s amongst these, I was particularly pleased with:-

F/S - Lucy Tubbs 1.04.68; Mark Pigott 1.14.00; Stephen Jones 1.04.89

BK - David Tubbs 1.16.72; Lucy Wood 1.23.74; Andre Sheppard 1.13.21

BR - Kate Green 1.31.19; Damien Freeman 1.41.70

Fly - Raymond Watson 2.33.62 & 1.08.92; Jo Potter 1.19.68;  
Pam Schofield 1.28.16; Georgina Lee 1.29.96; Jo Potter 1.19.68  
Tamar Watts 1.33.60; Ian Potter 1.33.19

Results

	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>
<u>10/12</u>			
Fly	L Flynn 1.19.35		
I.M.	N Smith 3.04.63		
<u>13/14</u>			
BR			S Millard 1.25.84
			S Jones 1.20.10
I.M.			S Jones 2.39.58
<u>15/16</u>			
I.M.	R Nock 2.38.54		
Fly	R Nock 1.13.83		
BR	S Morris 1.21.59		
F/S			R Nock 1.05.18
<u>17/18</u>			
F/S		L Tubbs 1.05.83	
I.M.		L Tubbs 2.46.55	
BK			L Tubbs 1.16.13
<u>OP</u>			
50 BR		M Hoare 32.02	
100 BR		M Hoare 1.09.89	
200 BR	M Hoare 2.33.84		
50 BK	M Atkins 29.98		

RelaysFemale

11/12	Medley Silver	- K Green, N Smith, L Flynn, K Brooks
	F/S - Silver	- K Green, N Smith, L Flynn, K Brooks
	- Bronze	- P Schofield, M Wilson, R Payne, K Smith
15/15	F/S Silver	- A Waterhouse, L Lee, R Nock, K Green
	Medley Silver	- A Waterhouse, L Lee, R Nock, S Jennings
Jun.	F/S - Silver	- A Waterhouse, S Morris, R Nock, L Lee
	Medley Bronze	- A Waterhouse, S Morris, R Nock, L Lee
OP.	F/S - Gold	- L Lee, J Seymour, J Mason, L Tubbs
	Medley Gold	- H Perry, J Seymour, J Mason, L Tubbs

Male

13/14	F/S - Bronze	- D Tubbs, S Jones, J Baker, A Edwards
	Medley Bronze	- D Tubbs, S Jones, J Baker, A Edwards
15/16	F/S - Silver	- A Sheppard, A Brown, R Rivers, A Caves
	Medley Silver	- A Sheppard, A Brown, B Darbyshire, A Caves
Jun.	F/S - Silver	- A Sheppard, A Brown, R Rivers, A Caves
OP.	Medley - Gold	- S Dunn, M Hoare, M Atkins, L Badawy
	F/S - Gold	- S Dunn, M Hoare, M Atkins, A Brown

#### 11.4.92: Diddy League-Round I-Newtown (27.5 yds)

Stourbridge 212, C/Hill 167, Avon Neptunes 161, Swadlincote 143, Hinckley 122, Handsworth 92

This was the first gala to be run by Camp Hill for some time. With half the team and half the officials at Coventry all afternoon, this was living dangerously, but with a good deal of luck (and clear roads) everyone was on the poolside on time and the gala ran like clockwise. Many thanks to our officials, especially Norman Stephens, John Nock and John Waterhouse who gave up a Saturday evening although their children were not involved.

We had no disqualifications, which was a triumph considering our recent past record, and some very good swims. The 5 points we gained should put us in the top 6 of the League going into round 2.

#### 26.4.92: Wolverhampton (25m)

Jamie Hamer showed his versatility at the Orion Meet with 2 P.B.s: Fly 1.09.83, F?S 1.01.14.

#### The Guernsey Experience - April 30th - May 4th 1992

Camp Hill Beau Sejour, formerly Camp Hill Edwardians were invited to compete in the third open meet organised by the Beau Sejour Barracudas Swimming Club of Guernsey, on the above dates. We accepted the invitation, this being our second visit.

The party consisted of 16 swimmers and 9 adults with 13 travelling on Thursday April 30th from Weymouth by sea and the remainder, the following day from Birmingham airport.

#### The "Boat People"

With Sam in charge, the 3 cars in this party left a grey, damp Birmingham in 2 convoys. The first convoy containing Mike and Andrew travelled all the way to the first service station before filling up with food, eventually arriving in Weymouth in good time to catch the boat and just in front of the second convoy who had followed a different route.

By this time, all stomachs were in need of replenishment and were duly satisfied. However, the attraction of the arcade games were too much for some of our party resulting in our late arrival at the Departure Lounge and last place in the queue for boarding. Adam got the blame.

