

November 1994

### PROGRESSION

A number of our older members have left Birmingham to pursue their studies: **Lucy Tubbs, Rachel Nock, Lydia Lee, Liz Green, Stephen Tomlinson, and Andre Sheppard**. We wish them well and look forward to seeing them during those long summer vacations. Younger members are now being moved into the 'A' sessions, and I am sure they will benefit from this.

### TANNER TROPHY

**Kate Hindson** is this year's holder of this trophy for our most improved young swimmer.

### REPRESENTATION

**Stephen Tomlinson** and **Jonathan Baker** competed in the relays in the Div. 6 Team at the E.S.S.A. Championships.

**Jonathan, Jo Potter, Georgina Lee, and Gemma Hindson** represented Warwickshire in the Inter-Counties Gala.

### WEST MIDLANDS LEAGUE

A good draw backed up by an excellent team effort takes us into our first W.M.L. final for several years. We won't win it, but lets have a full turn-out and give a good account of ourselves.

### CLUB UNIFORM

We now have a new club shirt. **Sam** has a limited number available, but he can order more should there be sufficient demand.

### RESULTS

**24.9.94 Relay Gala - Tudor Grange (36<sup>2</sup><sub>3</sub> yds.)**

C/Hill 178, Stourbridge 161, Rugby 151, Solihull 127, Fox Hollies 107

With only three of our first choice team unavailable, we stood a very good chance of winning this annual event, and that was the outcome. In fact, our final score would have been 6 points higher had not our winning Men's Medley Team 'botched' a take-over and obtained our only disqualification of the evening.

There were very many good swims, to mention a few: **Darren Dyke** and **Kevin Woodward**, with their excellent technique, gave the opposition in their events no chance and proved that competitive swimming does not end at 16 years. All the 'regulars' swam well and it was pleasing to see **Kesree Finnegan** looking sharp despite or because of her return to early morning swimming. **Ian Potter**, looking much stronger, swam 9 good races, **Paul Bicknell** again showed that he has good basic speed. Several of our team had only two swims and I was pleased with the efforts of **Stuart Pigott, Lucy Tubbs,**

**Christopher Gregory, Ian Johnson, Louise Morgan and Nadia Rahman.** Darren will remember what was probably his first ever 'anchoring' a BR team to a win!

#### **8.9.94 West Midland League - Walsall (36<sup>2</sup>/<sub>3</sub> yds.)**

Coventry 223, C/Hill 206, Leander 177, Solihull 163, Witney 153, Walsall 124

This was a good result in our first league gala of the new season, with a very respectable 200+ score. It was a closely contested event until the end of the individual races, with Coventry and ourselves in the first two places and Solihull and Leander within striking distance. However, good performances in the final 10 relays saw us through to a comfortable second place.

Many good swims including: **F/S Ruth Fraser** 20.89. **FLY Georgina Lee** 1.11.31, **Lucy Lloyd-Roach** 23.82, **Ian Potter** 48.34. **BK Jo Minion** 1.14.73. **BR Louise Morgan** 27.91, **Jo Potter** 1.20.25. There were many good relay 'splits' with the 11 and 13 yr. boys showing marked improvement.

#### **Leighton Buzzard (25m.)**

Fox Hollies 250, Leighton Buzzard 211, Matlock 178, Besworth 153, C/Hill 144, Derby Phoenix 105

Our small team set out in good heart, only for the coach driver to mistake a small country lane for the M42.

Without our usual strong Open teams and with only one 15 yr. boy, our aim was to avoid last place. As a result of three disqualifications for incorrect backstroke turns and there being no representative in the 15 yr. **FLY**, we lost 13 points which would have given us fourth place overall.

Our only win came from our 15 yr. **F/S** team: **Jo Hutton** 33.09, **Pam Schofield** 29.90, **Kate Green** 31.07 and **Natalie Smith** 32.13.

We had three individual seconds, from our star swimmer **Jennifer Pearce**, 41.85 **BK**; **Paul Bicknell**, 35.48 **FLY** and **Raymond Watson**, 1.08.32 **FLY**.

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N.S.

