

C A M P H I L L N E W S

Subscriptions/A.S.A. Registration

Most of these should have been collected by now - if your payments are outstanding, please deal with them at once, as it is vital that we have an up-to-date club list available.

Many thanks to Polly Sheasby, for once again, undertaking this onerous task.

Questionnaires

This was for our regular team members and of those issued, 18 were returned. You were asked to state your aims and targets and most were rightly ambitious, but within the bounds of possibility - in fact, some of you are very close to your targets.

If you have yet to decide on your aims/targets, it is not too late to complete the questionnaire - in fact it is probably even more important for you to do this!

Congratulations!

To Jo and Mick Mason on the birth of their daughter Jordan. I'm hoping that Jo will turn out for our Masters later in the year.

Tanner Trophy

This perpetual trophy was recently presented to LUCY LLOYD-ROACH in recognition of her enthusiasm and application in training. Her hard work has resulted in her considerable improvement over the past 12 months and has been a good example to our young swimmers.

COMPETITION RESULTS

6 February 1993 - Avon Neptunes (33 1/3 m)

Oldbury 194, Camp Hill 176,  
Avon Neptunes 171, Camp Hill (B) 127  
Heath Town 100, Avon Neptunes (B) 57

This was an inter club Diddy Gala with mixed relays, so we were able to take two fairly strong teams. It was the first time that most of the 9 year swimmers had swum individual events, certainly in a 33 1/3 metre pool and they coped very well. Particularly good swims came from:-

**1 length**

Kate Hindson, BR 33.30, FLY 30.93  
Rachel McLaughlin, BK 30.41 (she swam the race twice - our fault for not explaining the false start procedure!)

Claire Franklin, F/S 27.13  
William Barker, F/S 26.83  
(AND NO RELAY DISQUALIFICATIONS : WELL DONE!)

#### 2 lengths

Laura Payne, F/S 53.32  
James Venables, BR 1.08.98

#### 100 metres

Lucy Lloyd-Roach F/D 1.25.61  
Damien Freeman, F/S 1.24.19  
Nadia Rahman, BK 1.32.87  
Hannah Loftus, BK 1.28.44  
James Raine, BR 1.42.89  
Christopher Hutton, F/S 1.20.25  
Ian Potter, FLY 1.21.44 and F/S 1.10.21

The only black mark goes to one 10 year old girl who was disqualified TWICE - let it be a LESSON!

Otherwise 10 out of 10 for effort from everyone and it was nice to have such well behaved swimmers

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#### 6 - 7 February 1993 - Bilston Meet (25 m)

Five days had passed and several of us found ourselves at Wolverhampton once more but it was well worth it.

#### Highlights of Day One!

Katie Smith, FLY 1.25.18  
Michelle Jennings, BR 1.23.76 3rd;

F/S Our boys 'packed' well

Jamie Hamer 1.00.31  
Stephen Tomlinson 59.31  
Richard Rivers 59.15  
Ben Darbyshire 59.12  
with Andre Sheppard lifting himself ahead of the others with a 58.69. I hope this rivalry will continue to produce PBs  
200 BK Jo Potter 2.49.25 (1.24.09/1.25.16)  
FLY Gemma Hindson 1.22.81, 1st  
F/S Michelle 1.04.72, 2nd and 200 F/S 2.21.18, 3rd  
(this was one day on which Michelle maintained her effort throughout her races and finished really well; Adam doubtless inspired by his elders, swam 1.00.27 twice to take third. Kesree Finnegan arrived at 1.00 for her 6.30 pm swim, having sat through several events which she could have entered but did not further reduce her FLY to 1.18.12 2nd; Jamie finished off the day with a 1.15.54 BR 5th

### Highlights of Day Two

Gemma had a decisive win in the F/S, 1.10.93 and in the 400 m  
5.33.19  
Adam swam his first sub 70 BK, 1.09.28, 3rd  
Jonathan Baker, 200 FLY 2.33.13  
BK Stephen Tomlinson 1.03.91, 3rd  
Nicola Sheasby 1.33.92  
Hannah Loftus 1.40.37  
Sharon Morris, 200 BR 2.48.66, 2nd  
Sally Millard 3.01.57  
Michelle 3.02.83  
Jo 3.03.94  
Mike Hoare 2.32.55, 1st  
Stephen Jones 2.47.17  
Sally BR 1.23.98, 3rd