Our boat was duly waiting, having arrived one hour previously and it turned out to be superb. Called Condor 9 Wavepiercer, this catamaran carrying 450 passengers in total has individual aircraft-style seats, air-conditioned interior and hostess service, panoramic windows, generous leg-room and wide aisles. It also serves free tea and coffee.

Our comfortable, luxurious sea voyage lasting over 2 hours turned out to be anything but. The Guernsey Experience had really started!

The weather deteriorated, wind speeds increased, and at times we were confined to our seats with more than half of the passengers feeling ill. Our party was no exception, but it was at this stage we began to make our presence felt.

Those who ventured for tea, coffee and biscuits were thrown all over other passengers as there were no rails to hold on to when being served. Also the toilet facilities were overstretched prompting a Condor official to ask why one toilet was continuously engaged when we should be confined to our seats. Ben where were you? Did you really fall asleep? During the crossing "nurse" Sue really came into her own with Jonathon and Adam arriving in Guernsey in "fair" condition thanks to her efforts.

Once on dry land we soon recovered, and chauffeur Al quickly transported us to our hotel.

Our hotel, The Marton, was small, friendly and comfortable, and adequately served our needs. However, on booking in, the first signs of a game called "musical beds" became somewhat apparent, but was not developed at this stage.

After settling in, on a damp evening, the Leisure Centre was our first target.

Our obvious ability to swim competitively was too much for one official, so we confined ourselves to our gentle warm up. However, this was unnecessary as our temperatures rose naturally once we spotted land and water based aerobics in operation, female, of course.

Our enjoyment was further enhanced when 2 water slides were opened, giving our party unlimited use. On one occasion, Ben, minus his ring, managed to defy the laws of gravity by getting stuck in the middle, much to the enjoyment of those following behind.

After 2 hours at the Leisure Centre, the local chippy then prospered and we had a sit down meal in the mini-bus, but no tables.

The next day, Friday, was all change. The sun started to shine, the wind abated, and from then onwards the weather throughout the whole weekend was glorious. The "boat people" spent a pleasant morning around St. Peter Port, which is very charming. Old Warehouses on the front have been converted into shops overlooking the harbour which was a vibrant colourful scene with yachts, motor cruisers and small boats all around the place. On a day like today, the other islands, Alderney, Herm, Jersey and Sark could be easily seen. Guernsey has its own coins, bank notes and stamps. Although definitely British, they seem to do things their own way with yellow telephone kiosks and blue letter boxes. Several languages can be heard. French, naturally, but also German and Dutch. The atmosphere is quite cosmopolitan. A bit like Paris or Amsterdam. A nice mixture of abroad, but at home, with not only French street signs, restaurants and shops but also Boots, Woolworths and Marks and Spencers too.

At lunch-time the "Jet Set" arrived bringing our party up to its full complement. They had arrived earlier than expected by flying direct instead of via Jersey, courtesy of Loganair.

Food and relaxation was the order for the job ahead. The food aspect was definitely complied with.

In the evening, preceded by an official reception for officials and guests given by the Guernsey Tourist Board and the Barracudas, the serious competition got under way.

All swimmers and spectators looked forward to the meet with anticipation and excitement.

Two consistent aspects soon emerged. The spectators area in the Leisure Centre was extremely hot, probably owing to the close proximity of the ceiling. It was one of the hottest baths we have ever been to. Also at this point we began to change our name, as many swimmers, officials and spectators, from all clubs, began to purchase obsolete T-shirts, track suits, etc with the Barracudas old logo, for just £2.

The evening was a useful introduction to the days ahead for all concerned.

Following the swimming we split up into different groups, replenished our appetites and returned to bed, not too late,

We awoke to another glorious day. It was an early breakfast for all swimmers for a 7.30 am warm up - supporters followed later.

A special mention for Simon who was unwell in the first session but battled on regardless.

After the evening session, food and drink was a necessity and after some foot slogging round St Peter Port, half of us finished up at a pleasant Italian Restaurant.

Sunday was mainly finals day, with again an early start. With all of our swimmers consistently giving their all, we were pleased with their times, haul of medals, and the coveted 'Best of Breed' rosettes.

Our supporters also had success. Although failing to obtain the main prize which was flying lessons. Congratulations to Sue who won 2 prizes on the raffle.

At the end of the Meet, we were then taken to one of Guernsey's beautiful bays for a picnic lunch and free afternoon. One person, who shall not be named, in case Jim reads this, became friendly with the Maltese officials, no doubt with a possible free holiday in mind.

After lunch, while other clubs played ball games on the beach, our swimmers had obviously had insufficient water time. None of our squad seemed to escape being thrown into the sea, fully clothed or not.

A game of volleyball then followed. Andrew's team were superb. Considerably outnumbered, he marshalled his forces and made sure everyone participated equally (opposition please note), but his cause was not helped by Stephen. After organising the game he then proceeded to play in the sand, just when he was needed most, and Andrew's team were defeated, but gloriously.