### **FOUR COMPETITIONS**

#### **15.10.94 Cannock (33<sup>1</sup>/<sub>3</sub> m.)**

Camp Hill 'B' 208, Chase 197, Heath Town 163

After our dummies learned how to warm up, our seniors won the first three events and we never looked back. Our team won 26 of the 51 events with four swimmers recording two individual wins.

**Jennifer Pearce** 27.20 **BK** & 29.89 **BR**

**Rebecca Hunt** 26.25 **FLY** & 26.55 **BK**

**James Sumner** 27.46 **FLY** & 28.68 **BK**

**Ben Darbyshire** 58.98 **F/S** & 1.11.07 **FLY**

There were many P.B.s and I was especially pleased with **Karen Pigott's** and **Ian Johnstone's** swims.

N.S.

### **Midlands Short Course Championships - Mansfield (25m.)**

Our representatives, still in heavy training, generally swam reasonable times at Mansfield. Our best swims came from: **Jo Potter**, 400 I.M. 5.24.52; **Jon Baker**, 50 F/S 26.33; **Gemma Hindson**, 400 F/S 4.48.71; **Georgina Lee**, 200 FLY 2.33.84; **Mike Hoare**, 100 FLY 1.02.19.

### **A.S.A. Masters National Championships - Sheffield (25m.)**

A really lively set of swims from **Jo Minion**, BR 35.11 (1st) and 1.16.24 (2nd), I.M. 5.21.65 (2nd), 2.31.54 (3rd) and 1.09.50 (2nd), F/S 28.11 (2nd) and 1.01.96.

**Craig Norrey** won the 50 & 100 BK, 28.77 and 1.02.46 and set a *EUROPEAN RECORD* for the 50 BK of 28.03 on the first leg of the Medley Relay. Unplaced, although close in the F/S sprints, he was 3rd, in what was till recently very much a non-event for him, the 200 F/S 2.01.24.

**Trevor Clark** must have a sideboard full of medals: gold 50 & 100 FLY, 100 & 200 I.M., silver 50 F/S, bronze 50 & 100 BK.

Other good efforts: **Darren Dyke**, F/S 54.56; **Kevin Woodward**, 50 FLY 26.51 (2nd); **Mark Turner**, 50 BR 33.20; **Paul Rogers**, F/S 59.43; **David Bailey** 59.13.

Success also in the three relays swum:

100 yrs. + F/S **Kevin, Craig, Darren, Paul** 1.40.78 - 1st.

120 yrs + F/S **Kevin, Paul, Trevor, Craig** 1.42.12 - 3rd.

120 yrs + Medley **Craig, Mark, Kevin, Trevor** - 3rd.

### **Haden Hill Diddy Meet - Wolverhampton (25m.)**

We had some good results and it was pleasing to note a number of P.B.s from our boys.

FLY **Kate Hindson** 40.93 (3rd); **Lucy Lloyd-Roach** 36.99 (2nd)

BK **James Sumner** 42.27; **Hannah Loftus** 1.21.20 - let's go for that sub 80 secs.

**Hannah!**

F/S **Ruth Fraser** 32.52 (1st); **Gemma Hindson** 1.04.78 (1st); **Rachel McLaughlin** 35.79; **William Baker** 35.90; **Ian Johnstone** 37.85; **Robert Delves** 1.09.85 - a 3-4 secs. improvement.

BR **Damien Freeman** 1.22.51 (2nd); **James Venables** 43.24.

### **5.11.94 Coventry 10-14 yrs. Meet (50m.)**

As usual, a very long day, but it is vital that we take the opportunity to race over long course and our results were good.

BR **Louise Morgan** 1.40.13; **Ruth Fraser** 1.41.21 - let's get into the 90's next time.

**Gemma Hindson** 1.27.69 (2nd); **Nicola Sheasby** 41.24 (3rd) & 1.29.44; **Georgina Lee** 1.27.34; **Ian Johnstone** 50.53.

FLY **Lucy Lloyd-Roach** 36.91 (2nd); **Nadia Rahman** 38.52; **Georgina** 32.97 (1st);

**Kate Smith** 34.76; **Ian Potter** 34.61; **Paul Bicknell** 1.23.06; **Gemma** (1st).

**F/S Ruth** 33.07 (3rd); **Laura Payne** 35.73; **Nicola** 31.30 (2nd); **Robert Delves** 32.50 & 1.11.06; **Georgina** 1.05.50 (1st); **Gemma** 1.05.30 (1st).  
**BK Jenny Pearce** 42.66; **Gemma** 1.18.20 (2nd); **Hannah Loftus** 1.22.14.  
**I.M. Kate Hindson** 3.08.61 (3rd); **Gemma** 2.44.57 (1st); **Georgina** 2.39.52 (1st).