A most useful Meet with swimmers having to face 100's, 200's  
and 400's relatively close together

### East Midlands League (Round 2)

#### 13 February 1993, Luton (33 1/3 m)

Coventry 220, Luton 189  
Haden Hill 178, Derby 170  
Camp Hill 146, Triple S 142

Very strong opposition and we only moved up from sixth place with  
six events to go

Our best swims:-

#### **BR**

Pamela Schofield 1.29.5  
Damien Freeman 1.33.44  
Sharon Morris 1.18.06  
Mike Hoare 1.10.25

#### **FLY**

Martin Atkins 1.02.14  
Gemma Hindson 23.82 &  
21.09

#### **F/S**

Adam Edwards 1.00.79  
Lydia Lee 1.04.19

#### **BK**

Stephen Tomlinson 1.04.29

It was generally felt that there was a lack of team involvement  
at a time when this was required.

Loss on coach hire £26.00

#### **Deepings (25 m)**

Walsall 249, Kings Lynn 234  
Camp Hill 171, Southwell 157  
Kettering 134, Swadlincote 98

No-one had heard of Deepings but we managed to discover it after  
a break at Stamford and despite the fog. Our team was sadly  
weakened by a further 3 cry-offs on the day, although it is  
doubtful if this affected our final placing.

The attractive pool was conducive to good performances, our best being a much stronger looking Natalie Smith, BR 1.26.62, Nadia Rahman, BK 42.51, Jamie Hamer, close to his best BR 1.14.56, Lucy Lloyd-Roach, F/S 39.00, Gemma Mooney in her first gala BR 48.53, Laura Payne, FLY 49.03, sister Ruth, BK 1.29.60 Katrina Hebden, FLY 1.21.78 Lisa Johnstone BK 1.23.84

Lucy Tubbs, tackling 3 events gained 14 valuable points  
Trevor Clark IM 1.06.24

Duncan Adams - at last starting to put it together, FS 1.19.91  
Two good efforts by Russell Turner, FLY 1.21.24 and BK 1.16.55 together - how I wish he would train as well as he races  
An excellent relay split of 42.30 from 9 year old Ian Johnstone.

We finished off with a good win in the Men's 6 x 2 F/S with the experience of Paul Tainty and Trevor Clark combined with the youth of Russell, Jamie, Ben Darbyshire and Andre Sheppard averaging 27's

Loss on coach hire : £65.00

### 20 February 1993, Lichfield (25 m)

Camp Hill 186, Bilston 178  
Phoenix 137, Lichfield 127

A somewhat eccentric programme featuring 50 m races in all age groups and eight 5 x 25 m single stroke relays. The girls swam individual F/ & FLY and the boys BK and BR. The mix clearly suited us as there were some excellent sprint swims and we returned in possession of a large and impressive trophy. The team was on its best behaviour - some members who were looking for a lift particularly so - but chewing gum must NOT in future be brought on the poolside as it gets stuck everywhere. Good swims included:-

#### F/S

Michelle Jennings 30.15  
Kesree Finnegan 29.06  
Katie Brooks 31.16

#### BR

Jamie Hamer 33.34

#### BK

Adam Edwards 32.31

#### FLY

Georgina Lee 37.88  
Tracey Collier 33.27

There were 15 relays swum with no disqualifications

27 February 1993 - Relay Gala, Dudley (25 m)

Stourbridge 158, Leicester Penguins 119  
Camp Hill 118, Evesham 41

Stourbridge took control of this match from the start, with Penguins and ourselves in close contention for second place. As expected, our boys could not match the standard of our girls but I do detect signs of improvement and am confident that regular hard work will produce results. There were many good splits and our 14 year girls, their F/S relay time beaten by our 13 years, must look to their laurels.

