



CAMP HILL EDWARDIANS SWIMMING CLUB NEWSLETTER

Issue 161

JUNE 2009

THIS YEARS WEDDING

I attended an enjoyable wedding reception at Highbury Hall on the occasion of the wedding of Victoria Walford and Simon Delves. Good wishes to them for a long and happy marriage from Camp Hill Edwardians. Simon was a regular member of the Club teams for a number of years and hopefully he will soon be tempted to a career in the Masters team.

Gerry

MISSING CUP – CAN YOU HELP

Did you swim in the Junior Team when Norman Stevens was team manager, if you did you will remember Norman awarded a trophy to the best girl of the gala and a cup to the best boy after each Junior gala. We have discovered we are missing the cup last given to the best boy by Norman before he left the club, this would have been about 4years ago, the cup was originally awarded to the club at a gala in Germany, if you have the cup on your trophy shelf at home could you please let us have it back or if you know anybody who may have it and does not swim at the club anymore could you let them know we are trying to find it.

Gerry

GLOUCESTER MASTERS MEET – 2 MARCH 2009

Our sole 2 male entrants failed to put in an appearance, so it was left to the females to enhance the Clubs reputation.

As usual, they did with Anne Bourne leading the way with yet more BRITISH RECORDS for her age group in the 200 & 400 FS, the latter also a EUROPEAN RECORD.

Jane Stalker, spurred on by the bribe of shopping reward by her mum, won the BR 79.72, a PB, while Emily Patterson took the 50 BR, 36.83.

Alison Watkins dodged the 400 FS, but produced 2 good BK swims and an improved FS 1.14.54. Karen Coughlan lowered her time to 1.11.83, but she was far too self indulgent in her breathing pattern. Not too be outdone Nicky Bainbridge swam aggressively over FS 1.07.30 and 30.10

INTER CLUB GALA – 28 MARCH 2009

Coventry 248, Stratford A 217, Leamington 214, Rugby 176, Stratford B 92, Camp Hill 86

We knew that this was going to be a tough one and yet again our cause suffered from the number of first choices that were unavailable.

Having said that all our swimmers tried very hard in the races over the unusual 66²/3m course. We had 9 disqualifications, 6 of them in relays – not good enough when most swimmers complete sessions 2 or 3 times a week on relays.

SPLASH N DASH OPEN MEET – 5 APRIL 2009

Michael Bate and James Bromley enjoyed the Splash N Dash. It was a good day for Michael who came home with 2 PB's and 3 Medals, James came away with a wealth of experience as there were numerous problems with the timing equipment which meant he really had to focus. Well done.

Helen Bate

CITY OF BIRMINGHAM MEET – 10/13 APRIL 2009

Cameron Woodyatt tackled an impressive number of events, improving on his entry times in several of them, including 200 IM 2.31.62 and 200 BR, close to a sub 3 minutes. Michael Bate and Eleanor Kerr also produced improvement in a number of events. While Sarah Thornton showed that she is of a standard to improve further if she presents herself at poolside regularly. Rebekah Bullivant swam a series of very average heats on the first day, but following a thorough 'ear bashing' from her parents, woke her mind up for the rest of the meet, getting medals in the 3 FLY events and recording good PB's in 200 FLY 2.25.59, 50 FLY 30.48, 50 FS 28.64 and 200 BK 2.24.82.

MIDLAND DISTRICT MASTERS CHAMPIONSHIPS – 24/26 APRIL 2009



As last year, we had an excellent turnout for this event – 38 in total 20 female, 18 male. Craig Norrey was our 'Top Man' winning his 6 events, 2 of them in BRITISH RECORDS, one of the also a EUROPEAN RECORD.

Lucy Lloyd-Roach was our 'Top Woman' with 3 Gold medals including FLY 1.05.71 & BK 31.82. Nicola Raine swam an excellent BR winning in 1.14.29 & FS 28.04. Jane Stalker had 3 Gold medals including BR 1.20.83 & 38.22, Jenny Ball took several medals back to the Isle of Wight & Stacey Cameron swam fast BK to win in 1.10.11 & 32.89. Stephen Tomlinson arrived from Bishop Waltham to collect Gold medals in the 50 & 100 BK, 1.02.80 prior to his summer wedding – much better for him than a stag night!