Little **Ian Johnstone** caused us much anxiety as he looked so ill during the day, but he insisted on competing, and it was perhaps, no surprise to learn that he had been admitted to hospital with appendicitis early the following morning. We look forward to seeing him back in action soon.

#### 12.11.94 W.M.L. Round II - Stechford (25m.)

Peterborough 205 (tie resolved on 13 first places), C/Hill 205 (6 first places), Nottingham Leander 199, Tewkesbury 183, Solihull 129, Eckington 127.

This was easily our most exciting match for some time. The two first-placed clubs would go forward to the league final, and at the halfway stage there were only 6 points between four of the six teams. Fortunately, we were at full strength, and, although winning only 6 races, good placings saw us a very close second at the end of the gala, and able to have another go at Peterborough on the 3rd. of December. We had too many good swims to mention, and it was, again, pleasing to see our boys making a much better contribution to our total points. 'Auntie' **Jo Minion** had three excellent swims and it was good to have **Martin Atkins**, **Stephen Tomlinson** and **Darren Dyke** in our Men's team, although I don't think **Darren** enjoyed his third swim very much! Two good swims from **Warren Jones** in his first gala with us: **F/S** 33.44, **FLY** 36.41. Yet more improvement from **Georgina Lee**, breaking 70 secs. for the first time for the 100 **FLY** and repeating it ten minutes later.

#### 12.11.94 Derby Regional Pool (33<sup>1</sup>/<sub>3</sub> m.)

C/Hill 220, Chase 206, Belper 198, Bicester 192, Luton 'B' 180.

After a poor first round result we needed a good start in this gala, but we had to wait until event 6 for our first win by our 13/U Boys Medley Team: **Duncan Adams BK** 26.11, **James Raine BR** 25.87, **Paul Bicknell FLY** 21.64, **Andrew Poole F/S** 22.39. **Chris Gregory** recorded our first individual win, **BK** 26.84, inspiring **Hannah Loftus** to win the **BR** in a good 57.40. **Trevor Clark** won the Men's **FLY**, 1.03.93. **Nadia Rahman**, 52.51 and **Paul Bicknell**, 51.89, won their **BK** races in very good times, followed by **David Tubbs** winning the **BK** 1.09.09. **Simon Delves** took the **BR**, 1.20.09, before a new **Duncan Adams** easily won the 13/U **F/S**, 45.16. Our 11/U girls won the Medley Relay, **Sally Jones BK** 29.95, **Clare Frankin BR** 31.68, **Kate Hindson FLY** 26.86, **Rachel McLaughlin F/S** 23.14. Our men won the Medley **F/S** Relay: **Trevor** 37.77, **David** 36.65, **Simon** 39.47, **Raymond Watson** 39.99, **Dean Cross** 40.69, **Ben Darbyshire** 37.41.

N.S.

## STOP PRESS !

### 19/20.11.94 Hereford Meet (25m.)

Our second visit to this Meet saw us participating in 86 events, without counting the finals swims; 28 of our swims being shared by 'swimaholics' **Georgina Lee** and **Gemma Hindson**. I'm told that conditions at the pool were not good with too many heats, too little room/time etc., but I have to say, yet again, that it is the same for everyone and just has to be coped with. Requested criticism from the team managers has been handed to the organisers.

Some of our good swims: **Georgina** won the 50/100/200 FLY, the first two in Meet records 32.05 & 1.08.72. She won the LM, 2.35.29, was second in the F/S 1.03.80, third in the 50/100/200 BK, 35.18, 1.13.92, 2.39.72, and the 200 F/S 2.18.64. Not surprisingly, **Georgina** collected the award for the 'top' swimmer in her group.