6 March 1993 - Diddy Relay Gala, Solihull (33 1/3 m)

Solihull (A) 163, Gloucester 161  
Camp Hill 158, Orion 129  
Solihull (B) 79, Burntwood 66

This one will be remembered as the 'gala of disqualifications'!

Gloucester 7, Camp Hill 4  
Orion 3, Solihull 2  
Burntwood 7 (4 consecutive events!)

The comprehensive programme provided plenty of swims and the times will be a great help in our team selection for the fast approaching Diddy League. Our best team performance came from the 11 year girls who won their five races.

East Midlands League (Round 2) - 13 March 1993, Corby (25 m)

Camp Hill 204, Braunstone 201  
Stourbridge 194, Triple S 169  
Leicester Penguins 155, Norwich Swan 125

By all accounts, it would be something of an understatement to say that our coach was unsatisfactory. The matter is being followed up in the expectation of some compensation. Despite that setback, our overall team performance was excellent and the general involvement and team spirit greatly surpassed that of the previous round.

**F/S**

Gemma Hindson 32.89  
Adam Edwards 59.79  
(under the minute)  
Katie Brooks 1.07.44  
Andre Sheppard 57.68  
Lydia Lee 1.04.17

**BR**

Natalie Smith 1.26.67  
Damien Freeman 1.31.24  
Sharon Morris 1.17.30  
Sally Millard 1.23.67  
Mike Hoard 1.09.59

**BK**

Katie 1.24.55  
Ian Potter 1.27.37  
Stephen Tomlinson 1.04.46

**FLY**

Rackel Nock 1.12.77  
Martin Atkins 1.01.64  
(still a force to be reckoned  
with)  
Kesree Finnegan 1.18.13

LM Mike 1.04.49

Loss on coach hire (hopefully to be reduced) £34.00

Grantham (25 m)

Hinckley 212, Camp Hill 198  
Grantham 194, Treonte Dolphins 159  
Enderby 138, Triple S 137

We had our most disastrous start ever, with 3 disqualifications in the first 7 races. Shelly Taylor broke her stroke momentarily thinking there had been a false start recall, an 11 year had a flier and a 13 year disgraced herself by climbing out as soon as she had finished - total 16 points!

Sanity then prevailed and we swam very well for the rest of the match.

**BR**

Pam Schofield 1.28.77  
Andrew Green 1.37.42  
Shelly Taylor 1.20.40  
Andrew Brown 1.11.79

**F/S**

Michelle Wilson 1.13.40  
Chris Hutton 1.19.74  
Judy Logan 1.03.88  
(after waiting until event 39)  
Jamie Hamer 1.00.16  
(unfortunate with his turns)

**BK**

Nadia Rahmad 41.82  
Claire McLaughlin 1.27.79  
(harder work in training would greatly improve this)  
Shelly Taylor 1.10.92  
Trevor Clark 1.07.84

**FLY**

Tracey Collier 1.17.44  
(a good finish but too much left)  
Ben Darbyshire 1.05.22  
Katie Smith 1.24.79

I was pleased by the way in which everyone tried and with those such as Stephen Fenton and Dean Cross who tackled a heavy workload. Thanks also to Joseph Murray and Marcell Kijak for turning out at very short notice. I must remember that it take only two hours to get to Grantham.

Loss on coach hire £56.00

14 & 21 March 1993, Broadway meet - Wolverhampton (25 m)

Two Sundays of hard swimming with competing clubs from a wide area.

**FIRST**

Gemma Hindson 200 F/S 2.36.99, Georgina Lee, 200 FLY 3.01.08

**SECOND**

Shelly Taylor, IM 2.32.29 NQT BR 1.20.00, BK 1.10.49  
NQT Adam Edwards F/S 58.88

**THIRD**

Adam BK 1.09.11  
Jonathan Baker 100 & 200 FLY  
Georgina 100 FLY 1.21.23  
Michelle Jennings 100 F/S 1.04.80  
Jonathan 200 F/S 2.13.69

