

January 1999

XMAS PARTY

Many thanks to **Polly Sheasby** for, once again, organising this successful social event which everyone enjoyed.

TANNER TROPHY

This year's recipient of the award for our most improved young swimmer is **Justine Clark**.

BATHSIDE OFFICIALS

Anne Lee's persistence is bringing results, and it pleasing to be congratulating the following on their examination passes:
Judge/Timekeeper - **Tricia Sadiq**, Starter - **Anne Lee**; Judge - **Lawrence Vale**, and a number of others, having passed the theory exam, are waiting to take the practical.

TARGETS

Swimmers - have you set your targets for this year? Don't forget that there are races over 200m. & 400m. as well as the sprints. Fixture lists have been issued - get your diary out, or get a diary first! We train to compete: this Newsletter contains reports on some 20 events. Is your name mentioned? Why Not? If not accepted for a Meet, or picked for a team you should be looking for B Grade Meets to test your progress - watch the noticeboard.

RESULTS

3.10.98 Diddy Gala - Cheltenham (33¹, m.)

Haden Hill 280, C/Hill 173, Cheltenham 162, Lydney 95, Cheltenham B 80

This gala got off to a bad start while a starting block socket was, with great difficulty, unblocked. There were several reprimands of swimmers for climbing into the spectator gallery (apparently there had recently been an accident) and for yo-yos on the poolside (one had disintegrated at a recent gala). Furthermore, the very slow processing of the results also helped to make it a somewhat drawn-out occasion. Despite that, it provided an opportunity to study the progress of our swimmers and to bring the ranking lists up to date.

4.10.98 Leicester Penguins Meet (St. Margarets 25m.)

The 11 yr. group raced over 50m. with several good results: **Laura Heeley**, **BR** 41.63, **FLY** 36.18 - 1st; sister **Sophie**, **BK** 44.68; **Tim Sheasby** was highly placed in all his events with a **BR** p.b. of 40.43. Brother **Jon** was comfortably successful in **F/S** & **FLY**, and is moving towards becoming an all-round swimmer with **BR**, 1.18.37 and **BK** 1.12.81. **Ewan Martin**, **BK** 1.16.04, **BR** 1.21.70, continues to improve, and we had some good **FLY** performances: **Ian Potter** 1.02.68; **Nicola Sheasby** 1.11.42, **Kerry Wyse** 1.21.52 - but better pacing could bring her time down another 3 secs.

10.10.98 West Midland League - Rugby (25m.)

C/Hill 240, Perry Beeches B 190, Rugby 183, Northgate 165, Bilston 143, Redditch 125

This was a solid performance with many good swims. **Georgina Lee** showed that her 3 weeks Lay-off had done no harm with a 1.03.55 FLY, and **Ben Howell** swam a good BR, 1.14.53. **Lucy Lloyd-Roach**, FLY 1.07.35; **Kate Hindson**, BR 1.21.72. **Robert Delves** showed that he has not forgotten how to sprint with two good relay splits, and **Hayden Wakeling**, in his first league swim for Camp Hill, produced an exciting 24.77 relay split, - thanks also to **David Woodhall** for returning from Cambridge to swim for the Club.

Stratford (33¹/₃ m.)

C/Hill 249, Stratford 239, Evesham 229, Lichfield 162

This was a good result for our B Team at this gala from which Bicester defaulted, and it is to be hoped that we can present a similar team for the next 2 rounds of the League. The following swims were noteworthy:

FLY **Phil Baker** 1.07.53; **Carl Reed** 1.19.49; **Ian Cooper** 26.27.

F/S **Sophie Heeley** 22.61.

BR **Chris Hutton** 1.19.69; **Amy Lee** 1.32.67. This was a good all-round team effort, with a number of people having to swim up an age group and others competing off stroke.

N.S.

11.10.98 Haden Hill Junior Meet - Wolverhampton (25m.)

This Meet, with 50m. races and an I.M., provided a good chance for 24 of our juniors to review their progress on the 4 strokes, thereby up-dating our ranking lists.

Our most successful swimmers were **Jon Sheasby**, F/S 58.80; brother **Tim**; **Ewan Martin**, F/S 1.05.44; **Andrew Vale**; **Justine Clark**, BK 39.97; **Michael Bourne**; the **Paterson** twins; **Kerry & Jemma Wyse**, all of whom collected medals. Improved times too from **Kelly Thornton**, BR 46.14, and **Tessa Loftus**, BK 43.63.