**Gemma** swam a series of good races: F/S 1.03.89 3rd, 200 F/S 2.18.05 2nd, 200 FLY 2.45.12 3rd, and improved her BR 41.09 & 3.00.90. **Ruth Fraser** lacked a finish in the F/S but improved her BR considerably, 1.34.91. **Lucy Lloyd-Roach** has been threatening to improve her performances for some time and she did so with a 1.22.90 BK and a 2nd place in the FLY, 1.21.31. **Nadia Rahman's** times were standard apart from a 1.24.85 FLY as were those of **Hannah Loftus** whose best swim was a 1.20.77 BK. **Nicola Sheasby** again let herself down with a slow first 50 in the F/S, although her 200 BR 3.04.95 was good.

**Jo Potter** returned to form over the 200 BR with a win in 2.45.55, also winning the 100, in 1.18.72, following a far too casual heat swim which just scraped into the final. Her LM 2.35.17 took 2nd place and she was 3rd in the 50 BR in 36.94 **Pam Schofield** carried out her instructions to do well with: BR 1.25.99 and 50 F/S 29.32. **David Woodhall** swam an improved 200 BR 2.45.81 and **Robert Delves** appeared fleetingly on Sunday afternoon to scorch 50 F/S in 30.40. A not entirely fit **Jonathan Baker** wilted under his load of seven events, but he had excellent swims of 25.86 and 56.68 to win the F/S sprints.

Altogether a most satisfactory weekend, and I'm sorry that I was unable to be there. Our thanks to **Anne Lee** for her organisation, supervision and encouragement of our team.

# CAMPHILL EDS. S.C. 1995

DATE	A. S. A. & MEETS	'A'	'B'	MASTERS	DIDDY
JAN					
SAT 7TH					
SUN 8TH					STOURB'DGE
SAT 14TH		E. M. L.	E. M. L.		
SUN 15TH					
SAT 21ST	WOLVERHAMPTON				
SUN 22ND	MT.				
SAT 28TH					
SUN 29TH	NORTHAMPTON MT.				
FEB					
SAT 4TH	BILSTON				
SUN 5TH	MT.				
SAT 11TH		E. M. L.	E. M. L.		
SUN 12TH					
SAT 18TH					LEICS BELG'
SUN 19TH					
SAT 25TH	HIGH WYCOMBE				B'MSGROVE
SUN 26TH	MT.				
MAR					
SAT 4TH					CHASE
SUN 5TH					
SAT 11TH		E. M. L.	E. M. L.		
SUN 12TH	WOLVERH'PTON MT.				
SAT 18TH					RUGBY
SUN 19TH					
SAT 25TH	WARKS CHAMPS				
SUN 26TH					
APR					
SAT 1ST	WARKS CHAMPS				
SUN 2ND					
SAT 8TH	WARKS CHAMPS				LEAGUE
SUN 9TH					
SAT 15TH					
SUN 16TH					
SAT 22ND			DARLASTON		
SUN 23RD					
SAT 29TH	BIRMINGHAM			MIDLANDS	
SUN 30TH	MT.				

# SAMPHILL F.C. S.C. 1995

DATE	A. S. A. & MEETS	'A'	'B'	MASTERS	DIDDY
<b>MAY</b>					
AT 6TH	MIDLAND	GUERNSEY			STOURBRIDGE
UN 7TH	SENIOR CHAMPS				
AT 13TH					LEAGUE
UN 14TH	HADEN HILL MT				
AT 20TH	MID AGE GRP TMS				
UN 21ST					
AT 27TH		LEICS. K.F.			
SUN 28TH					
<b>JUNE</b>					
SAT 3RD					
SUN 4TH					
SAT 10TH					SHREWSBURY
SUN 11TH					
SAT 17TH					LEAGUE
SUN 18TH					
SAT 24TH	MIDLAND		HINCKLEY		
SUN 25TH	AGE GROUP		(11, 13, 15, 07)		
<b>JULY</b>					
SAT 1ST	MIDLAND				
SUN 2ND	AGE GROUP				
SAT 8TH	STRATFORD MT.				
SUN 9TH					
SAT 15TH		RUGBY			
SUN 16TH		(11, 13, 15, 07)			
SAT 22ND					
SUN 23RD					
SAT 29TH					
SUN 30TH					
MON 31ST	NATIONAL				
<b>AUG</b>					
FRI 5TH	AGE GROUP				