Other good swims:-

**FLY**

Ruth Fraser 44.96  
Ben Darbyshire 1.04.71

**BR**

Jo Potter 1.25.87  
Natalie 1.26.38  
Pam Schofield 1.28.47

**200 BR**

Michelle Wilson 3.00.99  
Jo Potter 3.02.82  
Shelly Taylor 2.56.83

**F/S**

Natalie Smith 1.07.94 49

**BK**

David Tubbs 1.12.13  
Stephen Tomlinson 1.03.71

**200 FLY (We have quite a battle)**

Kevin Woodward 2.23.62 (2nd)  
Paul Tainty 2.25.38 (3rd)  
Trevor Clark 2.26.02  
Ben Darbyshire 2.27.36

Study these splits - Kevin's are the best, although one could look for a slightly faster third 50

KEVIN	PAUL	TREVOR	BEN	JONATHAN
32.01	31.76	31.46	30.96	34.66
36.79	35.83	36.77	37.85	40.93
38.26	38.41	37.61	39.69	40.39
36.56	39.44	40.78	39.10	40.48

21 March 1993, Oldbury (B) Grade meet, Halesowen 36 2/3 yds)

With a lot of effort, we did manage to get 18 swimmers at this worthwhile event, but there were plenty of others who really should have taken advantage of the opportunity. However, those who competed did very well indeed.

We started well with Gemma Hindson winning the first event, FLY in 1.26.75 and Duncan Adams, seeded 23rd took second place in the F/S, 1.19.08. Lucy Lloyd-Roach pulled out a 7 seconds PB, Second 2 lengths BK 1.02.58, Laura Payne, 1.03.30 and Ruth Fraser 1.03.36 finishing fifth and sixth

Simon Delves followed his OP F/S 3rd by winning the OP BR, 1.21.65

Our 10 year girls took 3 more trophies for F/S, Ruth 53.24 2nd; Lucy 53.72 3rd; Laura 55.16 6th. Pam Schofield was caught speeding in the F/S at 1.10.23 with Michelle Wilson, 1.12.57 3rd and Katie Smith 1.12.88 5th. Russell Turner won the BK in an impressive 1.16.51; while Pam and Jo Hutton were unfortunate to be beaten by swimmers in earlier heats, finishing 4th, 1.30.34 and 5th 1.31.46. Sally Jo Jennings showed that she has not forgotten how to swim with a F/S 3rd 1.10 56. Andrew Poole had two 5th place trophies, BK 1.03.77 and F/S 54.85 while Louise Morgan was 3rd in the BR, 1.09.16. Simon, OP BK 3rd; Ruth FLY 30.35 5th; Russell, F/S 1.08.28 3rd; Hannah Loftus, BR 1.41.23 2nd.

We finished as we began with Jo Potter winning the girls FLY, 1.18.35

Our team of 18 swimmers finished second in the Club points competition, behind Oldbury's squad of about 60 swimmers.

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### 20 March 1993

Two galas on this day, which meant that neither team was at full strength but - more important - that more swimmers were able to compete

### Leicester (25 m)

Haden Hill 219, Braunstone 200  
Knighton Fields 199, Solihull 180  
Camp Hill 158, Lichfield 68

We had some very good swim in the fast St Margaret's pool

#### **F/S**

Michelle Wilson 1.12.82  
Jonathan Baker 1.01.26  
Andre Sheppard 57.70

#### **BR**

Jo Hutton 1.29.23  
Jamie Hamer 1.13.74  
Andrew Brown 1.11.23

#### **BK**

Russell Turner 1.15.42

#### **FLY**

Tracey Collier 1.14.82  
Ben Darbyshire 1.04.14  
Jo Potter 1.17.79  
Jonathan 1.09.00  
Ian Potter 1.20.79



**Rugby (33 1/3 m)**

Rugby 279, Leamington 236  
Camp Hill 229, Leicester Neptune 200  
Oadby 133

**F/S**

**BK**

Gemma Hindson 45.92

David Tubbs 1.12.55

**FLY**

Shelly Taylor 1.15.20  
Trevor Clark 1.03.73  
Gemma 53.09

**FIXTURES**

Completing the Warwickshire Championships, we now move on to the next step of the ladder with Midlands Championships with the ultimate target being the National events.

May 8, Round 2 Diddy League  
May 22, Braunstone 11-OP