17.10.98 Inter-Counties - Sheffield (25m.)

The following swam in the County Team: **Georgina Lee**, FLY 1.03.08 1st; **Ian Potter**, FLY 1.03.09; **Lucy Lloyd-Roach**, FLY 1.05.55 3rd *County Junior Short Course Record*; **Jon Sheasby**, 26.94. **Ewan Martin**, in the Worcs. Team, lowered his FLY to 1.11.80 - now for his first sub 70 secs.

On the same day, Inter-Club, Leicester (25m.)

Braunstone 223, Leic. Penguins 215, C/Hill 166, Leic. Neptune 146, Leic. Knighton Fields 128, Melton Mowbray 123

This must have been the shortest gala of the year, with the poolside being empty for some time before the recorders completed their task.

Good swims: **Hayden Wakeling** 53.97 - he likes the pool, but an official of his Leicester club grumbled at his appearing in Camp Hill colours - quite legal, however. **Clark Hands** 17.22; **Sophie Mayor** 34.60. **BR David Haynes** 1.17.10. The Team Manager said that **David** was a good team influence on the bathside - can he develop that in training? **Gorav Wali** 41.72; **Carl Reed** 33.82; **Sally Jones** 32.90.

23rd/24th Oct. '98 English Schools' Championships - Jersey (25m.)

We had 4 representatives at this unusual venue for the National Schools' Championships. **Gemma Hindson**, **Nicola Sheasby**, **Lucy Lloyd-Roach** and **Jon Sheasby**, who was our most successful with a silver medal in the **FLY**. Bad weather conditions delayed their return by a day, but good planning got them away on the first (and last) boat the following morning.

24.10.98 Inter-Club Haden Hill (25m.)

Haden Hill 122, C/Hill 93, Bilston 87

Not surprisingly, on this weekend of terrible weather, Llanelli withdrew from the gala. However, it proved to be very useful for us, as we were able to have additional swimmers in the spare lanes; **Mark Barnsley**, **Zara Sadiq**, **Mat. Green**, **Sam Baker**, **Alyson Wicklen**, **Amy Few** and **Laura Rogers**. **Ian Potter** swam all the Open events with **F/S** 57.67 & **FLY** 1.02.52, sister **Jo** swam a good **BR**, 1.18.73. **Rachel McLaughlin** produced a 2 secs. **F/S** p.b. 1.07.32, and to show that it was not a one-off, a 1.07.92 eight races later. Other good swims: **Kerry Wyse**, **BR** 39.77; **Sam Baker**, **F/S** 38.41 and **Mat. Green** 38.65; **Kate Hindson**, **BR** 1.20.88; **Ben Howell**, **F/S** 58.47; **Jemma Wyse**, **BR** 1.30.57.

Thanks to **Georgina Lee** for turning out despite a painful neck, and to **Clark Hands** who appeared, but was obviously not well enough to race. Well done, too, our two first-time 50m. **FLY** swimmers.

23rd/25th Oct. '98 National Masters, Sheffield (25m.)

This must have been our smallest team ever for this event - can we increase our participation next year? **Trevor Clark** placed 3rd in the 100 **FLY** and 2nd in the 400 **F/S**, while **Phil Baker** was 4th in the **FLY**. **Kate Chase** tackled several events, including 200 **BR**, and she and **Lynn Clark** joined the two men to finish 9th in their relays. On reading the results, one could get a little reflected glory from the swims of ex-members **Simon Garside**, **Jo Minion**, **Andy Small**, **Chris Tainty**, and our police reps **Claire Duffy** and **Norman Stephens**.

31st Oct./1st Nov. '98 Midland Short Course - Wolverhampton

Camp Hill's girls were in sparkling form at this event. **Georgina Lee**, in her first important competition since returning from the Commonwealth Games, collected Gold in the 100/200 **FLY**, 400 **LM**, 400/800 **F/S**; she took Silver in another 3 events and a Bronze. **Gemma Hindson** was Junior Champion on 50/100/200 **FLY** and 100 **LM**. She also won 2 Junior Silvers, 1 Senior Silver, and 3 Senior Bronzes. **Lucy Lloyd-**

Roach took Bronze in the Junior 200 FLY, and **Nicola Sheasby** won Gold in the Junior 50 F/S and Bronze in the Senior 100 F/S.

