

December 1997

XMAS BREAK

Last session: Friday 19th December.
Start back: Friday 2nd January.

QUALIFICATIONS

Katie Smith and **Lawrence Vale** have obtained the Assistant Teachers Award
- Well done.

BACK STROKE FLAGS

Sam has provided the long-needed replacements from 'shop funds'. He asks that they are handled carefully when putting them out and taking them in.

REPRESENTATION

We had 4 swimmers in the County Team which finished 6th out of 30. They were **Jon Sheasby**, **Georgina Lee**, and the **Hindson** sisters.

RESULTS

4.10.97 Diddy Gala - Cheltenham - 33 $\frac{1}{3}$ m.

C/Hill 201, Cheltenham 167, Evesham 157, Ledbury 103

This was a good win and it was useful experience for our 9 yr. group to compete in the 33 $\frac{1}{3}$ m. pool. With no 11 yr. boys present, our 10 yr. group, **Andrew Vale**, **Tim Sheasby**, **Michael Bourne** and **Alastair McKenzie**, had to cover two age groups and they coped very well. There were several good swims from the 'regulars', and our 9 yr. girls, **Elizabeth Jones**, **Justine Clark**, **Zara Sadiq** and **Charlotte Parker** look as if they will get many points for the club in future galas.

At the same time, at Worcester - 25m.

Perry Beeches 190, Worcester 151, Cheltenham 145, Halesowen 107

All the individual races were over 100m. so our 11/U swimmers found it hard going, but put in plenty of effort. I am grateful to them for their support at short notice with our 'regulars' being at Cheltenham. We accepted the gala a few days beforehand, following an appeal from Worcester. Well done **Hannah Wear**, **Jemma Wyse**, **Sophie Heeley**, **Scarlet Allen-Horton**, **Gorav Wali**, **Stuart Tierney** (several swims including 1.20 F/S), **Nicholas Pilsbury** and **Richard Bates**.

Some of our good swims: **Jon Baker**, FLY 1.01.06; **Katie Brooks**, F/S 1.05.87; **Nicola Sheasby**, BR 1.18.28; **Jo Potter**, BR 1.18.31; **Leanne Sheasby**, FLY 1.16.29.

12.10.97 West Midland League - Mansfield - 25m.

C/Hill 201, Perry Beeches 'B' 186, Mansfield 182, Leic. Penguins 182, Luton 168, Avon Neptunes 133

With only 19 points separating the first 4 teams, this was a most exciting gala with the result still in doubt on our going into the final block of relays with an 8 points lead. We won 6 of the 10 races and it was encouraging that they included the 13 & 15 yr. boys events. We had many good swims, but none are mentioned here as it was a good all-round team effort.

West Midland League - Derby - 33¹/₂ m.

Calverton 215, Shrewsbury 199, Luton 'B' 173, Matlock 171, C/Hill 167, Solihull 'C' 124

At the start of the gala we were 4 swimmers short and had to forfeit 5 points in the third event because we only had three 11 yr. girls. The standard of the gala was surprisingly good and even our good Open swimmers, with the exception of the women's relay teams, found it difficult to win.

Our only individual winners were **Hannah Loftus**, F/S 1.09.66 and **Katie Brooks**, F/S 1.06.10. We won the two women's relays with great ease as **Clare McLaughlin** anchored the teams with two low 43 secs. legs. Most pleasing was our win in the 13 yr. Medley Relay, **Ewan Martin** 25.86, **Rajiv Nijran**, 28.10, **Carl Reed** 22.40 and a good finish from **Nicholas Greene**, 22.40. **Fiona Loftus**, BK 1.28.59 (plus good relay swims), and **Gorav Wali**, FLY 28.28, showed great determination to gain better points than we might have expected. With 6 more points we would have finished 3rd overall in this gala.

12.10.97 Haden Hill Meet - 25m.

This was 'P.B. day' for **Kate Hindson**, F/S 1.03.18, BR 1.21.74, IM 2.38.60, FLY 1.13.00 - all first places and BK 1.15.33 2nd. **Jon Sheasby** also won 4 of his 5 events with his best swim in the 50m. BK 36.76. **Ewan Martin** swam good times in the IM, 2.46.84, FLY 1.20.14. **Carl Reed** was 3rd in the FLY with 1.20.14 - now for a sub-80 secs. **Sally Jones** tackled a number of events, 2nd in the F/S, 1.04.87, 3rd in the FLY 1.14.92. **Michael Bourne**, now competing with more confidence, was 3rd in the F/S 35.06, and he swam good times in the FLY, 41.05 and BK 42.00.