With time running out, a mini penalty shoot-out was followed by four-a-side football.

Jamie's team went one down but Simon equalised and Peter put them in the lead with a John Barnes special, after many years of trying. Now he has become more accurate, perhaps he will manage to miss the patio doors in future!

Sally then gave us a boots and bikini fashion show, with emphasis on the boots and a pleasant afternoon was followed by a short tour of the island.

For once the venues for our evening meal were well organised, one party dining at Valentinos and another at the Moorings. After Sally, with style, had obtained a free portion of chips, there appeared to be no complaints.

On returning to the Hotel, there followed the usual late night binge with pillow fights and musical rooms prominent, but with no harm done. Kate, please bring hedgehogs parachute next time.

A slightly later breakfast on the day of departure was an eye opener. David, how did you manage without Garlic Bread for starters? There was Raymond after tomatoes, and Ben, again, with six weetabix. All you now need is fame, and a fortune with Brian Clough awaits you.

It was then time for us to go our separate ways with both parties leaving within half an hour of each other. The boat people were still competitive. The Wavepiercer, shortly to arrive, was full and our party appeared to be double booked. This put us in a real defend, attack, negotiate situation which we were going to use to the full. Condor had no computer records of our party under any of our possible names, but eventually, came to a booking under Fain. By this time we were at the back of the queue, but for all the inconvenience caused to us, we negotiated a first on board agreement.

Escorted by a Condor official, Northampton Swimming Club looked aghast as we slowly, very slowly, walked past them to the head of the queue for priority treatment. Mike, I know that made your day. Lucy, you would have enjoyed it to.

Once on board, we all quickly fell asleep and had a dream. A dream of beautiful weather, clam sea, good visibility, and a voyage with no problems. After travelling at a speed of 32 knots, we arrived in Weymouth on time. That was no dream!

Our high flyers arrived back in Birmingham in good time for lunch and our now experienced sailors at tea-time.

Thanks to our Hosts for their hospitality. Special thanks to Gerry for giving us the opportunity to travel, for his lone poolside stint, and drinks at the bar; to Mary for her company and tales of past exploits; to Al for his chauffeuring; to Sue, minder and cheer leader; to Sam for being Sam; and to supporters Gill, Official Photographer, Glynis, Sylvia and Dave for vocal support and guidance. A well done to the younger swimmers Jo, Kate and Pam for lasting the pace and a well done to all swimmers for their considerable efforts. A thoroughly enjoyable experience.

## Performances

In case the above should give the impression that the group had a relaxing weekend, I must place on record that we took part in 177 swims, gaining 32 medals in finals. Mike Hoare and Andrew Brown 7 each, Lucy Tubbs 5, Steve Jones 4, Jo Potter and Sally Millard 2 and Raymond Watson, Kate Green, Ben Darbyshire, Adam Edwards and David Tubbs 1 a piece.

Many noteworthy swims, including:- Mike I.M. 4.59.01, F/S 56.14, Fly 1.01.70; Andrew BR 2.36.71 and 1.11.92, BK 1.08.90; Lucy F/S 29.75, BK 1.14.77, Stephen BR 36.24 and 1.18.51; Jo I.M. 5.51.43, Adam BK 1.14.38 and 33.54; David 1.14.93 and 33.66; Jamie Fly 1.08.97; Pamela F/S 1.11.49; Ben Fly 30.05, Raymond BR 2.49.70; Kate BR 41.29; Sally BR 3.02.17.

### 2/3.5.92: Midland District Masters and 19/24 yrs - Leamington (25m)

We had a rich haul of medals in this event: 41 individual (21 gold, 10 silver, 10 bronze) and 36 for our 9 teams (7 gold, 2 silver).

Jo Seymour, as usual, made her presence felt with 6 golds; Craig Norrey, as competitive as ever, took 5 golds and Darren Dyke won 3. There were many good performances.

F/S Jo 28.77 and 1.02.30; Darren 24.77 and 53.77 and 1.59.96; Alan Meeris 26.15; Kevin Woodward 25.69 and 56.03; Craig 25.11 and 54.65; Steve Dunn 25.52 and 55.82; Martin Atkins 57.56; Judy Logan 1.03.79; Debbie Farmer 1.04.64; Suzanne Linton 1.07.81; Martin Atkins 57.56; Judy Logan 1.03.79; Debbie Farmer 1.04.64; Suzanne Linton 1.07.81.

BR Jo 36.14

BK Heidi Perry 1.11.78; Craig 28.68; Martin 28.95; Suzanne 36.67; Anne Bourne 38.07

I.M. Jo 2.30.02; Craig 1.03.66; Steve 1.04.05

Fly Kevin 26.76 and 1.01.95; Craig 27.34; Trevor Clark 28.52; Martin 27.61; Gary Humpage 1.01.43.