Alan Cooper triumphed over wife Suzanne in their heat of the 200BK but he could not match her GOLD in the 100BK. Our older Masters have for several years been the most successful group in our Masters team & they



continued to do well, but it was good to see the improvement in the youngest group with Alex Mears, Stuart Tierney, Matthew Woodyatt, Leanne & Jon Sheasby, Sarah Thornton and Jaimee Le Resche all doing well. Ian Potter swam excellent 50's, but he should brave some 100's.

We entered 25 relay teams with 13 gaining Gold, 7 Silver & 2 Bronze. The highlight of our relay efforts was a British & European record in the Mixed Medley Relay; Craig Norrey, Nicola Raine, Georgina Lee & Ian Potter – WELL DONE!

Everyone was delighted to see Georgina Lee in 4 of our teams and producing fast times.

Many thanks to Kate Chase & Anne Bourne for their efforts, which resulted in an enjoyable competition and social weekend.

A GOOD COLLECTION

Anne Bourne visited Cardiff on 9th May and returned with new British/European Records in the 55/59 yr age group over 400m. She still holds 2 British Records from her time in the 50/54 group & now has 4 British/European ones long & short course and one other British over 200m. Total 11 Not Bad! Ewan Martin after a year relaxing & keeping a low profile swam 3 events at the Hatfield Masters with pleasing results, BR 1.05.67, Fly 57.20 CLUB RECORD, IM 59.20

NUNEATON JUNIOR LRAQUE GALA – ROUND ONE - RUGBY 25 APRIL 2009

Redditch – 237 Rugby – 207 North Hampton – 187 Market Harborough – 173 Newport – 122 Camp Hill – 117

Not a bad start to the season, a huge thank you to those swimmers who joined up at the last minute to swim for us. The gala ran smoothly except for a hiccup where Pete and I had managed to get the order of events the wrong way around; a great effort by Jessica Davies in swimming the 11yrs 50m BS instead of Rebecca Pior. Some other excellent swims; Ben Fowles 1st leg of the 11yrs 4x25m medley relay, a PB by Samantha Evans 50m BF (45.42) another amazing swim by Ben Fowles 50m BS (42.37), George Walsh – 1st off the block in his 25m BF (24.01). Our only 1st place of the night was by Eleanor Kerr 12U 50m BRS (40.38) and two excellent 2nd places by Daisy Cutts in 10yrs 50m BRS (45.91) and 25m BF (18.69). We did have 10 DQ's over the course of the gala which was disappointing; we need to make this a priority for training, especially since we were only 5 points away from the next position overall – those DQ's could have meant a minimum of 5th place at this gala rather than 6th!!

Heather and Pete ☺

NUNEATON JUNIOR LEAGUE GALA –ROUND TWO - CHESLYN HAY 9 MAY 2009

Ledbury – 234 Enderby – 203 Gloucester City – 178 Brierly Hill – 173 Dove Valley – 145 Camp Hill - 111

Due to not having enough 9 year old girls we unfortunately lost points in their relays due to swimming an underage swimmer (hence such a huge gap between Camp Hill and Dove Valley) – a huge thank you to Celia Richards who allowed the 9 year olds to achieve some more relay experience, we look forward to you being able to compete next year. If anybody knows of any junior age swimmers, especially 8/9/10 year old girls please come and see Pete or me as to whether they would be suitable for a trial, as we don't advertise, word of mouth about the club is vital!