18.10.97 Inter-Club Wellington - 25m.

C/Hill 220, Heartlands 173, Shrewsbury 140, Wellington 117, Lichfield 102

Last year our team was too weak at this gala - this time it was far too strong, as shown by the points total. Because of this, far too many of our swimmers wasted the opportunity to set good times, preferring to coast in to the finish. Some, however, did work: **Ian Potter**, BR 1.17.90 & 1.17.57 - with only one race between. **Ewan Martin** BK 37.86, FLY 35.62. **Lorraine Pestrige**, BR 1.30.56 and **Leanne Sheasby**, FLY 34.19, F/S 30.82.

25.10.97 Inter-Club, Haden Hill - 25m.

Gloucester 158, Haden Hill 156, C/Hill 123, Avon Neptunes 71

Gloucester and Haden Hill had a real battle throughout this match with ourselves obviously destined for 3rd place. We were without our 5 representatives in the National Schools Championships, but the match produced the usual good swims.

F/S: **Ian Potter** 1.00.23 - so close to that sub-60 secs., 9 yr. **Justine Clark**, looking good, F/S 39.02. FLY: **Michael Bourne** 40.90, **Elizabeth Jones** 48.01. BR: **Jemma Wyse** 47.60, **Ewan Martin** 40.82, **Louise Venables** 43.04. BK: **Lucy Lloyd-Roach** 1.11.65, **Chris Gregory** 1.15.62 - he can do still better, **Alastair McKenzie**, BR 46.69 - but still giving the others a start - and not alone in that. Gutsy efforts by **Mike Hoare** who, despite that broken finger, had 3 good swims and it was a relief to witness **David Haynes** adopting a sensible breathing pattern.

The same weekend - National Schools - Crystal Palace - 50m.

Well done **Gemma Hindson** - Intermediate Champion on 100m. FLY 1.06.62.

Georgina Lee - 2nd Senior Girls FLY; **Nicola Sheasby**, 4th Int. F/S; **Jo Potter** 8th Senior BR; **Jon Baker** a split of 26.48 FLY, Medley Team.

Also on the same weekend - National Masters - Sheffield, 25m.

Three medals for **Trevor Clark**, 2nd LM 1.07.01, 3rd 50 FLY 29.14, 3rd 50 BK 30.46. Bronze medals for our Mixed Medley Team: **Trevor**, **Lynn Clark**, **Phil Baker** and **Kate Welch**.

1st/2nd Nov. '97 Midland A.S.A. Short Course - Wolverhampton - 25m.

We had 11 swimmers at this event with **Georgina Lee** being the most successful, winning 4 senior titles and several junior ones, and setting Club records in 800 F/S, 8.58.43, and 400 LM 4.59.95. She was outside the medals in 4th place in the 400m F/S but swam a 3rd CLUB Record of 4.23.87.

Jon Baker won the Men's 50m. FLY and **Gemma Hindson** took one Junior silver and three Junior bronze medals. The Women's F/S Team, **Nicola Sheasby**, **Jo Minion**, **Gemma** and **Georgina** won bronze medals.

On the same weekend - Coventry Junior Meet - 50m.

Our small group of swimmers did not do themselves any favours in this Meet. They will learn that you cannot get anything out of it if you do not put something in. **Leanne Sheasby** was the main exception, swimming 9 events and lifting her first open event trophies for 2nd places in 50 & 100 FLY and 200 LM. **Tim Sheasby** won the 50 F/S, was 2nd in the 50 BK and 3rd in the 50 FLY, but, once again, his lack of discipline let him down. **Jon Sheasby** collected some medals, but manifested little interest.

Lorraine Petridge and **Alastair McKenzie** showed real effort, finishing 3rd in their respective 50m. BR races. Our young swimmers tried hard with good times, but finishing out of the places. **Emily** and **Sarah Paterson** swam several P.B.'s, while **Michael Bourne** was close to **Tim** in their events.

Our very small team finished 7th out of the 32 participating clubs.

N.S.

Meanwhile **Alex Knibbs** was swimming round and round the 50m. pool at Leeds to finish 2nd in his age group in the Leeds Marathon.

8.11.97 Round II West Midland League - Mansfield - 25m.

Derby 236, C/Hill 203, Solihull 172, Mansfield 162, Broadway 144, Luton 131

This was our second visit to Mansfield within 4 weeks, and we needed to finish in the first two places to qualify for the top gala in the final round. Derby took an early lead and steadily increased it throughout the gala. We were in second place, ahead of Solihull by one point after 13 races and by 3 points after 26 races. We then pulled ahead of them into a comfortable 2nd place. Once again, it was a good team effort, with our senior girls winning all their races. Noteworthy swims: **Lucy Lloyd-Roach**, **BK** 1.10.08 & 1.10.76 - so close to that sub - 70 secs. **Jo Potter** a determined **BR**, 1.17.92; **Georgina Lee**, **F/S** 59.99; **Mike Hoare**, **BR** 1.13.21; **Warren Jones**, **BR** 1.20.67; **Sally Jones**, **FLY** 1.14.57; an ill **Jon Baker** - at least he informed us so - **BK** 1.04.67. An unfit **Darren Dyke**, swam a useful **F/S**, 56.62 - good to have him and Ben **Darbyshire** strengthening our relays. **Hannah Massey** swam a determined **F/S** relay leg, 34.48, if only she would make that sort of effort all the time.

