

July 1996

SUMMER BREAK

The last general sessions will be on Friday 19th July, the date on which most of the schools close. You then have a six week rest until Monday 2nd September, when you return to the Pool refreshed and ready to tackle hard work and plenty of competition. In view of the long break, you should be attending training regularly until we close.

JUDY LOGAN

The romance that began in Paris has blossomed into a wedding, which took place on the 13th April. Our best wishes for their future together go to Judy and David Maledy who are now living in Worthing.

AN OMISSION

Our club records are of a high standard, and the breaking of one is fairly rare, so it was a glaring omission that **Gemma Hindson's** 400 F/S time of 4.29.44, *SENIOR & JUNIOR RECORD* was not reported in our last issue. Well done Gemma!

SELECTION

1. **Georgina Lee** swam well in her Great Britain Junior outing in Holland: 100 FLY 6th, 200 FLY 6th and a silver medal in the Medley Team.
2. **Sally Jones, Kate Hindson** and **Jon Sheasby** represented Warwickshire in a County age-group match at Leicester in May.

COMPETITION RESULTS - lots of them!

JUNIOR LEAGUE (I still prefer 'DIDDY').

13.4.96 Round One - Solihull (33¹/₂ m.)

Perry Beeches 216, Stafford Apex 187, Phoenix Youth 144, Newcastle 130, Bilston 113, C/Hill 100.

This was a depressing start to our league competition, with the only bright spots being the two relay wins by our 9 yr. boys, **Stuart Tierney, Tim Sheasby, Andrew Vale** and **Michael Bourne**. **Kate Hindson** won the BR and was second in the FLY, 50.23 and **Jon Sheasby** won the F/S and was second in the FLY.

11.5.96 Round Two - Stratford (33¹, m.)

Perry Beeches 232, Cheadle 169, Avon Neptunes 148, Broadway 134, C/Hill 113, Dove Valley 102.

This was slightly better than the previous round, but the result still left us very close to bottom place in the Division, and requiring a big effort in the final round to avoid relegation.

15.6.96 Round Three - Cannock (33¹, m.)

Haden Hill 312, Phoenix Youth 166, Avon Neptunes 154, C/Hill 151, Bilston 150, Stourport 62.

After the first two rounds, Camp Hill had only 3 points out of a possible 12 and was in real danger of relegation. We had to come at least 4th to have any chance of remaining in Division 1.

On a lovely sunny evening the swimmers assembled on the grass outside the pool for a team talk from F.G.T. Clearly his words sank in, for there followed a most determined effort by everyone to avoid the indignity of Division 2. It was a most exciting and closely fought gala. Haden Hill was always likely to win and Stourport to come last, but the other four teams were evenly matched. After 24 events, 3 of the 4 had 83 points each, and at the end of the gala only 16 points separated all 4. Camp Hill lost to Avon Neptunes by 3 points but, crucially, beat Bilston by a single point. Never have the words "Every point counts", been more appropriate. Rarely has it been so important to avoid disqualification.

Jo Loder and **Richard Pilsbury** each swam a length of FLY which they would have much preferred not to have done, but both gained the one vital point.

There are 43 events in the Junior League programme, and 14 of these were swum in times better than the previous round. Interesting improvement was shown by the same 12 yr. girls, who went 4 secs. faster in the F/S relay and 5 secs. faster in the medley relay, to place 1st in both races.

The greatest individual improvement was shown by **Carol Pestrige**, who recorded p.b.'s of 3 secs for BK 29.60 and 5 secs. for two length BK.

Other good swims: **Hannah Massey**, F/S 23.34 (placing 2nd in the first event and getting the club off to a good start) and a p.b. of 3 secs. in the BK 29.70. **Fleur Green**, two length FLY a 2 sec. p.b. 1.07.80 and two length BR 1.09.70, her first BR race at that distance making her our fastest 11 yr. **James Paterson** (coming out of retirement) BK 29.08, F/S 23.46. **Ewan Martin** two length BR p.b. 1.00.31, one of only 6 winners, the others being **Kate Hindson**, **Jon Sheasby** (2), and the girls 12 yr. relay team (2).

Well done everyone and good luck for next year (still) in Division 1!

A.L.

27.4.96 Sprint Gala - Bromsgrove (27¹ yds)

C/Hill 261, Tewkesbury 219, Bromsgrove 196, Orion 185, Fox Hollies 151, Southwold 94.