Most pleasing to our supporters, however, was the success of the 4 girls in the relay events. We beat Nottinghamshire based Nova Centurion by .56 of a sec. in the 4 x 100 F/S and took 2nd place to them by .17 of a sec. in the Medley Relay. Both times were well inside Club Records, with the F/S Team beating 4 mins (3.59.77) an average of 59+. **Hayden Wakeling** placed 3rd in the men's F/S with 54.35 only 3 hundredths behind the winner.

The same weekend - Coventry Meet 10-14 yrs. (50m.)

Our 15 reps. had some good swims and finished 4th in the club points table. **Sally Jones**, tackling 10 events on the day, took the 'Top Girl Award' and **Jon Sheasby** was winner of the 13 yr. boys.

Good swims:

FLY: **Leanne Sheasby** 1.11.90; **Laura Heeley** 37.07; **Kerry Wyse** 34.68.

BR: **Emily Paterson** 1.37.15. F/S: **Tim Sheasby** 31.94; **Jon** 28.24;

James Paterson 33.45; **Michael Bourne** 1.13.81.

Yet again, I must stress the value of the opportunity to race long course, and I hope that we can have more entries next time.

7/11/'98 West Midland League Round II, Derby (25m.)

C/Hill 210¹/₂, Derby 210, Stourbridge 196¹/₂, Braunstone 193, Luton 139, Bilston 99

The late arrival of a carload of our swimmers cost us approximately 13 points, leaving us in 4th place at the halfway stage of the gala. Many good efforts took us gradually into 1st place by event 37, and it looked as if everything was under control with some good relay results anticipated. Unfortunately, the disqualification of a victorious team cost us 6 points and with the Open Relays to go we were 2nd by ¹/₂ point. 1st and 2nd places saw us home by ¹/₂ point - despite all the setbacks we had managed it!

Some of our good swims: **Kate Hindson**, BR 1.20.45, F/S 1.02.97; **Ewan Martin**, BR 1.18.86; **Kerry Wyse** 1.28.40. FLY **Jon Sheasby** 1.04.97; **Jon Baker** 1.00.59.

Tamworth (25m.)

Luton B 201, Evesham 189, C/Hill 184, Wellington 176, Tamworth 171, Solihull C 107

Having won our first round gala, we only needed to finish 1st or 2nd to qualify for the final. We could have had 8 more points if the 4th boy had not failed to arrive for the two 11 yr. relays. We would have been 6 points better than Evesham if our 15/U girls relay had not had a needless flyer. We would have beaten Evesham if the referee had not misunderstood the FLY law and disqualified **Carl Reed** (an easy winner) and **Sophie Mayor**, who was a clear second. Let us be sure that we do not have any such problems in the last round.

We had more wins than any other club: **Lyndsey Wyse**, LM 1.12.41, BR 1.24.55; **Sally Jones**, FLY 1.12.79, F/S 1.06.48; **Pam Schofield**, FLY 1.15.25; **Elie Martin**, a very rewarding BK 1.16.94; **Jemma Wyse**, BR 42.78, and for the boys **Carl Reed**,

BK 1.18.30; **Chris Gregory**, **BR** 1.23.11. The Open Ladies easily won their relays, as did the 15/U girls medley and the 11/U girls **F/S** teams.

N.S.

This result was a real disappointment after all our efforts to turn out a strong team for a gala that we expected to win and should have won.

F.G.T.

13th/15th Nov. '98 British Grand Prix - Wolverhampton

This high level Meet, with Open Heats a.m., Age Group races p.m. and finals for both in the evening, attracted many of the best swimmers in the Country.

Georgina Lee's 2nd place in the 200 **FLY** earned her selection for the G.B. Team for the European Short Course Championships: she swam in 3 other finals, placing 3rd in the 100 **FLY**. **Gemma Hindson** had good **FLY** swims, 200 2.22.90 - 6th, 100 1.05.84 - 7th. We also had some success at the age group level: **Jon Sheasby**, 200 **LM** 2nd 2.25.04, **FLY** 3rd, and a p.b. of 2.05.86 200 **F/S**. Sister **Nicola** had 2 p.b.'s: 200 **F/S** 2.12.16, **LM** 2.34.94 and **Lucy Lloyd-Roach** placed 3rd in the **FLY**.