Again the swimmers were a pleasure to team manage and did themselves proud with their swims, we were against some tough opposition this round, and came off with 3 first places, one by Eleanor Kerr 50m BRS (41.12), and two by Daisy Cutts 50m BRS (45.90) and 25m BF (19.59) and a fantastic improvement on only 2 DQ's! A lovely swim by Jessica Davies 9yrs 25m BRS (25.78), an amazing swim by Mia McGuire on the last leg of the 10yrs Medley Relay, swimming up an age group with true commitment and great energy. A great take over by Samantha Evans in the 12U FS Relay – showing the younger swimmers how it should be done! Mia McGuire swam an impressive 9yrs 25m FS (19.56) and William Stokes showed great effort in his 9ys 25m FS (26.15).

Next round we are against a couple of teams close to ours in the results board – so hopefully some close races and some more 1st, 2nd and 3rd placing.

Heather and Pete ☺

NUNEATON JUNIOR SWIMMING GALA – ROUND THREE - WORCESTER 27 JUNE 2009

Redditch – 243 Stafford – 215 Oakengate – 198 Bromsgrove – 162 Dove Valley – 137 Camp Hill – 101 A disappointing result for a very strong gala, despite us only having 1 eleven year old girl, 2 ten year old girl's and 1 twelve year old boy! The team pulled out all the stops and some made some successful swims, especially the 9 year old girl's team who failed to place anything other than 2nd in their relays (Erin Bainbridge, Jessica Davies, Mia McGuire and Emily Montgomerie). To add a little bit of hope, our placings were always just a touch short of the 3rd, 4th or 5th position, we were very rarely far behind our opposition. Some very noteworthy performances by Felix Abbott – Black, his BR/S leg in the boy's 9 years relay was very impressive, so too was his 25m B/S where he placed 4th (23.37), Hannah Jones in her 50m B/S for both the 10 and 11 year old girl's races, showing us her superb starts which she has been practising in training (55.10), a great swim by Aiden Demuth on 50m BR/S even though his goggles had come off when he dived in (51.56). What we must say is how impressed we were with our relay teams, the 9 and 10 year old girls and 11 year old boys had their work cut out filling the places of others in the age group above, but never once complained and never once slackened with their enthusiasm or their effort. Some excellent relay swims by the 9 year old Girl's



team, who held their place and then on the last leg Mia McGuire overtook 3 people to win them 2nd place on their freestyle relay (1.24.19), and the 9 year old boys following suit in their relay after, but placing 3rd instead, two great teams to watch out for, for next year! I also want to say a big thank you to the 12 year old girl's team who have shown the younger swimmers how to behave and perform when at the junior league this year, they have all swum exceptionally well and will be missed next year (Samantha Evans, Jessica Hendon, Anne Kenchington, Ellie Kerr and Lily Watkins). Top Boys and Top girl of the League awards were handed out, not just to the swimmers who performed the best over the three galas, but to those who had supported the team the best while on pool side, led their relay teams well, and who had a fantastic attitude towards the sport. Our winners this year were Ben Fowles and Daisy Cutts, so please congratulate them if you see them.



Heather and Pete ☺

OPEN MEETS

Please check notice board for new Open Meets, we would like to see more swimmers entering the Open Meets, if you haven't entered an Open Meet before and are not sure what is involved ask the Coaches or any of the other swimmers who have, and they could let you know what to expect. Swimmers who need entry times please ask Coaches at any training sessions to be timed. Entry forms can be found on the website, if you don't have access to a computer entry forms are available through the club. Please make sure payments for Open Meets are prompt, ideally when entry forms are handed in, this will alleviate the need to chase people for late payments.

MEMBERS OFFICE

"NEW MEMBERS ARE ALWAYS WELCOME"

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

Gerry Thain 0121 444 2289 (Principal & Coach)

Karen Coughlan 07971 558930 – thecoughlans@hotmail.com (Club Secretary & Memberships Liaison Officer)

Wendy Bullivant 0121 449 9503 (Warwickshire & Midland Meets Secretary)

Nigel Greenwood 07811 332393 – nigel.greenwood@hotmail.co.uk (Water Polo Coach)

Important Notice for all parents:

If your children are taking ANY medicines on a long-term regular basis, please get a "Medication Form" to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.