Level with Tewkesbury at event 12, we then moved steadily ahead to a comfortable win. Some good swims:

F/S Hannah Massey 37.86, Tim Sheasby 36.40, Sally Jones 32.51

BR Jo Potter 36.60, Jon Sheasby 42.50

BK David Tubbs 30.64

FLY Sophie Mayor 49.91

4th/5th May '96 Midlands Open Championships

Our few representatives generally swam 'standard' performances, with the exception of Georgina Lee whose winning time in the 200 **FLY**, 2.20.39, was a EUROPEAN JUNIOR QUALIFYING TIME. Georgina also won the 100 **FLY**, 1.05.24, TWO CLUB RECORDS.

GUERNSEY (25m)

On the same weekend 7 swimmers represented Camp Hill at Guernsey. **Jon Sheasby** took the 'top swimmer' award in his age group; his good swims including 2 Meet Records, 50 **F/S** 30.44, 100 **FLY** 1.16.99. **Ian Johnstone** also did well with **F/S** times 33.50 & 1.12.45. **Rob Delves** won the 50 **F/S**, 28.83 and swam a good **BK** 1.14.31. **Chris Hutton** reaped the reward for his hard training with a number of good efforts and 'came of age' as a swimmer with his **F/S** 1.00.70. **Ruth Fraser** also had good swims including 30.98 **F/S**. **Lucy Lloyd-Roach** swam 2.45.72 200 **FLY** and 2.25.39 **F/S**. **Nicola Sheasby** won the **F/S**, 28.74, swam a sound 200, 2.20.66 and good **BR** times, 1.22.79 and 3.00.51.

Thanks are due to **Polly Sheasby** and **Sue Johnstone** for looking after the trip - our 5th or 6th. Do we send a team next year?

Nuneaton Sprints

Complete results never materialised, but I understand that we had some good results.

Sally Jones, **FLY** 35.62 2nd; **Jon Baker**, **BK** 30.59 2nd, **FLY** 27.52 2nd; **Ben Darbyshire**, **FLY** 26.73 1st; **Kesree Finnegan**, **FLY** 30.96 1st; **Ewan Martin** had four good swims including, **BK** 40.37 and **BR** 43.36; **James Sumner**, **F/S** 33.51; **Carl Reed**, **FLY** 38.81.

One's main reaction to this Meet, however is indignation at the blatant profiteering over admission charges for spectators - \$5.00 for one or both sessions. I think we can forget this one next year.

THE MASTERS

11/12th May '96 Midland Masters - Leamington (25m.)

After months of persuading, arm-twisting etc., I eventually succeeded and we actually had 15 swimmers in action. The result - medals galore: **Trevor Clark** (4); **Claire Duffy** (3), 200 **BR** 2.56.07; **Lynn Clark** (1); **Hayley Bettinson** (7), including **FLY** 32.55; **Susanne Linton** (4); **Norman Stephens** (1); **Darren Dyke** (2), 50 **F/S** 26.24, 100 **F/S** 55.22; **Alan Cooper** (4); **David Beavan** (2); **Mike Hoare** (3), **FLY** 1.02.32.

Kevin Woodward, **Debbie Bees** and **Jason Neale** came over to complete our teams. Seven of our eight teams were 1st, with the remaining one 3rd where possibly a different age mixture would have given us a clean sweep. The lynching party was ready to deal with **Paul Seymour**, after his take-over, but someone must have distracted the judges, so he was spared. Cost of team entries £48.00.

Trevor Clark won several events at the Leeds Masters and, at the Great Britain Masters he had one 1st, 50 **BK** 31.53, two 2nds and three 3rds. He must feel very frustrated at having to miss the World Masters because of back injury and we all hope that he will be back in action in the new season.

HAVING DEALT WITH THE DIDDIES AND THE MASTERS ON TO THOSE IN BETWEEN.

20/21st April Wolverhampton Meet (25m.)

We had several p.b.'s during the two days and a good crop of medals. The Hindsons each won 6 events, including: **Gemma FLY** 1.10.13, **F/S** 1.01.13, 200 2.10.72. **Kate's** best times were: an extremely well paced 800 10.19.90, **BR** 1.25.35, 400 4.58.71 and 200 **BR** 3.03.91. **Jon Sheasby** is getting to appreciate the Wolverhampton pool, and swimming up a year he took 5 medals, 50m. 2nd 30.27, 100 3rd 1.05.83, and an excellent 200 **F/S** 2.23.13. **Sally Jones** did well on her three strokes, **BK** 1.20.47, **FLY** 1.22.61, **F/S** 1.08.84, 50 **F/S** 31.50 2nd. **Georgina Lee's** CLUB JUNIOR RECORD in the 200 **BK** 2.26.93 looked too easy and augured well for the 200 **IM** which she won in a respectable 2.26.08. Her CLUB JUNIOR RECORD of 1.00.12 **F/S** took her that bit closer to the sub 60 secs.