Probably our best effort was in the 130 - 139 yr F/S Team when Darren, Craig, Kevin and Lido Badawy produced a winning time of 1.39.49. Cost of team entries £50.00.

What a busy weekend for the Club-Masters at Leamington, middle group at Guernsey and younger members at Nuneaton.

### 3.5.92: Nuneaton 50m Sprints (25m)

Gemma Hindson Fly 40.38 (1st), F/S 34.94 (1st); Nicola Sheasby F/S 36.69; Hanna Loftus 38.00; Katie Smith F/S 33.18, Fly 37.48; Michelle Wilson F/S 33.79; Emma Hobbs 36.00; Wayne Poole 33.04; Michelle Jennings BR 40.31, F/S 30.65 (1st) Georgina Lee Fly 40.08; Ian Potter 40.59.

### 3.5.92: Midland District Relays - Coventry

We entered 10 events and, as expected, our best result came from 10/12 girls (Katie Brooks, Natalie Smith, Pamela Schofield, Kate Green) who placed 7th in the F/S final and 10/23 in the Medley. Our girls 13/14 4 x 50 Team were 23/25 2.31.89 Medley and 16/25 206.81 F/S and the 15/16 girls 12/19 FS and 13/19 medley. Their overall times were below expectations, but we did, despite many problems, get teams on the block and they carried the club name at this important event.

Our boys 13/14 yrs had good swims, finishing 16/29 in both F/S and Medley. The 15/16 boys did well in the F/S, 11/26, but were below form in the Medley, 20/26. Next year, we must try to include 17/18 yr teams. Entry costs £50.00.

### 3.5.92: Round II Diddy League - Halesowen (36 yds)

Perry Beeches 219, Walsall 173, Stourbridge 156; Bilston 121, Rugby 118, C/Hill 113.

Having gained 5 points from Round I, we were most unfortunate to draw 5 of the top 6 clubs in Round II, so we knew the going would be tough.

Two disqualifications were 2 too many, but did not affect the final result. There were several very good swims, of which the best came from our 2 individual winners, both 10 yrs. Gemma Hindson F/S 22.12 and Damien Freeman BR 29.58. Damien would have gone faster if he had not spent much of the race looking across at the opposition, and indeed he did so in the medley relay, where he kept his eyes on the finish, 29.36.

Other good swims: 9yr F/S Lucy Lloyd-Roach 27.35; Laura Hyde 27.49; Richard Roberts 27.87 (what a pity he did yet another flyer in the medley) 10 yr F/S Christopher Dibbs 24.56; Hanna Loftus 24.31; Nicola Sheasby 24.28; 12 yr Michelle Wilson 21.32; BR Louise Morgan 32.67; Nicola 30.77; Pam Schofield Fly 24.32 and 54.39; David Hutton 57.16.

### 16.5.92: Inter-Club Halesowen

C/Hill 186, Solihull 160, Witney 152, Bromsgrove 115, Halesowen 95

A quarter of the way through the programme we were in third place, but we took the lead after another eight races and steadily increased it to a comfortable win. I regard Halesowen as a good venue, as times compare almost exactly with those done at Coventry, so it is virtually a long course experience.

There were good match swims by Sharon Morris, BR 1.21.37 and Mike Hoare 1.10.12; Lucy Hall, in her first swim for the Club, BK 1.10.27; Adam Edwards BK 1.16.45 and Martin Atkins in a rare BK race 1.05.97.

We also had many P.B.'s over the distance: BK Simon Delves 1.11.74, BR Jo Hutton 1.32.85; Johathon Baker 1.28.93; Jamie Hamer 1.18.42; F/S Andrew Caves 1.00.96 - so near that sub 60 sec; Ian Potter 1.14.77, a 4 second improvement; Fly Jo Potter 1.18.46; Neil Sharma on 2 mornings a week - 1.20.64; Georgina Lee 58.54 and Ian 54.48. Lots of good splits in the one length relay, with Katie Brooks producing four 20+ swims to underline that she really should be looking for a sub 70 sec. 100m.

What is the point of mentioning so many times in the newsletter?

To give recognition of achievement.

To make you aware of standards - how your performance compares with others of the same age. How they compare with those of the Masters who still produce respectable times although they don't train so much, but have that background of years of training and experience. Don't just look at your own performances and your own age group, but study them all, learn to appreciate them and set yourself targets.

Young swimmers, look for your places in the ranking lists produced by Mr and Mrs Hindson, and seek to improve them.

Fixtures - June

6th: Stratford Meet - entries made  
6th: Diddy Gala - Leicester  
6th: Coventry 'B' Grade - entries made  
  
7th: Haden Hill Meet - entries made  
  
20/21st: Midland District - entries made  
20th: Diddy League  
20th 'B; Team Droitwich  
27/28th: Midland District - entries made  
27th: 'B' Team - Hinckley