This was a busy weekend for the **Hindson** sisters, who in company with **Alex Knibbs**, won West Midlands Biathlon Championships on the Sunday.

At Luton - 33¹/₃ m.

Dunstable 231, Witney 226, Stratford 163, Leighton Buzzard 161, Luton 135, C/Hill 133

Our long coach trip to Luton produced mostly average swims with a few special performances. **Pam Schofield** was our only individual winner with 1.14.19 **FLY**, leading with determination from the start, and pulling clear on the last length. **Pam** also took 2nd place in the **F/S** 1.06.34. Our women were 2nd in the Medley Relay and winners of the **F/S** race: **Ruth Fraser** 43.00, **Hannah Loftus** 44.10, **Clare McLaughlin** 42.83, **Lucy Tubbs** 41.63, **Pam** 42.72 and **Hayley Bettinson** 41.51 - Well Done!

Ian Potter produced three excellent swims in the Open age group, **FLY** 1.05.68, **BR** 1.18.90, both 2nd and **F/S** 1.00.51. **Ruth Fraser** was 2nd in the **F/S** 1.07.56.

15.11.97 Junior Relay Gala - Leamington - 25m.

Coventry 181, C/Hill 163, Leamington 43

Our younger swimmers did well against a strong Coventry team with our 10 yr. boys being our best group.

That weekend - Leicester Grand Prix - 25m.

Georgina Lee had a most successful Meet: 3rd Open 200 **FLY**, 2.17.60, 4th 100 **FLY**, 1.03.95, 2nd 15/16 yrs. 100 **F/S**, 58.46 - CLUB RECORD.

Jon Sheasby won an exciting **F/S**, 12 yr. boys, 59.45, was 3rd in the **I.M.** 2.34.67 and swam a good **BR** 1.21.08. **Lucy Lloyd-Roach** continued her **BK** improvement with 1.09.57 and **Nicola Sheasby** swam 1.01.69 **F/S**.

22.11.97 Junior Inter-Club - Wellington - 25m.

Cheadle 202, Cheltenham 185, Oakengate 184, C/Hill 175, Stafford 174, Wolverhampton 120.

We had several good swims, **BR: Emily Paterson 20.75, Jemma Wyse 46.95, F/S: Tim Sheasby 14.75, Sam Baker 18.62. BK: Ewan Martin 36.92, Sarah Paterson 19.34. FLY: Michael Bourne 17.51, Emily 18.27.** I hope that **Jon Sheasby** has realised the dangers of over-confidence.

22nd/23rd Nov. Stockport Meet - 25m.

The standard of competition in this 8 lane modern pool was so good that it was almost frightening. We set out at 6.15 a.m. on what was to be a demanding and tiring weekend's swimming. **Kate Hindson**, as usual, our most active competitor, tackling 10 events. **Kate** obtained N.Q.T.'s on 800 **F/S** 9.25.35 - 2nd; 400 **F/S**, 400 **IM**, and P.B.'s **BK**, **FLY** and 200 **BR**. **Sally Jones** swam well in her **FLY** races, but struggled on the **F/S** events. **Lucy Lloyd-Roach** swam a N.Q.T. on **BK**, 1.08.79 & 200 **FLY**, 2.31.84 with P.B.'s on 200 **F/S**, 2.13.25 & 200 **BK**. **Leanne Sheasby** enjoyed herself, she swam a good **FLY** and will enter many events next year. **Lyndsey Wyse** is still fading at the finish of her 100m. races but swam well to take 3rd place in the 50m. **F/S**, 28.31. **Jon Sheasby** meandered through the first day, but then got his act together on day two with a N.Q.T. of 2.12.27 in the 200 **F/S**. **David Haynes** swam 1.07.43 in the **BK** and certainly enjoyed himself. **Nicola Sheasby** cast aside her customary defeatist attitude and adopted a positive approach resulting in a number of worthwhile swims: **F/S** 1.00.56 in both heat and final 4th, 50 **F/S** 27.80 2nd, **BR** 1.17.58.

The girls also showed good form on the bathside line dancing.

STOP PRESS!

Congratulations to **Gemma Hindson** on her selection for the English Schools' Team to swim the 100m. Butterfly in the International at Glasgow in March.