Some other good swims: **Nicola Sheasby**, **F/S** 1.05.05, but still tends to talk herself out of a race and must develop a more aggressive approach. **Jo Potter**, **FLY** 1.12.52; **Lucy Lloyd-Roach** 1.14.12; **Ian Johnstone** 1.26.58; **David Woodhall**, **BR** 1.12.19.

18.5.96 Midland Teams - Coventry (50m.)

Our teams ranked well in this event which draws teams from throughout the Midlands.

Boys	12/U	<u>F/S</u>	2.10.61	(11/25)	Medley	2.34.28	(14/25)
	17/18	<u>F/S</u>	1.47.83	(6/11)	Medley	2.01.43	(6/11)
Girls	12/U	<u>F/S</u>	2.12.53	(10/32)	Medley	2.33.78	(14/32)
	13/14	<u>F/S</u>	2.01.43	(7/28)	Medley	2.19.06	(11/28)
	15/16	<u>F/S</u>	1.59.84	(6/20)	Medley	2.18.14	(9/20)
	17/18	<u>F/S</u>	2.03.70	(4/6)	Medley	2.17.53	(4/6)

Cost of entries £72.00

19.5.96 Midlands 50m. Sprints - Coventry

Finalists: **Jon Sheasby**, F/S 30.77 1st, FLY 35.23 4th, BR 42.69 7th; **Jon Baker**, F/S 26.42 7th, FLY 27.72 3rd in lane one after an over-confident heat swim. **Gemma Hindson**, FLY 31.55 1st, F/S 29.21 4th; **Nicola Sheasby**, F/S 30.41 7th, after a casual heat swim necessitated a swim-off for 8th place in the final; **Pam Schofield**, F/S 30.10 6th; **Kesree Finnegan**, FLY 32.02 5th.

25th/27th May 1996 Sheffield Grand Prix (50m.)

This busy weekend had Grand Prix heats a.m. and age group races in the afternoon, with finals for both in the evening. **Georgina Lee** produced our best result with two excellent swims in the 100 FLY. Her heat time, a CLUB RECORD, of 1.04.58 was just outside the European Junior Qualifying Time, but her 6th place in the final, 1.04.46 achieved that EUROPEAN JUNIOR TIME. **Gemma Hindson** swam 3 p.b.'s in the 14 yr. group, F/S 1.00.97 2nd, 200 I.M. 2.28.78 1st, and FLY 1.08.03 2nd; sister **Kate** was 7th in the 12 yr. BR with a N.A.G. qualifying time of 1.25.80; **Nicola Sheasby** won her F/S heat, 1.04.80; **Lucy Lloyd-Roach** swam a FLY p.b. of 1.14.20 7th. **Jon Sheasby's** disqualification at the start cost him first place in the 11 yr. F/S and the Speedo bag prize, but a gutsy swim in the FLY, 1.15.61 1st, enabled him to collect that bag.

SOME OTHER EVENTS

Camp Hill swimmers have appeared at a number of other Meets. **David Woodhall** putting in some good swims at the Mendip Meet, FLY 1.07.92, BR 1.12.29, & 2.42.28, F/S 1.00.47. **Katie Smith** at Swindon getting medals in FLY, 33.05 and BK; **Jamie Sumner** F/S and **Ian Johnstone** FLY. It was generally agreed, however, that the Meet was too drawn-out.

The Stratford Meet also produced some good swims: **Jo Potter**, FLY 1.11.59; **Sally Jones** 1.21.02; **Warren Jones** 1.14.45; **Stuart Baker**, BR 1.06.23; **Chris Hutton**, BR 1.22.99; **Ewan Martin** 1.32.50; **Kate Hindson** 1.25.07. Kate also entered the Salopia Meet, BR 1.25.50 and 200 F/S 2.26.00 1st.

8.6.96 Inter-Club, Stratford (33¹/₂ m.)

Haden Hill 233, C/Hill 209, Stourbridge 196, Avon Neptunes 126, C/Hill 'B' 115, Corby 88

The day before this match, for which I had selected an 'age on day' team, it was pointed out to me that I had misread the conditions, and that it was the customary 'age at end of year'. Despite the necessary re-shuffling of our team, all went well, and there were several pleasing swims including:

F/S Nicola Sheasby 1.04.06; Lucy Lloyd-Roach 1.08.23; Joshua Green 28.13; Laura Heeley 24.94.