21.11.98 Oakengates Junior Trophy Gala - Wellington (25m.)

This was one of the longest, hottest and least well organised galas that most of us can remember. Despite starting 30 mins. earlier than usual and consisting of only 25m. and 50m. races, it managed to last 3¹/₄ hours, finishing just before 8.45 p.m.

However, from the point of view team selection for next season's junior team it was useful and interesting. Several regulars were surprised to find themselves swimming events other than their usual ones, and two boys, **Alex Evans** and **Peter Knight** were making their first appearance for the Club.

Best swims all came from 9 yr. olds: **Alex**, **BK** 21.97; **Aaron Sumner**, **FLY** 23.39; **Kirsty Rostil**, **BR** 24.04. The team was not at full strength and this was an encouraging result.

If you think you may be selected for next Year's Junior League, make a note of these dates NOW, and KEEP THEM FREE.

1. April 10th

2. May 8th

3. June 19th

A.L.

28th/29th Nov. '98 Stockport Age Group Meet (25m.)

Jon Sheasby had an eventful weekend with seven personal best times. They included: 200 **F/S**, 1st 2.03.40 *Club Junior Record*, 400 **F/S** - 2nd 4.24.21 *Club Junior Record*, **FLY** 2nd, **F/S** 3rd 56.76, **LM** 2.22.90 and 5.09.60; **Lucy Lloyd-Roach** placed 3rd in the 200 **FLY**, 2.26.16, and **Leanne Sheasby** swam well in **F/S**, 1.03.77 and **FLY** 1.11.50.

5.12.'98 West Midland League Final - Coventry (50m.)

Coventry 238, Perry Beeches 226, C/Hill 178.5, Newcastle 146.5, Derby 134.5, Haden Hill 125.5

This was a most satisfactory result to round off the year's competition - the product of a fine team effort with many good swims by individuals and by teams. It was pleasing to see our 11 yr. boys and girls do well, with the girls **Laura Heeley, Justine Clark, Emily and Sarah Paterson**, winning their F/S relay and the boys, **Andrew Vale, Tim Sheasby, Michael Bourne and Alastair McKenzie** taking the Medley relay.

On the same day - Coseley (33¹/₃ m.)

C/Hill 207, Southwell 182, Belper 175, Wyre Forest 168, Lichfield 151

Despite having several swimmers unavailable, this easy win confirmed that we should have been in the top final gala. We won 16 events, led by our girls: **Tessa Loftus**, FLY 27.29; **Jemma Wyse** BR 28.86, **Elie Martin**, BK 1.18.66, **Lyndsey Wyse**, LM 1.43.08; **Pam Schofield**, FLY 1.16.00; **Lucy Tubbs**, F/S 1.07.90; **Verity Green**, BK 1.16.32.

The 11 yr. girls and the Open girls won both F/S and Medley relays. **Carl Reed** was our only male winner, BK 1.20.75, while the 13/U boys and Open Men won both their relays. OUR AIM MUST BE TO WIN PROMOTION NEXT YEAR.

N.S.

12.12.98 St.Nicholas Trophy Gala - Oldbury (33¹/₃ yds.)

C/Hill 181, Oldbury 153, Walsall 146, Avon Neptunes 114, Triple S 104

This was a pleasing result in this pre-Xmas gala, with many good swims. With only one 12 yr. boy being available, our 11 yrs had to cover 2 groups, but they coped very well. Despite the cramped conditions and the delayed start - the Stratford coach having broken down - behaviour was very good, and what better place to be with the thunderstorm and the cloudburst outside! Good swims included those by **Alyson Wicklen, Justine Clark, Laura Heeley, Kerry and Jemma Wyse and Tim Sheasby**.

17th/20th Dec. '98 British Winter Championships - Glasgow (25m.)

Georgina Lee finished the year in good style by taking Silver in the 200 FLY, 2.13.44 (64.55 / 68.89) *Midlands, County and Club Record*, and equal 3rd in the 100 FLY, 1.01.77 *County and Club Record*. She also had sound swims in a number of other events, with a *Club Record* in the 400 LM, 4.53.66.