BR James Venables 1.24.83 - is he going to attempt regular training so as to fulfil his potential? Andy Vale 30.86; Hannah Freeman 33.76; Rob Delves 1.23.03.

BK Emily Paterson 30.07.

FLY Lucy 1.13.54; Laura 30.31.

Michael Bourne swam three good races, but he really must sort out his goggles: he might as well not use them as swim with them around his neck. The behaviour of our 41 strong contingent made management easy, and we will remember the unfortunate starter whose pistol was determined not to work, also Carl Reed managing to swim in two teams in the same relay race from the same end!

12.5.96 Haden Hill Meet - Wolverhampton (25m.)

Another very hot day inside the Wolverhampton pool with many good swims. It was encouraging to have some boys competing. Chris Hutton, chasing that sub 60s F/S again went very close with 1.00.89. Ian Johnstone, with great determination swam a FLY p.b. of 1.22.99; Jon Sheasby continues to improve, BR 1.29.36, BK 1.20.03, FLY 1.16.82; Jon Hemming, BR 1.21.58. Kesree Finnegan went home happy with a 1.09.99 FLY - her first sub 70s. Nicola Sheasby applied herself well to her races including F/S 1.04.31. Kate Hindson swam very well with FLY 1.16.62, BK 1.18.82; Sally Jones, BK 1.20.63. Gemma Hindson produced a series of high quality swims: BK 1.11.03 & 2.29.00, FLY 2.28.60 and received a trophy and a rosebowl for her efforts. Paul Bicknell, after his BK disqualification, made the most memorable remark of the day, "Well it was only one of the turns."

22.6.96 Hinckley (25m.)

C/Hill 205, Hinckley 'A' 161, Triple S 148, Fox Hollies 147, Hinckley 'B' 63

It appears that we sent too strong a team to this inter-club gala, but it did offer the opportunity of good 'end of season' swims, of which there were several.

Most noteworthy was that of Chris Hutton, F/S 59.48 - a well deserved p.b. from one of our few boys who is training hard. Carl Reed, F/S 35.84, FLY 37.97; Kate Hindson, BR 39.79; Louise Venables 47.94; Ian Potter, FLY 1.13.22 - now he must aim for consistent results.

COUNTY RESULTS

<u>TEAMS</u>	<u>F/S</u>		<u>Medley</u>	
<u>Male</u>				
17/18	Bronze	1.47.77	Silver	2.00.54
Open	Gold	1.43.25	Silver	1.59.56
<u>Female</u>				
10/12	Bronze	2.13.65	Bronze	2.32.56
13/14	Gold	2.03.20	Silver	2.22.45
15/16	Silver	1.59.92		
Junior	Gold	1.56.12	Bronze	2.14.65
17/18	Silver	2.03.60	Bronze	2.19.10
Open	Gold	1.57.05	Silver	2.12.99

Cost of team entries £192.00

The number of medals gained in the team races was the same as last year, but more individual medals were won.

INDIVIDUAL RESULTS

	<u>GOLD</u>	<u>SILVER</u>	<u>BRONZE</u>
10/12 BR F/S FLY I.M.	K.Hindson 1.27.58 = 1.09.21 = 1.19.10 = 2.45.35		<i>FL</i> J.Sheasby 1.08.00
13/14 F/S BK BR FLY I.M.	G.Hindson 1.03.43 G.Hindson 1.11.88 = 2.33.30	G.Hindson 1.11.97 = 1.22.40	
15/16 BR BK F/S	G.Lee 1.01.11	G.Lee 1.11.91	G.Lee 1.21.87
17/18 BR I.M. F/S FLY	J.Potter 1.21.39 D.Woodhall 1.14.61 J.Potter 2.35.55 J.Baker 1.05.58	K.Finnegan 2.40.41 J.Baker 57.40 J.Potter 1.13.86	D.Woodhall 2.34.51 K.Finnegan 1.14.83 D.Woodhall 1.11.56
OPEN BR 400 F/S 200 F/S FLY 200 FLY 50 FLY 200 I.M. 50 F/S 50 BR 200 BR 800 F/S 400 I.M.	M.Hoare 1.04.18 G.Lee 1.08.12 J.Baker 27.23 G.Lee 28.50 G.Hindson 9.35.14	J.Potter 1.19.92 G.Hindson 4.34.61 = 2.14.93 G.Lee 2.24.27 B.Darbyshire 27.47 G.Lee 2.30.21 J.Baker 25.91 G.Lee 38.33 G.Lee 5.16.19	D.Woodhall 2.37.54 J.Potter 2.51.41 J.Potter 5.28.16